

The Business Case for Behavioral Health

Tom Klatt, Executive Director Behavioral Health Network, WakeMed Health and Hospitals

Stacey Brandt, Executive Vice President, Chief Strategy and Marketing Officer, Tampa General Hospital

Brian Giebink, Behavioral Health Practice Leader, HDR

Sarah Brownell, Strategic Growth Director, HDR





Tom Klatt, Executive Director Behavioral Health Network, WakeMed

- Behavioral health and substance use issues consistently top the list of priorities to address for communities throughout the United States, and Wake County is no exception. As the Executive Director of the Behavioral Health Network, Thomas Klatt is leading a comprehensive, first-of-its-kind strategy to help behavioral health patients receive the right care, in the right environment, at the right time. Tom is stationed at WakeMed, which is the convening entity of an innovative effort to bring together behavioral health leaders in the county and region in developing a multi-disciplinary network of inpatient, outpatient and community-based organizations. Together, their goal is to provide enhanced access to the care behavioral health patients and their families both need and deserve.
- Tom brings more than 35 years of experience in behavioral health care delivery to WakeMed and Wake County.





Stacey Brandt, Executive Vice President Chief Strategy & Marketing Officer – Tampa General Hospital

- Stacey Brandt is the executive vice president and chief strategy and marketing officer at Tampa General Hospital, a nationally renowned non-profit academic medical center. As one of the largest hospitals in Florida, TGH is the area's only level 1 trauma center, one of three burn centers in Florida and has five medical helicopters that transfer critically ill patients from 23 surrounding counties. TGH is also the primary teaching hospital for the USF Health Morsani College of Medicine.
- As the Chief Strategy and Marketing Officer, Brandt is responsible for overseeing the development and execution of the organization's strategy and market growth initiatives, marketing and advertising, media relations, corporate communications, physician relations, business development, service line strategies and growth, external affairs, and project and resource management office.
- Brandt is a dedicated leader with more than 20 years of healthcare experience. Prior to her role at TGH, Brandt served in various leadership positions at Jupiter Health, a non-profit regional health system in Palm Beach County. As the





Brian Giebink, Behavioral Health Leader, HDR

• Brian leads HDR's behavioral health practice and has introduced current research and design trends to improve patient satisfaction and staff retention for clients around the world. As an architect, he develops cost-effective, research-based solutions that balance competing needs across multiple service lines to expand behavioral health care. Brian's work spans nearly all behavioral health service lines including inpatient, outpatient, community, and crisis care in both new construction and within existing infrastructure. He is an active member of the FGI Health Guidelines Revision Committee focused on behavioral health and has received national recognition for his contributions to the field.





Sarah Brownell, Strategic Growth Director, HDR

Sarah is an accomplished leader and equity advocate with more than 15 years of experience developing effective growth strategies for several top organizations in financial services, commercial construction and real estate development, professional services, and facility planning. Her passion involves working with multidisciplinary teams to solve pressing and complex issues in the commercial healthcare sector. Sarah's strengths lie in leading the implementation of strategic action plans to develop new business opportunities and grow market share. Sarah has an undergraduate degree in business communications and her MBA in Leadership from Queens University in Charlotte, North Carolina. She is also a Fellow with the American College of Healthcare Executives.



Outline/Agenda

- Explore different behavioral health service line strategies that have been implemented at various types of health systems across the region.
- Identify strategies to communicate success metrics related to behavioral health services.
- Discuss different approaches to providing expanded behavioral health care in various markets.
- Learn effective ways to build consensus related to behavioral health service line growth throughout an organization.







Who We Are





Mission

To improve the health and well-being of our community with outstanding and compassionate care to all Strategic Plan

Vision

To be the preferred partner for quality care and health through collaboration and transformation of care delivery

Values

Foster trust and transparency * Quality experiences Financial stewardship * Leadership in safety, innovation and education Empower & partner with health care team * Partner with others who value our culture

ASPIRATIONAL GOALS



QUALITY Top 10 in US Cost

CULTURE OF SAFETY

For patients, families, community & health care team,

EXTRAORDINARY TEAM

Recruit, retain and develop

HEALTHY COMMUNITY

Healthiest capital county in US



INNOVATION **Transformation of care** and health improvement PREFERRED PARTNER



With physicians and others for best value **FINANCIAL HEALTH**



HIGHEST ETHICS & STANDARDS



In all we do

THE WAKE WAY TO EXCELLENCE



Who We Are





Hospitals

- 5 hospitals (soon to be 7)
- 43% inpatient market share in Wake County
- 970 beds
- >1,200+ physicians



Ambulatory

- 80+ physician offices
- 3 stand-alone Emergency
 Departments with outpatient Imaging
 & Lab (soon to be 4)
- 9 outpatient rehabilitation facilities
- 2 joint-venture surgery centers (soon to be 4)
- Home Health, Hospital @Your Home, Transitional Care

Highest-Level Services

- Children's
- Heart & Vascular
- Emergency & Trauma
- Brain & Spine Health
- Orthopedics
- Surgery
- Rehab
- Women's



Inpatient Discharges	59,929	
Rehab Hospital Discharges	1,543	
ED Visits	310,697	
OB ED Visits	9.910	
Births	8,911	
Surgeries & Endo	54,852	
CV Procedures	18,163	



Recent Recognition





2023 Recipient (out of 4,400 Hospitals)



#1 - Best Health System Employer (2022)

#7 - Best Employer in North Carolina (2022)

Best Employer for Diversity in US (2022 & 2023)

Best Workplace for Women in US (2023)

Best Employer for New Grads in US (2023)

Newsweek

Top Maternity Care Facility in US (2022 & 2023)

Top Workplace for Diversity in US (2023)



100 Best Hospitals for Pulmonary Care - 2023 Cary Campus

100 Best Hospitals for Stroke Care - 2023 Cary Campus

Best Outpatient Total Joint Replacement – 2023 Raleigh Campus



"A" grades (Cary, North & Raleigh Campuses – Fall 2022 & Spring 2023



Best Hospitals for Maternity Care - 2022 & 2023

Top 50 Rehabilitation Facility – 2022

High Performing in 11 Procedure/Conditions Raleigh Campus

High Performing in 5 Procedures/Conditions Cary Campus



"A" grades on the Hospital Index for Social Responsibility









Triangle Behavioral Health Council









Participating Organizations































Triangle Behavioral Health Council





























There's hope. There's help.®











































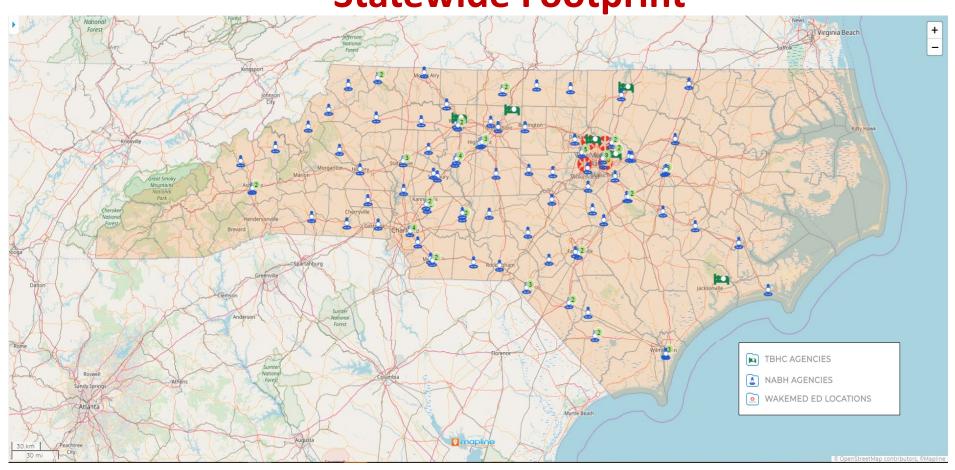






WM Behavioral Health Network (WMBHN)

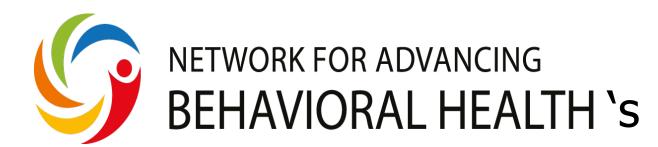
* Statewide Footprint*



*Now with almost forty (40) member organizations!



A Few Key Drivers of The



Success!





Network for Advancing Behavioral Health (NABH) Metric Goal

Priority Access:

- Tier 1 Referrals/Routine: Appointments within 7 business days of ED discharge.
- Tier 2 Referrals/STAT: Appointments within 1 business day of ED/Inpatient discharge.
- Tier 3 Referrals (Inpatient): Transfer occurs within 3-5 days of referral.
- Patient placement driven algorithmically by considering clinical need, NABH partner clinical offerings, and geographic match.
- January 2023 We found a new strategy (self-scheduling) and conducted a pilot project that produced 83% in Timely Access!







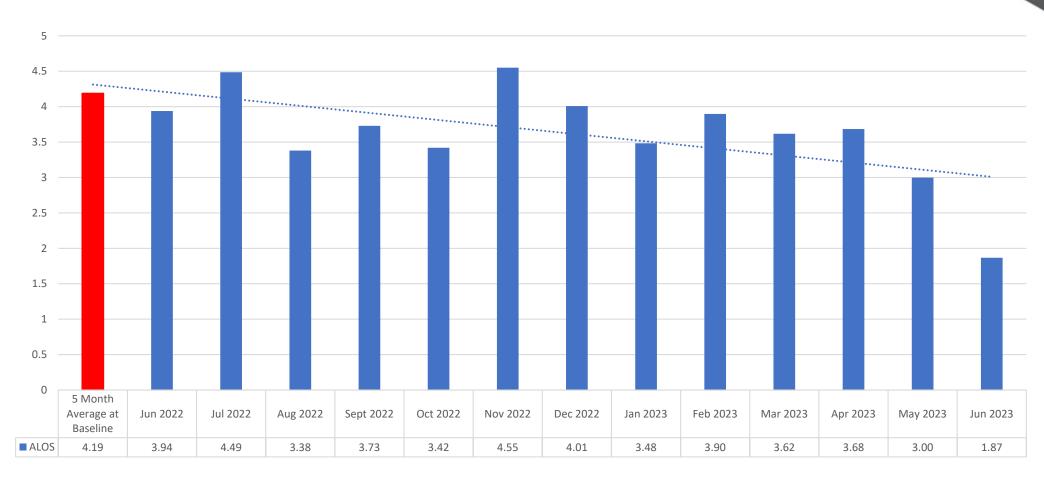








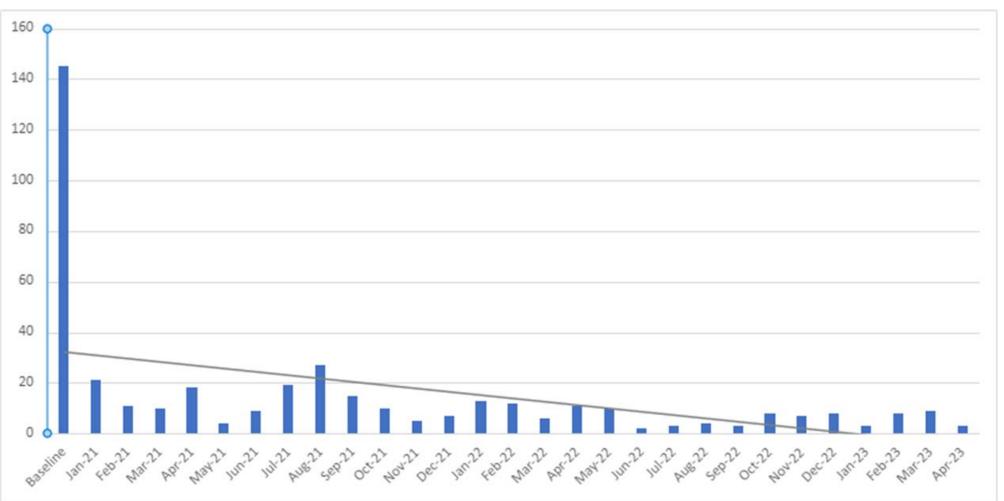
Average Length of Stay (ALOS)



55.4% decrease in ALOS

WakeMed Referral to our State Hospital



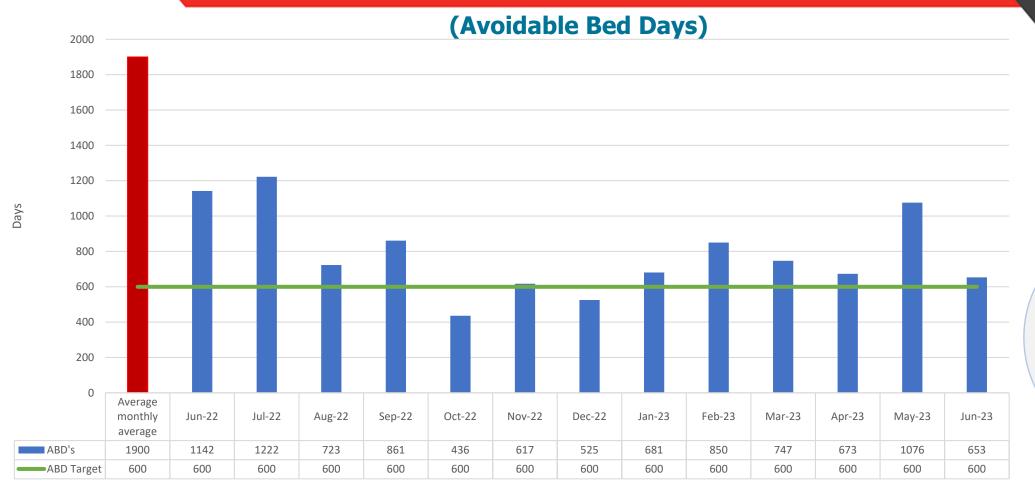


Data Provided by:
Jody Webster, RN, PMH-BC
Associate Chief Nursing Officer
Division Of State Operated
Healthcare Facilities, Central
Regional Hospital
N.C. Department of Health and
Human Services

95.5% decrease in referrals

Getting to the Right Care Quickly





26.8%

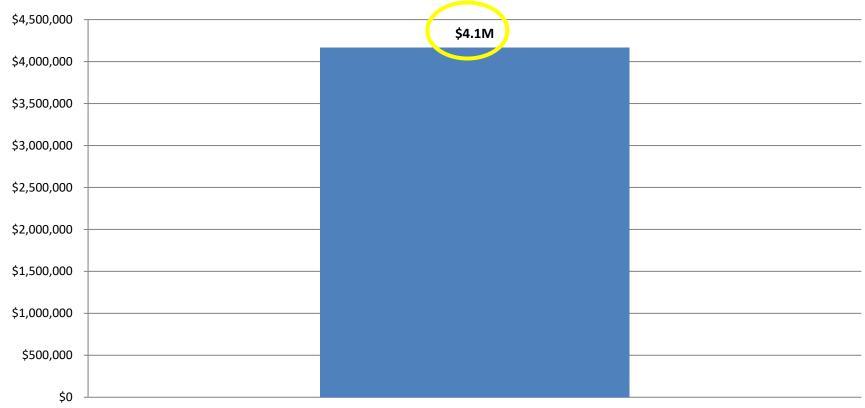
% Reduction in the 30-day all cause Readmission Rate for WakeMed's Behavioral Health

patients

57.9% increase in getting patients to the treatment they need and deserve!



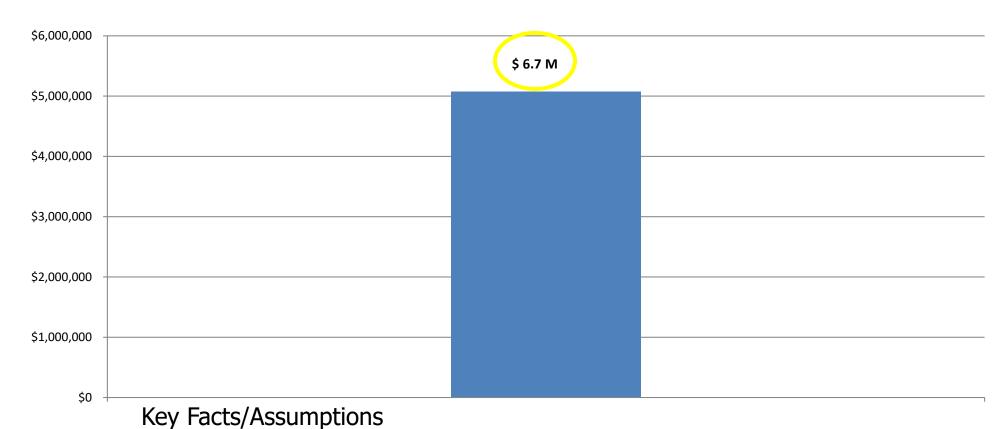
WakeMed System Behavioral Health Savings



- Key Facts/Assumptions
- Based off actual avoidable-bed-days, and direct cost.
- Cost Savings determined by WakeMed Finance.

WakeMed

Overall WakeMed System Direct Margin Opportunity



- Based off actual avoidable-bed-days, and direct margin average.
- Adjusted by average overall system occupancy rate.
- Direct Margin Opportunity determined by WakeMed Finance.





Network Accountability Program

- 1. Transparent KPI sharing of all member results.
- 2. Quarterly Plan, Do, Study, Act (PDSA) calls.
- 3. Process Improvement Program (PIP).
- 4. All directed and supervised by the NABH's Clinical Operations Committee and ultimately its Board of Managers.





TGH Tampa General Hospital®

Other hospitals practice medicine. We define it.

WHO WE ARE

PART OF THE FABRIC OF OUR STATE FOR NEARLY 100 YEARS



10,000+
TOTAL TEAM MEMBERS

\$2.2 BILLION
TOTAL REVENUE
(est. \$2.4B for FY23)



6.7 MILLION
PATIENTS
ACROSS 15 COUNTIES



WHO WE ARE

PART OF THE FABRIC OF OUR STATE **FOR NEARLY 100 YEARS**

682 TRANSPLANTS (ADULT AND PEDIATRIC)



56,404 **INPATIENT DISCHARGES** (INCLUDING NEWBORNS)

EMERGENCY & TRAUMA CENTER VISITS



130,203 TOTAL VISITS





7,207



42,201 **SURGERIES**



OUR RECOGNITIONS



TOP 50 HOSPITALS IN AMERICA

IN SEVEN SPECIALTIES AND

#1 HOSPITAL IN TAMPA BAY, AGAIN.



















100 Top Hospitals

2022

ONLY MAJOR TEACHING HOSPITAL RECOGNIZED IN FLORIDA



NAMED ONE OF THE WORLD'S BEST HOSPITALS



MAGNET RECOGNIZED FOR EXCELLENCE





BEST EMPLOYER FOR WOMEN IN THE NATION





BEST REGIONAL HOSPITALS

USNews



UNMET COMMUNITY NEED

- Behavioral health services demand of 500-606 beds
- Unmet need of 318 beds and 258.6 ADC

TGH Emergency Department Encounters

- 6,700 cases with diagnosis in Top 2 Diagnoses
- 17,000 cases diagnosis in Top 5 Diagnoses
- Increased ED wait time for behavioral health

Community Needs Assessment

- Respondents identified Mental Health as the second most important community health need
- 14% of respondents stated that they needed mental health services but did not seek / receive them
- Collective Behavioral Health issues are ranked in the top three health priorities for Hillsborough
 County



PARTNERSHIP OPPORTUNITY

Lifepoint Health has joint venture experience with health systems across the country with 42 joint venture IRF partnerships including 13 joint ventures in development and two announced behavioral health partnerships in development











PARTNERSHIP OPPORTUNITY MODEL

- TGH and Lifepoint affiliate would form a Florida LLC
- Ground lease of site to JV
- TGH would own 60% & Lifepoint would own 40%
- 6-member Board
- USF Health behavioral health Graduate Medical Education program











OTHER HOSPITALS PRACTICE MEDICINE.

WE DEFINE IT.









FJS

Behavioral Health

- 7+ Million SF
 behavioral health space designed
- 40+ years of experience
- \$3 Billion behavioral health space constructed
- 100+ behavioral healthcare projects completed
- 5,000+ behavioral beds placed

1917

Year Established **225**

Global Offices

41

AIA Awards since 2015

58

Years of healthcare experience

No. 1

Healthcare

Building Design magazine, World Architecture 100 Survey, 2018

No. 1

Healthcare Architecture Firms

Building Design & Construction magazine, Giants 300, 2017

No. 1

Architectural Firm in Healthcare Design

Modern Healthcare magazine, Construction & Design Survey, 2018

No. 6

Interior Design

Building Design magazine, World Architecture 100 Survey, 2020

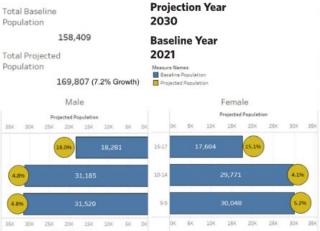
HDR

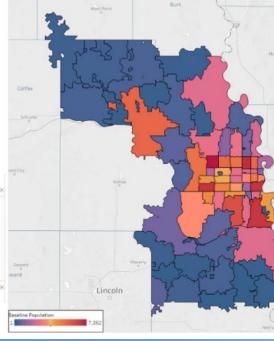
Architecture and Strategy

- Help health systems identify the need
 - Define the need
 - Operational strategies
- Create environments to meet the need

Total Region 6 Population Age 5-18 Current and Projected

Region 6 counties translated to zip codes for analysis: Dodge, Washington, Douglas, Sarpy, Cass





Region 6 Current Population by Zip Code



Access Strategies

Emergency and Urgent Care

• Psych ED's, Crisis Centers, EmPATH Units

Person-centered Outpatient Care

- Location, location
- Enhanced primary care

Pediatric Care

- Solutions across the continuum of care
- Co-located programs (one front door)

Supporting Law Enforcement

- Police/EMS drop-off and amenities
- Travel distance



Built Environment

Destigmatize

- Positive first impression
- One front door
- Safe
- Empowering
- Normalized

Location

- To align with demand
- Adjacency to other services

Considerations for Staff

- Safety
- Respite
- Outdoors
- Daylight





A Collaborative Approach

- Hospital Executives
- Staff workforce
- Community partners
- Patient and Family Advisory Committees
- Architects, Engineers
- Industry Partners



Three Key Take-Aways

- Strategies to identify the business need for Behavioral Health Initiatives
- Approaches to align Behavioral Health with overall Population Health strategies
- Understanding of typical roadblocks and how to successfully align business and operational strategies





Questions?

Please be sure to complete the session evaluation!

