

# CalvertHealth and Duke Cancer Network: A Powerful Combination Against Cancer and a Lesson in Innovative Collaboration

Kasia Sweeney, Vice President of Strategy & Business Development, CalvertHealth Medical Center

Caroline Hester, Assistant Vice-President, Duke Cancer Network

# **Outline of Learning Session**

- Learn how a small, independent, rural community hospital in Maryland changed cancer care in their local market by embarking on an affiliation with an academic partner, the Duke Cancer Network in Durham, North Carolina.
- Hear about how the affiliation formed, how the oncology team worked to garner support from physicians, executive leaders and the board of directors as well as what is working well and where there have been challenges.
- Consider how this hospital's experience can translate to projects you
  may be working on to bring state-of-the-art care to your community.



# **Learning Objectives**

- 1. Participants will gain new knowledge on affiliation options open to community hospitals to protect and grow their market share.
- 2. Participants will learn and be able to apply the process for determining community need, evaluating financial investment and negotiating an agreement with an academic medical center to their own institutions.
- 3. Participants will be able to improve the care delivered in their organizations by effectively championing service line affiliation as a way to keep pace with community hospitals in larger integrated networks while maintaining independence.



# Welcome and Getting to Know You



Kasia Sweeney, MBA, Vice President of Strategy CalvertHealth

Healthcare professional with more than 25 years of experience in hospital leadership. Visionary leader passionate about advancing community healthcare through innovation and partnerships.

In her personal time, she enjoys running, hiking, paddleboarding and spending time with her husband and three children.



Caroline Hester, MHA, BSN, RN, Assistant Vice President of Duke Cancer Network, Duke University Health System

Healthcare professional with over 35 years' experience in clinical and leadership roles. Passionate about driving excellence, patient safety, clinical practice and program development. In her personal time she loves cooking, being by the water and spending time with her family, especially her two precious granddaughters, Allie and Emmy.

# **Agenda**



Introduction to CalvertHealth



Introduction to Duke and Duke Cancer Network



Establishing Our Relationship



Society for Health Care Strategy & Market Development™



#### Introduction to CalvertHealth



### CalvertHealth Medical Center, Prince Frederick, MD







# About CalvertHealth



- Recent \$51 million expansion creating all private rooms
- Recent \$3.8 million renovation of behavioral health unit
- Recognized for quality and safety
- Partnerships with academic medical centers in neurosurgery, gyn-oncology
- Joint Ventures in imaging, ambulatory surgery, radiation oncology, urgent care, home health and weight management



#### CalvertHealth's Market

- Semi-rural area waterfront / agriculture / town centers population served approximately 125,000.
- 60% health system market share across all services
- Higher than state and national incidence and death rates for common cancers – breast, prostate, lung, colorectal, skin
- At the time of our initial conversations with Duke:
  - 42% overall market share for oncology
  - 70 % market share breast cancer
  - 41 % market share urinary/bladder
  - 38 % market share colon/rectum
  - 37 % market share lung/bronchus
  - 6% market share prostate









#### **Regional Referral Providers**

#### **Regional Systems**



#### **Regional Provider Distance to Prince Frederick**

|     | Hospital                                       | Drive Distance from CHMC |
|-----|--|--------------------------|
|     | 1. Luminis Health Anne Arundel Medical<br>Ctr. | 34.8 miles               |
| GW  | 2. GW Univ. Hospital                           | 43.4 miles               |
| 100 | 3. Children's National Hospital                | 43.8 miles               |
| =   | 4. MedStar Washington Hospital Ctr.            | 44 miles                 |
| #   | 5. MedStar Georgetown Univ. Hospital           | 47.4 miles               |
|     | 6. UMD Medical Center                          | 57.3 miles               |
|     | 7. The Johns Hopkins Hospital                  | 62.6 miles               |

# CalvertHealth Oncology Strategic Vision

To develop an exceptional Community Cancer Center where local and partner health care providers work collaboratively to deliver coordinated, high quality, patient-centered care and make a difference in every life we touch. Be recognized for excellence in Cancer Care in Southern Maryland.

Oncology Service Line Planning Retreat, 2018

Goal in the FY20-24 Strategic Plan: Develop a community cancer program recognized for excellence in the region.



# **Goals for NCI Partnership**

- Programmatic guidance
- Clinical pathways and best practices
- Access to clinical trials
- Tele-medicine second opinion service
- Outside referral/partner service
- Virtual joint tumor board
- Physician, APP and Nurse support and consultation service
- Education and training/lectures/CME
- Branding
- Cancer Program Validation and Differentiator

- Potential physician recruitment opportunities
- Network meetings/forums/roundtables
- Grant opportunities
- Access to material to assist with regional advocacy
- Market research and expansion.
- New Cancer Center Design/oversight
- Assistance with implementing electronic order sets and establishing clinical pathways
- Performance monitoring.
- Billing and regulatory compliance support



# **Timeline of Cancer Strategic Planning**

#### October 2017

Refocused efforts in cancer care – restructure into a service line model.

### September 2019

Recruited Ted Tsangaris, MD to serve as CMO and Cancer Center Director.

#### November 2019

Achieved CoC Accreditation with Commendation.

#### January 2021

Presented Kaufmann
Hall Findings to
Planning and
Marketing Committee
and agreed to focus
on recruiting while
exploring repurposing
space in MOB for
Cancer Center.

#### August 2021

Discussed options for next steps with Planning and Marketing. Decided to delay space plan in favor of program development and exploration of partnership with Duke Cancer Network.

#### February 2022

Received Duke report and proposal for collaboration.

#### January 2018

Held offsite
planning retreat
with key
stakeholders to
discuss and
prioritize
opportunities to
advance cancer
care in Calvert
County.

#### August 2020

Engaged
Kaufmann Hall
Consulting Firm to
conduct Cancer
Center Feasibility
Study.

# February - June 2021

Worked with Wilmot Sanz to cost estimates for cancer space on first floor in MOB. Recruited new minimally invasive surgeon, GI doctor, urologist.

#### **November 2021**

Duke conducted
virtual assessment of
our current cancer
program.
Constructed
expanded cancer
space in former sleep
lab to allow for
administrative space
and future clinical
trials.

#### **April 2022**

Duke collaboration proposal was presented and discussed at annual board retreat.



Society for Health Care Strategy & Market Development\*\*



#### Introduction to Duke and Duke Cancer Network



# **Duke University Health System**



<sup>,</sup> for Health Care egy & Marke<sup>,</sup> opment™

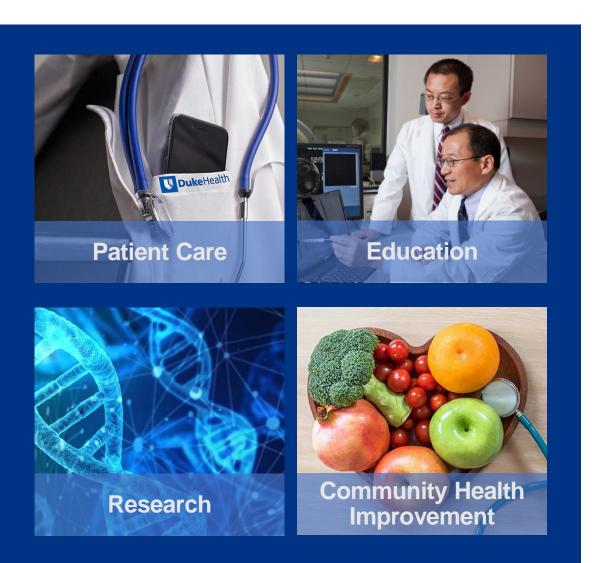
# About Duke Health System

- World-class hospital and health care network
- 957-bed acute care facility and academic tertiary care medical center located in Durham, NC
- 3 hospital system in NC
- Private, not-for-profit
- NCI-designated Comprehensive Cancer Center
- Ranked in top 25 Best Hospitals for Cancer in the nation by U.S. News & World Report (2022-2023)



#### Duke's Mission Achieved Through a Fully Integrated Approach

Advancing
Health
Together



### **Providing the Highest Quality of Care**

Duke boldly commits to zero harm for patients, families, and team members, striving to deliver perfect care at every encounter



#1 hospital in North Carolina 20 nationally ranked specialties



Leapfrog Group "A" safety grades



Among best liver transplant programs in the U.S.



The largest lung transplant program in the U.S. based on the number of transplants performed

Society for Health Care Strategy & Market Development'''

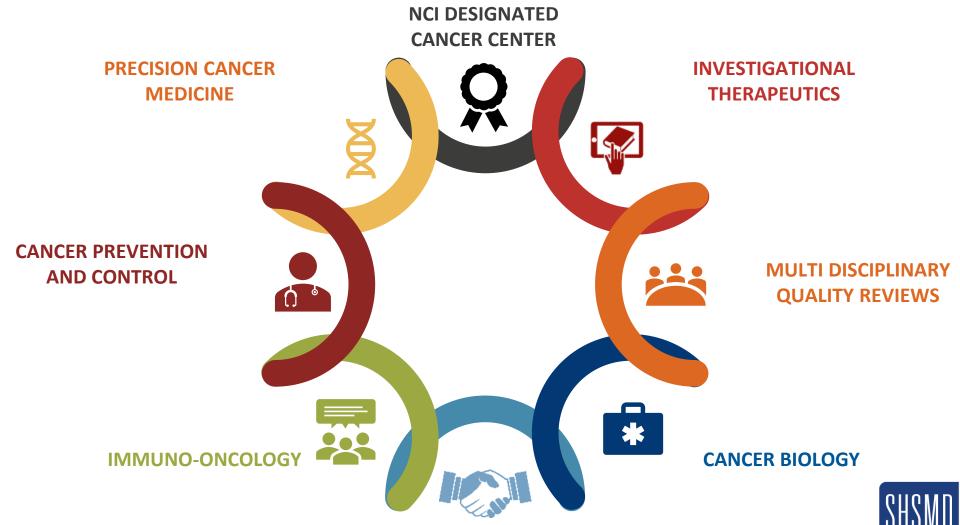




# Duke Cancer Institute 50<sup>th</sup> Anniversary



#### **Building Excellence in Oncology Care**



**DUKE CANCER NETWORK** 

#### **Promoting Excellence in Oncology Care**

#### **Duke Cancer Network**

Over 30 years of building value-based community oncology programs that define best practices and enhance quality to serve the needs of the local community



Clinical & administrative leaders committed to Advancing Health Together through partnering with oncology programs committed to excellence

ty for Health Care tegy & Market ∍lopment™



# Establishing Our Relationship



# **Due Diligence of Both Organizations**

# Initial Engagement

- Non-disclosure agreement
- Virtual meetings
- Presentations
- Mutual Interest

#### Assessment

- Request for documents
- Meetings with key stakeholders
- Partnership compatibility and alignment

# Negotiating the Affiliation

- Building the business case
- Presentations to CH board
- Legal documents



#### **Duke's Key Assessment Areas of CalvertHealth**

#### Quality





**Clinical Services** 



**Diagnostic Services** 



Depth and Breadth of Services

## **Assessment of CalvertHealth Strengths**





# **Alignment of Our Values**

#### Caring for our patients, their loved ones, and each other





#### **Assessment**

# CalvertHealth Oncology Program Assessment

February, 2022 Approved April, 2022



#### CALVERTHEALTH ONCOLOGY PROGRAM ASSESSMENT

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#### **Proposal**



Date: January 6, 2022

Program Development Proposal Calvert Health System, Inc.

Presented to:

President and CEO, Calvert Health System, Inc.

Presented by:

Caroline Hester, MHA, BSN, RN

Assistant Vice President, Duke Cancer Network

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#### **Steps to Secure CalvertHealth Commitment**

- Physician Champions
- Building the case for investment
- DCN presentation to CalvertHealth Board
- Developing the 3-year work plan with metrics and outcomes
- Raising the funds for the initial commitment through the Foundation



#### Formalizing an Affiliation

- 1. Proposed affiliation agreements extended from Duke
  - Program Development, Operational Support and Licensing
  - Research and Education
- 1. Agreement review, legal considerations and negotiations
- 2. Joint marketing/communications strategy developed by marketing teams
  - Approved branding for the relationship
- 3. Official execution of affiliation agreements- August 1, 2022
- 4. Affiliation launch- September 14, 2022



#### **Establishing Collaboration Cadence**



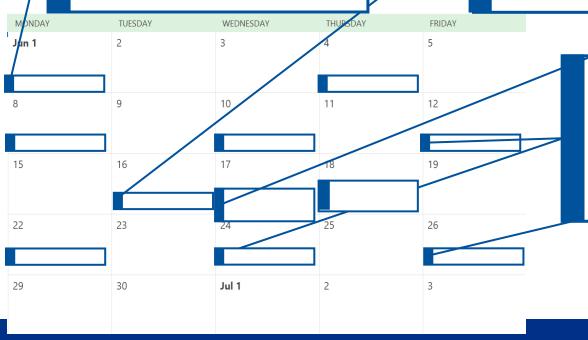
Steering Committee
Quarterly
Administration
Physician Leadership



Administrative Call
Monthly/Ad-hoc
Administration
Oncology Leaders



Leadership Roundtable **Quarterly**Multi-disciplinary



Process Improvement
Weekly/Monthly
Nurses
Research Staff



Clinical Practice Review

Monthly/Ad-hoc

Multi-disciplinary



#### Establish 3-Year Goals/Milestones – Year 1



Establish
Committees/ Merge
Duke Members into
Existing Committees



Review/Update
CalvertHealth
Oncology
Policies/Procedures



Begin using Duke chemotherapy order sets



Initiate
performance
monitoring and
collaborative quality
improvement plans



Enhance support services – palliative care/social work



Plan for clinical research



Educational Programs /CMEs



#### Year 2 & Year 3 Goals

| Year 2                                       | Year 3  |
|--|---|
| Commission on Cancer Survey                  | Cardio-oncology Program                           |
| Joint Commission Survey                      | Pre-hab Programs                                  |
| Tumor Site Expansion Plan – Urology/Thoracic | Explore possible fellow rotations                 |
| Robotics                                     | Enhanced Recovery After Surgery (ERAS)<br>Program |
| EMR Conversion                               | Expand Clinical Trials                            |
| Physicians as Presenters at Duke             | Standardization of Navigation Tools               |
| Begin Clinical Trials                        | Pursue additional accreditation – NAPBC           |
| Host Regional CME Program                    |   |

#### **Branding Our Relationship**





**Duke**Health AFFILIATE



#### **Marketing Plan | Year 1**

- Develop marketing, branding and signage plan
- Launch Duke affiliation
- Create and develop co-branded campaign





# NOW BACKED BY THE EXPERTISE OF DUKE HEALTH. CalvertHealth

Cancer Center

**Duke**Health AFFILIATE

Television (September 15 - June 25) Radio (September 15 - June 25) Clear Channel Billboards (40 weeks total, varying dates) Local Billboard (September - current) Shopping Carts - Harris Teeter (July 1-June 30) Newspaper Advertising (November - May) New Movers' Mailer (November - May) Paid Digital Advertising (July 1-June 30) Direct Mail Postcard (May 2023) CalvertHealth Magazine Videos



#### **Digital Social Media Results:**

614,650 1.45 M

REACH

**IMPRESSIONS** 

44,598

**ACTIONS** 

All combined Cancer Care Paid Social Media Advertising. Does not include Google AdWord or Google Display.

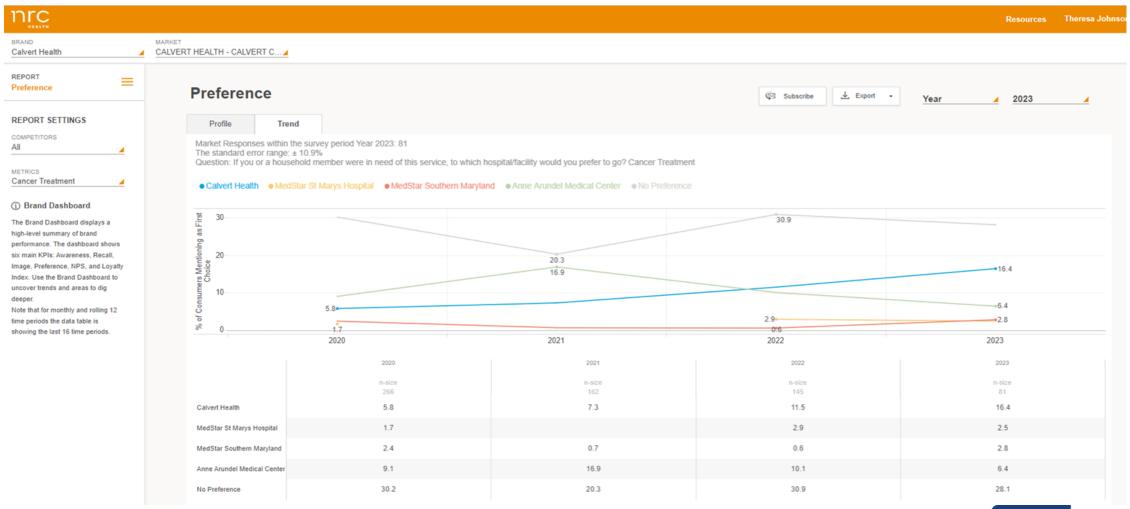








### **Perception Data | Year 1 Results**





#### **Other Metrics**— Early Results

- 5% growth in overall oncology market share between 2019 and Q2 2023
- 60 percent increase in new cancer cases diagnosed and treated at CalvertHealth since 2018
- Over 250 educational hours of Calvert staff in Duke programs in Y1
- Positive impact on physician recruiting 4 new specialists specifically attracted to the opportunity for collaboration with an NCI program
- New CEO reported it was the most enthusiastically talked about item during his initial meetings with community leaders



#### **Lessons in Innovative Collaboration**

- Don't be afraid to think about non-traditional partnerships zoom and telemedicine are changing the landscape
- Engage physician champions
- Do it for the right reasons and make sure there is strong cultural fit and shared values
- Utilize the strengths of the marketing teams and your Foundation
- Plan ahead for communication with key stakeholders
- Revisit goals on a regular basis and focus on overcoming obstacles



#### **Key Take-Aways**

- As a community hospital consider service line development and/or expansion in partnership with an academic medical center to increase your market presence and improve access to resources to enhance clinical care
- 2. Think beyond your region to explore and secure the right partner
- 3. As an academic medical center consider ways you can extend your reach through innovative collaborations with community centers to achieve your mission of improving health through clinical care, education and research.





# Questions?

Please be sure to complete the session evaluation!



#### Caroline Hester, MHA, BSN, RN

- Assistant Vice President, Duke Cancer Network,
   Duke University Health System
- Caroline.hester@duke.edu
- Ms. Hester has over 35 years of experience in healthcare clinical and administrative roles inclusive of General Oncology, Home Care, Nursing Leadership, Clinical Operations, Accreditation Compliance and Oncology Program Development. She earned her Bachelor of Science in Nursing at The University of North Carolina at Chapel Hill and a Master in Healthcare Administration from Pfeiffer University in Charlotte, NC. She joined the Duke Cancer Network in 2015 and advanced to her current role of Assistant Vice President in 2018. Ms. Hester's clinical interests include advancing operational excellence, patient safety, clinical practice and developing community oncology programs.



#### **Kasia Sweeney**

- Vice President, Strategy and Business Development,
   CalvertHealth Medical Center, Prince Frederick, Maryland
- kasia.sweeney@calverthealthmed.org
- Ms. Sweeney has over 25 years of leadership experience in the healthcare industry spanning nursing home, home care and hospital services. Her current role includes providing oversight for strategic planning, business development, key health system clinical service lines and the ambulatory physician enterprise. She earned her Bachelor of Arts in healthcare administration and public policy from the University of Maryland, Baltimore County, and an MBA with a concentration in medical services management from Johns Hopkins University. Ms. Sweeney is currently pursuing her DrPH at the Johns Hopkins Bloomberg School of Public Health.

