

The logo for SHSMD, consisting of the letters 'SHSMD' in white on a dark blue square background.

Society for Health Care  
Strategy & Market  
Development™

# 2025

## CALENDAR OF HEALTH OBSERVANCES & RECOGNITION DAYS

The logo for Baldwin Publishing, featuring a large orange 'B' followed by the text 'BALDWIN PUBLISHING' and 'GOOD HEALTH CONTENT' below it.

**B** BALDWIN  
PUBLISHING  
GOOD HEALTH CONTENT



## **Welcome to the 2025 Calendar of Health Observances & Recognition Days!**

This calendar is a valuable resource designed to support your planning efforts throughout the year. With over 240 health observances and recognition days, it serves as a comprehensive guide to help you organize community health events, shape your internal and external communications, and plan effective social media campaigns.

At SHSMD, we're committed to equipping health care strategists with practical tools, and this calendar is here to ensure you never miss an important date.

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# JANUARY

RETURN TO START



Academy of Integrative Health & Medicine

## Integrative Health Month

1/1/2025 - 1/31/2025

Integrative Health Month recognizes the growing importance of transforming the disease-care model into a holistic one – mind, body, spirit, community, and planet. Throughout the month, organizations around the globe will shine a light on the contributions of integrative health and medicine practitioners as well as raise awareness among consumers about the benefits of synergizing modern medicine with centuries-old natural therapies.

Social: @aihmglobal | #integrativehealthcare, #healthiertomorrow, #integrativehealthmonth

For more information, contact: Marketing | Academy of Integrative Health & Medicine | 609-445-3000 | [marketing@aihm.org](mailto:marketing@aihm.org)

For more information, visit: [aihm.org/ihm](http://aihm.org/ihm)

Medical Travel & Digital Health News

## Medical Travel Month

1/1/2025 - 1/31/2025

Medical Travel Month raises awareness for medical care options beyond what is available locally. Traveling for care, both domestically and internationally, allows Americans to

access high-quality, affordable medical care.

Social: @MTT\_eNews | #MedicalTravelMonth

For more information, contact: Medical Travel & Digital Health News | 201-641-1911 | [cchambers@cpronline.com](mailto:cchambers@cpronline.com)

For more information, visit: [medicaltraveltoday.com](http://medicaltraveltoday.com)

WellRhythms

## Medical Payment Integrity Month

1/1/2025 - 1/31/2025

Abuses in hospital and physician billing cost a typical union or employer health benefit plan millions of dollars yearly. Research published in JAMA estimates that medical pricing irregularities, fraud, and abuse cost \$289 billion to \$324 billion per year. 62% of personal bankruptcies filed each year are the result of medical debt. Medical Payment Integrity Month raises awareness of billing abuses to protect companies, unions, and other self-insured groups, while ensuring providers are paid fairly.

Social: #MedicalPaymentIntegrityMonth, #MedicalPaymentIntegrity, #HealthcareBilling, #BillingIntegrity, #EmployerTrust

For more information, contact: WellRhythms | 201-641-1911 | [cchambers@cpronline.com](mailto:cchambers@cpronline.com)

For more information, visit: [wellrhythms.com](http://wellrhythms.com)

National Cervical Cancer Coalition

## Cervical Health Awareness Month

1/1/2025 - 1/31/2025

During Cervical Health Awareness Month in January, we encourage you to learn more about cervical health and cervical cancer prevention and take steps to help eliminate this preventable cancer.

Social: @stophpvcancer

For more information, contact: National Cervical Cancer Coalition | 919-361-8400 | [lynnbarclay@ashasexualhealth.org](mailto:lynnbarclay@ashasexualhealth.org)

For more information, visit: [nccc-online.org](http://nccc-online.org)

Foundation for Women's Cancer

## Cervical Cancer Screening Month

1/1/2025 - 1/31/2025

The Foundation for Women's Cancer, the National Cervical Cancer Public Education Campaign, and partner organizations promote the message that cervical cancer is preventable—vaccinate early, Pap test regularly, and HPV test when recommended.

Social: @GYNCancer | #NoHPV, #endcervicalcancer

For more information, contact: Society of Gynecologic Oncology | 312-676-3910 | [robyn.kurth@sgo.org](mailto:robyn.kurth@sgo.org)

For more information, visit: [foundationforwomenscancer.org](http://foundationforwomenscancer.org)

American Academy of Ophthalmology

## Glaucoma Awareness Month

1/1/2025 - 1/31/2025

Glaucoma is a leading cause of irreversible blindness in the US. It has no noticeable symptoms in its early stages, and vision loss progresses at such a gradual rate that people affected by the condition are often unaware of it until their sight has already been compromised. During Glaucoma Awareness Month, the American Academy of Ophthalmology (AAO) advises the public that the best defense against developing glaucoma-related blindness is by having routine, comprehensive eye exams.

For more information, visit: [aao.org](http://aao.org)

HHS Office of Trafficking in Persons

## National Human Trafficking Prevention Month

1/1/2025 - 1/31/2025

National Human Trafficking Prevention Month is an opportunity to raise awareness on how we can all prevent and respond to human trafficking. It is a time to reflect on the resilience of trafficking survivors and recognize the efforts of those who work tirelessly to prevent

and eliminate this inhumane and devastating form of abuse and exploitation. The goal is to stop human trafficking before it happens and provide access to critical services for survivors.

Social: #Partner2Prevent, #EndTrafficking

For more information, contact: HHS Office of Trafficking in Persons | 202-401-9215 | [media@acf.hhs.gov](mailto:media@acf.hhs.gov)

For more information, visit: <https://www.acf.hhs.gov/otip>

Association for Blood Donor Professionals

## National Blood Donor Month

1/1/2025 - 1/31/2025

January has been designated as National Blood Donor Month to encourage people to give or pledge to give blood at least two or more times a year. Blood is typically in short supply during the winter months—especially January—due to the holidays, travel schedules, inclement weather, and illness. A reduction in donor turnout can cause blood shortages around the country.

Social: @adrpgiveblood | #NBDM, #NationalBloodDonorMonth, #ADRP

For more information, visit: [adrp.org/NBDM](http://adrp.org/NBDM)

American Lung Association

## Radon Action Month

1/1/2025 - 1/31/2025

January is National Radon Action Month and the American Lung Association is urging everyone to help save lives by testing their home for radon and mitigate if high levels are detected.

Social: @LungAssociation

For more information, visit: [lung.org/clean-air/indoor-air/indoor-air-pollutants/radon/radon-action-month](http://lung.org/clean-air/indoor-air/indoor-air-pollutants/radon/radon-action-month)

March of Dimes

## **National Birth Defects Prevention Month**

1/1/2025 - 1/31/2025

Birth defects affect 1 in every 33 babies born in the United States. The goal of National Birth Defects Prevention Month is to generate greater awareness that birth defects are common, costly, and critical, and to offer specific actions that women and healthcare professionals can take to prevent birth defects.

For more information, contact: March of Dimes | [press@marchofdimes.org](mailto:press@marchofdimes.org)

For more information, visit: [marchofdimes.org](http://marchofdimes.org)

Department of Homeland Security's Blue Campaign

## **National Human Trafficking Awareness Day (Wear Blue Day)**

1/11/2025 - 1/11/2025

Blue Campaign is a national public awareness campaign designed to educate the public, law enforcement, and other industry partners to recognize the indicators of human trafficking, and how to appropriately respond to possible cases. Blue Campaign's educational awareness objectives consist of two foundational elements, prevention of human trafficking and protection of exploited persons. The Blue Campaign also offers training to law enforcement and others to increase detection and investigation of human trafficking, and to protect victims and bring suspected traffickers to justice.

Social: @DHSBlueCampaign | #WearBlueDay

For more information, contact: Department of Homeland Security's Blue Campaign | [Bluecampaign@hq.dhs.gov](mailto:Bluecampaign@hq.dhs.gov)

For more information, visit: [dhs.gov/blue-campaign/wearblueday](http://dhs.gov/blue-campaign/wearblueday)

Infusion Nurses Society

## **IV Nurse Day**

1/25/2025 - 1/25/2025

Every January 25, infusion nurses and other healthcare professionals observe National IV Nurse Day. Established in 1980, the U.S. House of Representatives designated this day to honor and recognize the accomplishments of the nation's infusion nurse specialists each year, as well as the Infusion Nurses Society.

For more information, contact: Infusion Nurses Society | 781-440-9408 | [chris.hunt@ins1.org](mailto:chris.hunt@ins1.org)

For more information, visit: [ins1.org](http://ins1.org)



American Heart Association

## American Heart Month

2/1/2025 - 2/28/2025

During American Heart Month, thousands of American Heart Association volunteers raise awareness about and raise funds to fight cardiovascular disease, our number one killer. A federally designated event for more than half a century, American Heart Month reminds people to focus on their hearts and encourages them to get their families, friends, and communities involved.

Social: @americanheart, @American\_Heart, @GoRedforWomen | #HeartMonth

For more information, contact: Communications Department | American Heart Association | 1.800.AHA.USA1 | [ahacommunications@heart.org](mailto:ahacommunications@heart.org)

For more information, visit: [www.heart.org](http://www.heart.org)

American Institute for Preventive Medicine

## Wise Healthcare Consumer Month

2/1/2025 - 2/28/2025

Wise Healthcare Consumer Month is an effort to encourage patients to make wise decisions and to engage in better, more open dialogue with their doctors.

For more information, contact: Hope Lawless

| American Institute for Preventive Medicine  
| 248-539-1800 | [hlawless@healthylife.com](mailto:hlawless@healthylife.com)

For more information, visit: [healthylife.com](http://healthylife.com)

American Academy of Otolaryngology  
- Head and Neck Surgery

## Kids ENT Health Month

2/1/2025 - 2/28/2025

National health statistics reveal that pediatric ear, nose, and throat disorders remain among the primary reasons children visit a physician, with ear infections ranking as the number one reason for an appointment.

Social: @aaohns

For more information, visit: <https://www.entnet.org/about-us/campaigns/kids-ent-health-month/>

American Academy of Ophthalmology

## Age-Related Macular Degeneration Awareness Month

2/1/2025 - 2/28/2025

Age-related macular degeneration (AMD) is the leading cause of blindness among older Americans, but new treatments have dramatically changed the course of this disease over the last 10 years, making AMD more manageable than ever before.

For more information, visit: [www.aao.org](http://www.aao.org)

American Dental Association

## National Children's Dental Health Month

2/1/2025 - 2/28/2025

Each February, the American Dental Association (ADA) sponsors National Children's Dental Health Month (NCDHM) to raise awareness about the importance of oral health.

For more information, contact: American Dental Association | 800-621-8099 | [ncdhm@ada.org](mailto:ncdhm@ada.org)

For more information, visit: [www.ada.org/resources/community-initiatives/national-childrens-dental-health-month](http://www.ada.org/resources/community-initiatives/national-childrens-dental-health-month)

American Sexual Health Association

## **National Condom Month**

2/1/2025 - 2/28/2025

If one of Cupid's arrows finds its way to you this month (or any other time), the American Sexual Health Association (ASHA) wants you to be safe. Each year in the United States, there are approximately 20 million new cases of sexually transmitted infections (STIs). Condoms are inexpensive and reduce the risks for STIs.

Social: @infoASHA | #CondomMonth

For more information, contact: American Sexual Health Association | 919-361-8400 | [info@ashasexualhealth.org](mailto:info@ashasexualhealth.org)

For more information, visit: [www.ashasexualhealth.org/national-condom-month](http://www.ashasexualhealth.org/national-condom-month)

American Therapeutic Recreation Association

## **Recreational Therapy Month**

2/1/2025 - 2/28/2025

The purpose of National Recreational Therapy Month is to enhance public awareness of therapeutic recreation programs and recreational therapy services, promote inclusive recreation opportunities for individuals with disabilities, and recognize certified therapeutic recreation therapists as the qualified provider of recreational therapy services.

For more information, visit: [www.atra-online.com](http://www.atra-online.com)

American Society of PeriAnesthesia Nurses

## **Perianesthesia Nurse Awareness Week**

2/2/2025 - 2/8/2025

Perianesthesia Nurse Awareness Week (PANAW) provides the ideal opportunity to educate nursing colleagues and the community about the professionalism and passionate care that is delivered by perianesthesia nurses every day.

For more information, contact: Doug Hanisch | American Society of PeriAnesthesia Nurses | 856-616-9600 | [dhanisch@aspan.org](mailto:dhanisch@aspan.org)

For more information, visit: <https://www.aspan.org/Education-Events/PANAW>

Shriners Hospitals for Children

## **Burn Awareness Week**

2/3/2025 - 2/9/2025

Burn Awareness Week kicks off Shriners Hospitals for Children's annual educational campaign to raise awareness of burn injuries and ways to prevent them. Free educational materials are available for firefighters, teachers, parents, and others concerned with the safety of children.

For more information, contact: Public Relations Department | Shriners Hospitals for Children | 813-281-8162 | [shrinepr@shrinenet.org](mailto:shrinepr@shrinenet.org)

For more information, visit: <https://www.shrinerschildrens.org/en/patient-information/patient-services-and-resources/burn-awareness>

American Heart Association

## **National Wear Red Day**

2/7/2025 - 2/7/2025

During American Heart Month, the American Heart Association's Go Red For Women movement works to save women's lives and beat heart disease, the number one killer of women. On National Wear Red Day, support the movement by wearing red.

Social: @GoRedForWomen | #WearRedDay

For more information, visit: [www.goredforwomen.org](http://www.goredforwomen.org)

HIV.gov

## **National Black HIV/AIDS Awareness Day**

2/7/2025 - 2/7/2025

National Black HIV/AIDS Awareness Day is the oldest national HIV/AIDS awareness campaign designed and coordinated by a voluntary coalition of local and national organizations/agencies serving African Americans. The campaign has four major objectives: to increase testing for HIV; to improve community education about HIV/AIDS; to increase public advocacy of HIV prevention; and to elevate treatment levels, whether HIV positive or negative.



Social: @NatBlackAIDSDay | #NBHAAD

For more information, visit: <https://www.hiv.gov/events/awareness-days/black#:~:text=February%207%20is%20National%20Black,great%20progress%20in%20reducing%20HIV>

Sepsis Alliance

## Sepsis Survivor Week

2/9/2025 - 2/15/2025

As many as 60% of sepsis survivors are left not only with physical challenges but mental and emotional challenges too. During Sepsis Survivor Week, we partner with sepsis survivors to honor their experience by sharing their individual stories of survival and bringing awareness to the unseen mental, emotional, and physical challenges many survivors face every day.

Social: @SepsisAlliance | #SepsisAwareness, #SepsisSurvivorWeek2025, #SepsisSurvivor

For more information, contact: Alexandria Sadorf Colvin | Sepsis Alliance | 619-233-0300 | [acolvin@sepsis.org](mailto:acolvin@sepsis.org)

For more information, visit: [sepsis.org](http://sepsis.org)

Alliance of Cardiovascular Professionals

## Cardiovascular Professionals Week

2/9/2025 - 2/15/2025

Healthcare professionals continue to demonstrate that through teamwork, quality care can be delivered reliably and effectively. In no other specialty do we see this impact more acutely than in the cardiovascular arena. Cardiovascular professionals, specifically, have demonstrated an enormously compassionate commitment to delivering emergent and routine care for the most vulnerable and intensive populations in the health care system. Celebrate the week honoring those who care for the heart!

Social: @AllianceCVPros | #CVPWeek

For more information, contact: Peggy McElgunn | Alliance of Cardiovascular Professionals | 804-639-9213 | [peggymcelgunn@comcast.net](mailto:peggymcelgunn@comcast.net)

For more information, visit: [acp-online.org](http://acp-online.org)

American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)

## National Cardiac Rehabilitation Week

2/9/2025 - 2/15/2025

National Cardiac Rehabilitation Week focuses attention on cardiac rehabilitation's contribution to improving the health and physical performance of people at risk for heart disease as well as those who have been diagnosed with heart disease or dysfunction. We call attention to the role of cardiac rehabilitation in reducing the devastating effects of heart disease. Special events will be held in hospitals, exercise facilities, and outpatient rehabilitation centers throughout the country.

Social: @AACVPR

For more information, contact: Andrew Miller | American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) | 312-321-5146 | [aacvpr@aacvpr.org](mailto:aacvpr@aacvpr.org); [amiller@aacvpr.org](mailto:amiller@aacvpr.org)

For more information, visit: [aacvpr.org](http://aacvpr.org)

American Medical Technologists

## Phlebotomists Recognition Week

2/10/2025 - 2/14/2025

Established in 2019 by the American Medical Technologists (AMT), Phlebotomists Recognition Week recognizes and celebrates phlebotomists' vital role in maintaining patient health and promoting lab efficiency and effectiveness.

Social: #AMTPHLEBOTOMISTSWEEK

For more information, contact: Cathie Casey | American Medical Technologists | 847-823-5169 | [recognitionweeks@americanmedtech.org](mailto:recognitionweeks@americanmedtech.org)

For more information, visit: [americanmedtech.org/Members/Member-Support/Recognition-Weeks](http://americanmedtech.org/Members/Member-Support/Recognition-Weeks)

National Association of Catholic Chaplains

## World Day of the Sick

2/11/2025 - 2/11/2025

An observation introduced by Pope John Paul II as a way for Catholics to offer prayers for those suffering from illnesses. The day coincides with

the commemoration of Our Lady of Lourdes.

Social: #ChooseChaplaincy

For more information, contact: Erica Cohen Moore  
| National Association of Catholic Chaplains |  
414-483-4898 | [ericacohenmoore@nacc.org](mailto:ericacohenmoore@nacc.org)

For more information, visit: [nacc.org/  
resources/world-day-of-the-sick](https://nacc.org/resources/world-day-of-the-sick)

Donate Life America

## **National Donor Day**

2/14/2025 - 2/14/2025

Observed every year on February 14th, National Donor Day is an observance dedicated to spreading awareness and education about organ, eye, and tissue donation. By educating and sharing the Donate Life message, we can each take small steps every day to help.

Social: #GotHeart

For more information, contact: Jocelyn Reed | Donate Life America | 804-377-3580 | [jreed@donatelife.net](mailto:jreed@donatelife.net),  
[DonateLifeAmerica@DonateLife.net](mailto:DonateLifeAmerica@DonateLife.net)

For more information, visit: [DonateLife.net](https://www.donatelife.net)

National Council of Certified  
Dementia Practitioners

## **Alzheimer's Disease and Dementia Care Staff Education Week**

2/14/2025 - 2/21/2025

The National Council of Certified Dementia Practitioners recognizes the importance of continued staff training. In honor of Alzheimer's Disease and Dementia Care Staff Education Week, the NCCDP makes available complimentary staff in-services.

For more information, contact: Patrick Smith  
| National Council of Certified Dementia Practitioners | [patrick@nccdp.org](mailto:patrick@nccdp.org)

For more information, visit: [nccdp.org](https://www.nccdp.org)

National Eating Disorders Association

## **National Eating Disorders Awareness Week**

2/24/2025 - 2/28/2025

National Eating Disorders Awareness (NEDAwareness) Week puts the spotlight on the seriousness of eating disorders in an effort to improve public understanding of their causes, triggers, and treatments. By increasing awareness and access to resources, we can encourage early detection and intervention, which can improve the likelihood of full recovery for millions.

Social: @NEDA\_staff | #NEDAwareness, #EDAW

For more information, contact: Program Department | National Eating Disorders Association | 212-575-6200 x309 | [programs@nationaleatingdisorders.org](mailto:programs@nationaleatingdisorders.org)

For more information, visit: [https://  
www.nationaleatingdisorders.org/](https://www.nationaleatingdisorders.org/)



Multiple Sclerosis Foundation

## National MS Education and Awareness Month

3/1/2025 - 3/31/2025

National MS Education and Awareness Month is observed in March of each year, a nationwide effort by MS Focus: the Multiple Sclerosis Foundation and affiliated groups to raise the public's awareness of multiple sclerosis. The vital goals of this campaign are to promote an understanding of the scope of this disease, and to assist those with MS in making educated decisions about their healthcare.

Social: @MS\_Focus, multiple\_sclerosis\_foundation | #NMSEAM #MSAwareness

For more information, contact: NMSEAM Committee | Multiple Sclerosis Foundation | 888-673-6287 (888-MSFocus) | [awareness@msfocus.org](mailto:awareness@msfocus.org)

For more information, visit: [msfocus.org](http://msfocus.org)

Academy of Nutrition and Dietetics

## National Nutrition Month®

3/1/2025 - 3/31/2025

National Nutrition Month® is an annual campaign created by the Academy of Nutrition and Dietetics. During the month of March,

everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

Social: @eatright, @eatrightPRO | #NationalNutritionMonth

For more information, contact: Academy of Nutrition and Dietetics | [nnm@eatright.org](mailto:nnm@eatright.org)

For more information, visit: [eatright.org/nnm](http://eatright.org/nnm)

Alaxo Airway Stents

## Breathe Better, Sleep Better Month

3/1/2025 - 3/31/2025

More than one-third of American adults are not getting enough sleep each night, despite an increased risk of developing chronic conditions, such as obesity, diabetes, high blood pressure, heart disease, stroke, and frequent mental distress. For many, part of the problem is that their sleep is interrupted by snoring, sleep apnea, and inability to breathe through the nose. Nasal breathing is essential because it filters, warms, and humidifies inhaled air, protects the lungs, leads to better oxygen supply to the body, prevents cold, flu, allergic reaction, hay fever, and irritable coughing, stimulates the calming nervous system, and reduces snoring and sleep apnea. Alaxo Airway Stents sponsors "Breathe Better, Sleep Better Month" to help raise awareness of the importance of better breathing for better sleep.

Social: @AlaxoAirway | #breathebetter

For more information, contact: Brittany Tedesco | Alaxo Airway Stents | 201-641-1911x14 | [btedesco@cpronline.com](mailto:btedesco@cpronline.com)

For more information, visit: [alaxousa.com](http://alaxousa.com) & [alaxocanada.com](http://alaxocanada.com)

Shape Up US, Inc.

## Clap4Health

3/1/2025 - 3/31/2025

Clap4Health is a unique cardiovascular disease and obesity prevention campaign using clapping as its method of educating children, families, senior and communities about healthier

lifestyles. Clapping can improve motor and spatial skills; enhance emotional, sociological, physiological, and cognitive benefits; lead to better socialization skills and elevate moods through an increase in endorphin levels.

For more information, contact: Jyl Steinback | Shape Up US, Inc. | 602-996-6300 | [jyl@shapeupus.org](mailto:jyl@shapeupus.org)

For more information, visit: [shapeupus.org](https://shapeupus.org)

American Optometric Association

## Save Your Vision Month

3/1/2025 - 3/31/2025

Save Your Vision Month reminds people of the importance of regular, in-person comprehensive eye exams to maintain good vision and eye health.

For more information, visit: [aoa.org](https://aoa.org)

Brain Injury Association of America

## Brain Injury Awareness Month

3/1/2025 - 3/31/2025

The Brain Injury Association of America (BIAA) leads the nation in observing Brain Injury Awareness Month in March each year.

Social: @biaamerica, @bia\_usa, @braininjuryassociationofamerica | #MoreThanMyBrainInjury

For more information, contact: Director of Marketing & Communications | Brain Injury Association of America | 703-584-8630 | [communications@biausa.org](mailto:communications@biausa.org)

For more information, visit: [biausa.org](https://biausa.org)

Colorectal Cancer Alliance

## Colorectal Cancer Awareness Month

3/1/2025 - 3/31/2025

As COVID-19 gripped the country, colorectal cancer screenings plummeted. This March, we are calling on every ally to help get screening back on track. In February 2000, President Clinton officially dedicated March as National Colorectal Cancer Awareness Month. Since then, it has grown to be a rallying point for the colorectal cancer

community where thousands throughout the country join together to spread colorectal cancer awareness by wearing blue, talking to friends and family about screening, and so much more.

Social: @CCAlliance | #45isthenew50 #GetScreened #TomorrowCantWait

For more information, visit: [ccalliance.org](https://ccalliance.org)

National Association of Councils on Developmental Disabilities

## Developmental Disabilities Awareness Month

3/1/2025 - 3/31/2025

Each March, the National Association of Councils on Developmental Disabilities (NACDD), and our partners work together to highlight the many ways in which people with and without disabilities come together to form strong, diverse communities. We aim to raise awareness about the inclusion of people with developmental disabilities in all facets of community life, as well as awareness of the barriers that people with disabilities still sometimes face in connecting to the communities in which they live.

Social: @NACDD | #DDawareness2025, #DDAM2025, #AWorldofOpportunities, #NewOpportunities

For more information, contact: Rafael Rolon-Muniz | National Association of Councils on Developmental Disabilities | 202-506-5813 | [rrolon-muniz@nacdd.org](mailto:rrolon-muniz@nacdd.org)

For more information, visit: [nacdd.org/ddam](https://nacdd.org/ddam)

American Academy of Ophthalmology

## Workplace Eye Wellness Month

3/1/2025 - 3/31/2025

Each year, nearly 25,000 Americans visit the emergency room due to a workplace eye injury. During Workplace Eye Wellness Month this March, the American Academy of Ophthalmology (AAO) reminds employers and workers about the importance of wearing certified and approved eye protection.

For more information, visit: [aao.org](https://aao.org)

Association of Child Life Professionals

## Child Life Month

3/1/2025 - 3/31/2025

Child Life Month celebrates the child life profession and honors all child life professionals. Child life professionals provide evidence-based, developmentally appropriate interventions including therapeutic play, preparation for procedures, and education that reduce fear, anxiety, and pain for children facing chronic illness, injury, trauma, disability, and loss. Trained in the developmental impact of illness and injury, child life professionals provide essential patient- and family-centered care as part of interdisciplinary health care teams.

For more information, contact: Association of Child Life Professionals | 571-483-4500 | [communications@childlife.org](mailto:communications@childlife.org)

For more information, visit: [www.childlife.org/](http://www.childlife.org/)

National Kidney Foundation

## National Kidney Month

3/1/2025 - 3/31/2025

One in three Americans is at risk for developing kidney disease, and high blood pressure and diabetes are the two leading causes. During National Kidney Month, the National Kidney Foundation (NKF) urges Americans to learn more about their kidneys and to take steps to preserve their kidney health.

For more information, contact: National Kidney Foundation | 212-889-2210 | [info@kidney.org](mailto:info@kidney.org)

For more information, visit: [kidney.org/content/national-kidney-month](http://kidney.org/content/national-kidney-month)

Pediatric Sleep Council

## Baby Sleep Day

3/1/2025 - 3/1/2025

Baby Sleep Day is every March 1st, preceding National Sleep Awareness Week and World Sleep Day. Baby Sleep Day brings attention to the importance of a good night's sleep for all young children and their families. The

Pediatric Sleep Council, an international team with expertise in all aspects of sleep, supports Baby Sleep Day to further its goal of providing free, comprehensive, and evidence-based information on baby and toddler sleep.

Social: @pedsleepcouncil | #babysleepday #babysleep

For more information, visit: [babysleep.com/babysleepday](http://babysleep.com/babysleepday)

Aplastic Anemia and MDS International Foundation

## Bone Marrow Failure Awareness Week

3/2/2025 - 3/8/2025

This week is a time to highlight news and stories about patients and families coping with rare bone marrow failure diseases, including aplastic anemia and myelodysplastic syndrome (MDS). The Aplastic Anemia and MDS International Foundation is dedicated to educating patients, families, and healthcare professionals, while providing patient support and services as well as funding research to develop better treatments and find a cure.

Social: @aamdsif, @aamds

For more information, visit: [aamds.org](http://aamds.org)

March of Dimes

## World Birth Defects Day

3/3/2025 - 3/3/2025

About 8 million babies worldwide are born each year with a serious birth defect. In many countries, birth defects are a leading cause of death among infants and young children. Those who survive may suffer lifelong physical or mental disabilities. These children need access to appropriate treatment and care to reach their full potential in life. March of Dimes and more than 150 other international organizations will join together for World Birth Defects Day, observed every year on March 3, to raise awareness of this serious global problem and advocate for more birth defects prevention, surveillance, care, and research. We urge the public, governments, non-governmental organizations, policymakers, researchers, and

healthcare providers worldwide to help us work together toward a healthier future for children.

Social: @marchofdimes,  
@modhealthtalk, @nacersano |  
#WorldBDDay, #ManyBirthDefects1Voice

For more information, contact:  
Michele Kling | March of Dimes | 914-  
997-4613 | [mkling@marchofdimes.org](mailto:mkling@marchofdimes.org);  
[swalani@marchofdimes.org](mailto:swalani@marchofdimes.org)

For more information, visit:  
[marchforbabies.org](http://marchforbabies.org) | [nacersano.org](http://nacersano.org)

## American Dental Assistants Association (ADAA) **Dental Assistants Recognition Week™**

3/3/2025 - 3/7/2025

Dental Assistants Recognition Week™ (also known as DARW™) is held every year in the first full week of March. Dental assistants are a key part of the dental practice year-round, but they get a special week dedicated to them each year for all the great work they do! Today's dental assistants strengthen the entire practice and enhance patient satisfaction around the world. Dental assistants are committed to professional development and quality dental care.

For more information, visit: [adaausa.org](http://adaausa.org)

## American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) **Pulmonary Rehabilitation Week**

3/9/2025 - 3/15/2025

Pulmonary Rehabilitation Week calls attention to the role of pulmonary rehabilitation in enhancing the quality of life of individuals with lung disease.

Social: @AACVPR | #PRWeek2025

For more information, contact: American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) | 312/321-5146 | [aacvpr@aacvpr.org](mailto:aacvpr@aacvpr.org)

For more information, visit: [aacvpr.org](http://aacvpr.org)

National Patient Safety Foundation

## **Patient Safety Awareness Week**

3/9/2025 - 3/15/2025

Patient Safety Awareness Week is an annual education and awareness campaign for healthcare safety led by the National Patient Safety Foundation (NPSF). Each year, healthcare organizations around the globe take part in the event by creating awareness in the community and utilizing NPSF educational resources with hospital staff and patients.

Social: @theNPSF

For more information, contact: Sara Valentin | National Patient Safety Foundation | 617-391-9906 | [svalentin@npsf.org](mailto:svalentin@npsf.org)

For more information, visit: <https://www.ihf.org/networks/initiatives/patient-safety-awareness-week>

American College of Medical Genetics & Genomics

## **Medical Genetics Awareness Week**

3/12/2025 - 3/15/2025

The goal of Medical Genetics Awareness Week, which will coincide annually with the ACMG Annual Clinical Genetics Meeting, is to raise awareness of the invaluable contributions that medical genetics healthcare professionals make in the diagnosis, management, and prevention of genetic diseases, and the difference these professionals make in the lives of patients and families. During the event, ACMG honors the skills and commitment of all those on the healthcare team who translate genetic and genomic discoveries into better patient care, including medical geneticists, laboratory geneticists, genetic counselors, nurses, and physician assistants.

Social: @TheACMG | #MedicalGeneticsAwareness

For more information, contact: Barry Eisenberg | American College of Medical Genetics & Genomics | [beisenberg@acmg.net](mailto:beisenberg@acmg.net)

For more information, visit: [acmg.net/MedicalGeneticsAwareness](http://acmg.net/MedicalGeneticsAwareness)

Academy of Nutrition and Dietetics

## Registered Dietitian Nutritionist Day

3/12/2025 - 3/12/2025

Registered Dietitian Nutritionist Day, celebrated each year on the second Wednesday in March, was created by the Academy of Nutrition and Dietetics to increase the awareness of registered dietitian nutritionists as the indispensable providers of food and nutrition services. This occasion also serves to recognize both RDNs and nutrition and dietetic technicians for their commitment to helping people enjoy healthy lives.

Social: @eatrightPRO, @eatright\_pro | #RDNDay

For more information, contact: Academy of Nutrition and Dietetics | [nnm@eatright.org](mailto:nnm@eatright.org)

For more information, visit: <https://www.eatright.org/health/wellness/awareness-campaigns/rdn-day>

National Kidney Foundation

## World Kidney Day

3/13/2025 - 3/13/2025

One in three Americans is at risk for developing kidney disease, and high blood pressure and diabetes are the two leading causes. The National Kidney Foundation (NKF) urges Americans to learn more about their kidneys and to take steps to preserve their kidney health.

Social: @NKF, @NationalKidneyFoundation | #worldkidneyday, #nationalkidneymonth, #nkf

For more information, visit: [kidney.org](http://kidney.org)

National Institute on Drug Abuse

## National Drug and Alcohol Facts Week

3/17/2025 - 3/23/2025

National Drug and Alcohol Facts Week®, (NDAFW) is an annual, week-long, health observance that inspires dialogue about the science of drug use and addiction among youth. It provides an opportunity to bring together scientists, students, educators, healthcare providers, and community partners—to help advance the science, so that we can improve the prevention and awareness of substance misuse

in our own communities and nationwide.

Social: @nidanews | #NDAFW

For more information, contact: Brian D Marquis | National Institute on Drug Abuse | 301-480-3741 | [bmarquis@nida.nih.gov](mailto:bmarquis@nida.nih.gov)

For more information, visit: [nida.nih.gov/research-topics/national-drug-alcohol-facts-week](https://nida.nih.gov/research-topics/national-drug-alcohol-facts-week)

American Society for Health Care Human Resources Administration (ASHHRA)

## Health Care HR Week

3/17/2025 - 3/21/2025

Health Care Human Resources Week is designated to recognize HR professionals in health care organizations across the nation for their important role across the continuum of care. How will you and your organization recognize this week? Share your activities with the ASHHRA by emailing us and tag your photos.

Social: @ASHHRA | #HCHRWeek

For more information, contact: ASHHRA | American Society for Health Care Human Resources Administration (ASHHRA) | 312-422-3720 | [ASHHRA@aha.org](mailto:ASHHRA@aha.org); [flibunao@aha.org](mailto:flibunao@aha.org)

For more information, visit: [ashhra.org/get-involved/health-care-hr-week](https://ashhra.org/get-involved/health-care-hr-week)

American Association of Poison Control Centers

## National Poison Prevention Week

3/17/2025 - 3/21/2025

The third full week in March each year is National Poison Prevention Week (NPPW), a week dedicated to raising awareness of poison control centers and the Poison Help Hotline (1-800-222-1222).

Social: @aapcc | #preventpoison

For more information, visit: [aapcc.org](http://aapcc.org)

National Coalition for LGBTQ Health

## National LGBTQ Health Awareness Week

3/17/2025 - 3/21/2025

In 2003, the National Coalition for LGBT Health created National LGBT Health Awareness Week to bring attention to lesbian, gay, bisexual, and transgender (LGBT) health issues and health disparities. This week is a time for community members, advocates, healthcare providers, and government officials to come together and recognize the health and wellness of LGBT individuals, families, and the community.

Social: @healthlgbt | #LGBTHealth

For more information, visit: [healthlgbtq.org/awareness-week](https://healthlgbtq.org/awareness-week)

National Academy of Medicine (NAM)

## Health Workforce Well-Being Day (HWWB)

3/18/2025 - 3/18/2025

In an ongoing commitment to prioritize health workforce well-being, the NAM is excited to establish the Health Workforce Well-Being Day of Awareness. We pledge to continue advancing health worker well-being... because *"A Healthy Workforce Means a Healthy You."*

Social: @theNAMedicine

For more information, contact: Farida Ahmed, Associate Program Officer | Action Collaborative on Clinician Well-Being and Resilience | [ClinicianWellBeing@nas.edu](mailto:ClinicianWellBeing@nas.edu)

For more information, visit: [nam.edu/initiatives/clinician-resilience-and-well-being](https://nam.edu/initiatives/clinician-resilience-and-well-being)

Down Syndrome International

## World Down Syndrome Day

3/21/2025 - 3/21/2025

World Down Syndrome Day (WDSD), 21 March, is a global awareness day which has been officially observed by the United Nations since 2012. The date for WDSD being the 21st day of the 3rd month, was selected to signify the

uniqueness of the triplication (trisomy) of the 21st chromosome which causes Down syndrome.

Social: #InclusionMeans, #WorldDownSyndromeDay

For more information, contact: Down Syndrome International | [contact@ds-int.org](mailto:contact@ds-int.org)

For more information, visit: <https://www.worlddownsyndromeday.org/>

American Lung Association

## World Tuberculosis Day

3/24/2025 - 3/24/2025

Tuberculosis (TB) is an infectious disease that usually infects the lungs, but can attack almost any part of the body. It is spread from person to person through the air. When a person with TB in their lungs or throat coughs, laughs, sneezes, sings, or even talks, the germs that cause TB may spread through the air. On World Tuberculosis Day, learn how the American Lung Association is committed to fighting this serious lung disease.

Social: @LungAssociation | #WorldTBDay

For more information, visit: [lung.org](https://lung.org)

American Diabetes Association

## American Diabetes Association Alert Day

3/25/2025 - 3/25/2025

American Diabetes Association Alert Day, which is held every fourth Tuesday in March, is a one-day wake-up call asking the American public to take the Diabetes Risk Test to find out if they are at risk for developing Type 2 diabetes.

Social: @AmDiabetesAssn | #DiabetesAlertDay

For more information, visit: [diabetes.org](https://diabetes.org)



AMA Alliance

## **National Doctor's Day**

3/30/2025 - 3/30/2025

Signed into order by President George Bush on October 30, 1990, Public Law 101-473 sets aside this day to honor all physicians with appropriate programs, ceremonies, and activities. The first Doctors' Day was initiated by the Barrow County Alliance, Georgia, on March 30, 1933. Since then Alliances, which are physician spouse organizations, have honored physicians through various local programs and observances.

Social: @amaalliance | #AMAAlliance

For more information, contact: AMA Alliance, Inc | 800-549-4619 | [admin@amaalliance.org](mailto:admin@amaalliance.org)

For more information, visit: [amaalliance.org](http://amaalliance.org)

International Society for Bipolar Disorders

## **World Bipolar Day**

3/30/2025 - 3/30/2025

The vision of World Bipolar Day (WBD) is to bring world awareness to bipolar disorders and to eliminate social stigma and discrimination. Through international collaboration, the goal of WBD is to bring diverse populations around the world information about bipolar disorders that will educate and improve sensitivity towards the illness, including access to the latest research and the best treatments. Since inception, WBD has officially been recognized on March 30th, the birthday of famous Dutch painter Vincent Van Gogh, who was diagnosed after his death as likely having bipolar disorder.

Social: @WorldBipolarDay, @worldbipolarday0330 | #WorldBipolarDay, #WBD, #WBD2024

For more information, contact: International Society for Bipolar Disorders | [wbd@isbd.org](mailto:wbd@isbd.org)

For more information, visit: [worldbipolarday.org](http://worldbipolarday.org)



National Rosacea Society

## Rosacea Awareness Month

4/1/2025 - 4/30/2025

The National Rosacea Society designates April as Rosacea Awareness Month to educate the public on the impact of this chronic and widespread facial disorder that is estimated to affect more than 16 million Americans, so those whose lives are affected can find greater public acceptance and understanding. During April, people who may have rosacea are encouraged to seek medical help before it gets worse.

Social: #RosaceaAwareness, #RosaceaAwarenessMonth

For more information, contact: National Rosacea Society | 847-382-8971 | [info@rosacea.org](mailto:info@rosacea.org)

For more information, visit: [rosacea.org](http://rosacea.org)

Autism Society of America

## Autism Acceptance Month

4/1/2025 - 4/30/2025

Every April, Autism Acceptance Month celebrates the diverse and varied experiences across the Autism spectrum. The Autism Society of America promotes acceptance to create the connections for everyone in the Autism community to access the unique services, supports, and information to best serve their needs.

Social: @AutismSociety | #AutismSociety, #CelebrateDifferences

For more information, contact: Kristyn Roth | Autism Society of America | 800-328-8476 | [kroth@autismsociety.org](mailto:kroth@autismsociety.org)

For more information, visit: [AutismSociety.org](http://AutismSociety.org)

Child Welfare Information Gateway

## National Child Abuse Prevention Month

4/1/2025 - 4/30/2025

Child Abuse Prevention Month has been observed each April since its first presidential proclamation in 1983. Since that time, millions of Americans have participated in this national campaign to bring families and communities together to prevent child abuse and neglect.

Social: #ChildAbusePreventionMonth, #NCAPMonth

For more information, contact: Children's Bureau | 800-394-3366 | [info@childwelfare.gov](mailto:info@childwelfare.gov)

For more information, visit: [childwelfare.gov/preventionmonth](http://childwelfare.gov/preventionmonth)

Men's Health Network

## Testicular Cancer Awareness Month

4/1/2025 - 4/30/2025

Testicular Cancer Awareness Month recognizes a cancer which is the most common type among men ages 15–35 years, but men of all ages can be at risk. Most testicular cancer awareness organizations recommend that males conduct regular self-exams. During this month, many colleges and universities host events for young adult men to raise awareness of their risks of testicular cancer.

Social: @MensHlthNetwork | #TCaMonth, #TesticularCancer, #TCaM

For more information, contact: Men's Health Network | 202-543-6461 x101 | [info@menshealthnetwork.org](mailto:info@menshealthnetwork.org)

For more information, visit: <https://www.testicularcancerawarenessfoundation.org/tc-awareness-month>

American Orthotic and Prosthetic Association

## National Limb Loss and Limb Difference Awareness Month

4/1/2025 - 4/30/2025

April is Limb Loss and Limb Difference Awareness Month (LLLDAM) during which awareness about what it is like to live with limb loss and limb difference, for individuals and families is raised.

Social: @AmericanOandP, @AmputeesUSA | #LLLDAM, #limbloss, #limbdifference

For more information, contact: Joy Burwell | American Orthotic and Prosthetic Association | 571-431-0876 | [info@aopanet.org](mailto:info@aopanet.org)

For more information, visit: [AOPAnet.org](http://AOPAnet.org)

National Sexual Violence Resource Center

## Sexual Assault Awareness Month

4/1/2025 - 4/30/2025

Every April is nationally recognized as Sexual Assault Awareness Month (SAAM). The goal of SAAM is for individuals and organizations to raise public awareness about sexual harassment, assault, and abuse and educate communities on how to prevent it.

Social: @NSVRC | #SAAM

For more information, contact: National Sexual Violence Resource Center | [resources@nsvrc.org](mailto:resources@nsvrc.org)

For more information, visit: [nsvrc.org/saam](http://nsvrc.org/saam)

American Association of Oral and Maxillofacial Surgeons

## National Facial Protection Month

4/1/2025 - 4/30/2025

Spread the word to remind both children and adults: as you suit up for outdoor activities this spring, don't forget to protect your face and head. Spring often brings a flood of patients suffering with head, mouth, and facial injuries resulting from sports-related accidents to doctors' offices and emergency rooms. Many oral and facial injuries can be easily prevented with the use of sports safety equipment like helmets and mouth guards. National Facial Protection

Month is sponsored by the Academy for Sports Dentistry, American Academy of Pediatric Dentistry, American Academy of Pediatrics, American Association of Oral and Maxillofacial Surgeons and the American Association of Orthodontists. Together we encourage children and adults to enjoy the pleasures of the season by using common sense and taking the necessary precautions to prevent sports injuries.

Social: @myoms | #FacialProtection, #NFPM

For more information, contact: Jolene Kremer | American Association of Oral and Maxillofacial Surgeons | 847-678-6200 | [jkremer@aaoms.org](mailto:jkremer@aaoms.org)

For more information, visit: [MyOMS.org](http://MyOMS.org)

Thought Leadership & Innovation Foundation (TLI)

## Healthcare Thought Leadership and Innovation Month

4/1/2025 - 4/30/2025

TLI is a not-for-profit organization that works at the nexus of science, technology and public health, innovating for superior prevention, treatment and outcomes for those facing life-altering medical diagnoses. TLI helps patients across the country/ around the world find better healthcare outcomes. Our goal for the Healthcare Thought Leadership and Innovation Month is to inspire all stakeholders in the healthcare continuum to showcase new and innovative programs and ideas, leading to transformative change in healthcare.

Social: @TLIFoundation | #ThoughtLeadershipAndInnovationMonth

For more information, contact: Nicole Dufour CPR on behalf of TLI | Thought Leadership & Innovation Foundation (TLI) | 201-641-1911 x 54 | [ndufour@cpronline.com](mailto:ndufour@cpronline.com)

For more information, visit: [thoughtfoundation.org](http://thoughtfoundation.org)

American Podiatric Medical Association

## Foot Health Awareness Month

4/1/2025 - 4/30/2025

Foot Health Awareness Month promotes foot health, educates the public about the importance of healthy feet, and underscores

the critical role podiatrists, physicians and surgeons who treat the feet and ankles, play in keeping America healthy and active.

Social: @official\_apma, @apma

For more information, contact: Peggy Tresky | APMA | 301-581-9200 | [ask@apma.org](mailto:ask@apma.org)

For more information, visit: [apma.org](http://apma.org)

World Laughter Tour

## National Humor Month

4/1/2025 - 4/30/2025

National Humor Month was conceived to heighten public awareness and appreciation of humor in every form. Humor relieves stress and tension, helps you cope, and gives you a sense of control and comfort. Humor leads to improved morale and well-being, enhanced creativity, increased communication skills, and an enriched quality of life. Join in celebrating humor, laughter, and mirth for all of their beneficial purposes.

Social: #humormonth

For more information, contact: Steve Wilson | World Laughter Tour | 614-296-4882 | [Info@worldlaughtertour.com](mailto:Info@worldlaughtertour.com)

For more information, visit: [humormonth.com](http://humormonth.com)

Prevent Blindness

## Women's Eye Health and Safety Month

4/1/2025 - 4/30/2025

Do you know how to protect your sight? Hormonal changes, age, and smoking can endanger sight.

Social: @PBA\_SavingSight

For more information, contact: Prevent Blindness | 800-331-2020 | [info@PreventBlindness.org](mailto:info@PreventBlindness.org)

For more information, visit: [preventblindness.org](http://preventblindness.org)

American Occupational Therapy Association

## Occupational Therapy Month

4/1/2025 - 4/30/2025

Occupational Therapy Month (OT Month) recognizes the contributions of occupational therapists and occupational therapy assistants to help people across the lifespan participate in the things they want and need to do through the therapeutic use of everyday activities. It is in April to correspond with AOTA's Annual Conference & Expo.

Social: @AOTAInc | #OTMonth

For more information, contact: American Occupational Therapy Association | 301-652-6611 | [praota@aota.org](mailto:praota@aota.org)

For more information, visit: [aota.org](http://aota.org)

American Counseling Association

## Counseling Awareness Month

4/1/2025 - 4/30/2025

Professional counselors help people gain personal insights, develop strategies, and come up with real-life solutions to the problems and challenges they face in every area of life. Powered by the American Counseling Association—more than 58,000 members strong—Counseling Awareness Month provides an opportunity to celebrate both the counseling profession and individuals who do this important work.

Social: @ACACounselors | #CounselorsHelp

For more information, contact: News Department | American Counseling Association | 800-347-6647 | [news@counseling.org](mailto:news@counseling.org)

For more information, visit: [counseling.org/cam](http://counseling.org/cam)

Office of Minority Health (OMH)

## National Minority Health Month

4/1/2025 - 4/30/2025

The Office of Minority Health of the U.S. Department of Health and Human Services leads the observance of National Minority Health Month each year, and joins with federal, state, Tribal, local, and territorial partners across the country

in calling for a renewed commitment to eliminate health disparities and achieve health equity.

Social: @MinorityHealth, @OMH\_Espanol

For more information, visit: [minorityhealth.hhs.gov/nmhm](https://minorityhealth.hhs.gov/nmhm)

American Sexual Health Association

## **Sexually Transmitted Infections Awareness Month**

4/1/2025 - 4/30/2025

The American Sexual Health Association (ASHA) provides education, support, and awareness around sexually transmitted infections (STIs). There are 20 million new STI cases in the United States each year.

For more information, contact: American Sexual Health Association | 919-361-8400 | [info@ashasexualhealth.org](mailto:info@ashasexualhealth.org)

For more information, visit: <https://www.ashasexualhealth.org/april-is-sti-awareness-month/>

American Academy of Otolaryngology  
- Head and Neck Surgery

## **Head & Neck Cancer Awareness Month**

4/1/2025 - 4/30/2025

Head & Neck Cancer Awareness Month is an initiative to encourage adults who are at high risk for head and neck cancer to take advantage of the nationwide and international free screenings. A key message of the campaign is that early diagnosis is key to successful treatment of these types of cancers.

Social: @hncalliance, @ohancaw | #OHANCAW, #EDUCATESCREENTREAT

For more information, visit: [headandneck.org/awareness-month](https://headandneck.org/awareness-month)

March of Dimes

## **March for Babies**

4/1/2025 - 4/30/2025

March of Dimes leads the fight for the health of all moms and babies. March for Babies funds our research, programs, education, and advocacy so that every baby can have the best possible start. When you March for Babies, you make a statement that you want to live in a world in which healthy moms and strong babies are a priority for us all. Together we hope, remember, and celebrate at our walk sites nationwide.

Social: #BLANKETCHANGE

For more information, contact: March of Dimes | [press@marchofdimes.org](mailto:press@marchofdimes.org)

For more information, visit: [marchofdimes.org](https://marchofdimes.org)

National Council on Alcoholism and Drug Dependence and National Institute of Alcohol Abuse and Alcoholism

## **Alcohol Awareness Month**

4/1/2025 - 4/30/2025

Founded by the National Council on Alcohol and Drug Dependence (NCADD), Alcohol Awareness Month was established in 1987 to help reduce the stigma associated with alcoholism by providing information about alcohol use and recovery. This month is an opportunity to update your knowledge about alcohol use disorder (AUD) and the adverse impact of alcohol misuse on health and society.

Social: @Recovered\_org

For more information, contact: National Council on Alcoholism and Drug Dependence and National Institute of Alcohol Abuse and Alcoholism | 212-269-7797, 917-905-7938 | [info@facingaddiction.org](mailto:info@facingaddiction.org), [national@ncadd.org](mailto:national@ncadd.org)

For more information, visit: [niaaa.nih.gov/news-events/announcement/april-alcohol-awareness-month](https://niaaa.nih.gov/news-events/announcement/april-alcohol-awareness-month) | [recovered.org/alcohol/alcohol-awareness-month](https://recovered.org/alcohol/alcohol-awareness-month)

Parkinson's Foundation

## **Parkinson's Awareness Month**

4/1/2025 - 4/30/2025

Parkinson's Awareness Month is observed each April to draw attention to the neurodegenerative disorder that affects 1 million people in the US and 10 million globally.

Social: @ParkinsonDotOrg

For more information, visit: [Parkinson.org](https://www.parkinson.org)

The Autism Collective

## **World Autism Awareness & Acceptance Month**

4/1/2025 - 4/30/2025

World Autism Awareness & Acceptance Month is a time where we focus on helping people better understand this neuro-developmental disability which now affects 1 in 54 individuals, and can cause significant social, communication, and behavioral challenges. Because Autism Spectrum Disorder can often be an invisible disability, it is important for everyone to take the time to learn how individuals living with autism may communicate, interact, behave, and learn in ways which are different from most other people.

For more information, visit: [theautismcollective.org](https://theautismcollective.org)

National Institute for Occupational Safety and Health (NIOSH)

## **Workplace Violence Prevention Awareness Month**

4/1/2025 - 4/30/2025

According to the National Institute for Occupational Safety and Health (NIOSH), workplace violence is defined as an act or threat of violence, ranging from verbal abuse to physical assaults, or any other disruptive behavior, including domestic violence and stalking when it impacts a workplace. April is recognized as Workplace Violence Prevention Awareness Month with the goal of increasing awareness to recognize, prevent, and respond to workplace violence.

For more information, visit: [cdc.gov/niosh](https://www.cdc.gov/niosh)

Donate Life America

## **National Donate Life Month**

4/1/2025 - 4/30/2025

National Donate Life Month was instituted by Donate Life America and its partnering organizations in 2003. It features an entire month of local, regional, and national activities to help encourage Americans to register as organ, eye, and tissue donors, and to celebrate those who have saved lives through the gift of donation.

Social: #DonateLifeMonth

For more information, contact: Jocelyn Reed | Donate Life America | 804-377-3580 | [donatelifeamerica@donatelife.net](mailto:donatelifeamerica@donatelife.net)

For more information, visit: <https://donatelife.net/how-you-can-help/national-observances-celebrations/ndlm/>

Defeat Diabetes Foundation

## **Defeat Diabetes Month**

4/1/2025 - 4/30/2025

Defeat Diabetes Month provides information, articles, tips, cartoons, recipes, and more to help you delay the onset of Type 2 diabetes, or to live a healthier lifestyle with Type 1 or Type 2 diabetes.

Social: #DefeatDiabetesMonth

For more information, visit: <https://defeatdiabetes.org/>

American Academy of Ophthalmology

## **Sports Eye Safety Month**

4/1/2025 - 4/30/2025

Each year, an estimated 100,000 people are hurt by sports-related eye injuries. About 13,500 of these injuries result in permanent vision loss. In support of Sports Eye Safety Month this April, the American Academy of Ophthalmology (AAO) reminds athletes everywhere that the great majority of sports-related eye injuries can be avoided by simply wearing the proper protection.

Social: @AcademyEyeSmart

For more information, visit: American Academy of Ophthalmology

For more information, visit: <https://www.aaoo.org/newsroom/observances>

Screening for Mental Health

## National Alcohol Screening Day

4/3/2025 - 4/3/2025

National Alcohol Screening Day (NASD) is an outreach, education, and screening initiative that raises awareness about harmful and dependent drinking behaviors, and connects individuals who are at risk with treatment options. NASD is held annually on Thursday of the first full week of April. Thousands of colleges, community-based organizations, and military installations provide the program to the public each year. Take an anonymous screening at <https://alcoholscreening.org/#/home>.

Social: @HYSHO | #NASD

For more information, visit: <https://recoverycentersofamerica.com/blogs/national-alcohol-screening-day/>

Association for Professionals in Infection Control and Epidemiology (APIC)

## International Infection Preventionist Day

4/4/2025 - 4/4/2025

International IP day is a dedicated day to acknowledge the tireless work of IPs in various settings, including acute care, long-term care and nursing homes, public health, behavioral health, schools, hospitality, and correctional facilities. This day is an opportunity for IPs worldwide to celebrate their critical role in preventing the spread of infection and protecting public health.

Social: @apic, @apic\_infection\_prevention | #InternationalIPDay, #WeLoveOurIPs

For more information, contact: Kelly-Lynne Russell Guy | APIC | 410-302-5637 | [krussell@apic.org](mailto:krussell@apic.org)

For more information, visit: [apic.org](https://www.apic.org)

American Public Health Association

## National Public Health Week

4/7/2025 - 4/13/2025

National Public Health Week is a time to recognize the contributions of public health and highlight issues that are important to improving our nation's health. We bring together public health practitioners, advocates, and students with the general public to celebrate all things public health.

Social: @NPHW, @PublicHealth, @americanpublichealth | #NPHW

For more information, contact: Affiliate Affairs | APHA | 202-777-2508 | [nphw@apha.org](mailto:nphw@apha.org)

For more information, visit: [nphw.org](https://www.nphw.org)

National Cancer Registrars Association

## National Cancer Registrars Week

4/7/2025 - 4/11/2025

National Cancer Registrars Week was established to promote the work of cancer registry professionals. This week, cancer registrars showcase how the cancer data they collect provide essential information to researchers, healthcare providers, and public health officials to better monitor and advance cancer treatments, conduct research, and improve cancer prevention and screening programs. Supervisors of cancer registry professionals take this opportunity to organize recognition events and acknowledge their staff's important role.

For more information, contact: Peggy Meehan | NCRA | 202-486-8757 | [pmeehan@ncra-usa.org](mailto:pmeehan@ncra-usa.org)

For more information, visit: <https://www.ncra-usa.org/About/National-Cancer-Registrars-Week>

World Health Organization

## World Health Day

4/7/2025 - 4/7/2025

Every year, World Health Day is celebrated on April 7 to mark the anniversary of the founding of the World Health Organization (WHO) in 1948.

For more information, visit: <https://www.who.int/>

Advocates for Youth

## National Youth HIV & AIDS Awareness Day

4/10/2025 - 4/10/2025

National Youth HIV & AIDS Awareness Day (NYHAAD) is commemorated annually on April 10th to urge policymakers and the public to take action regarding the impact of HIV and AIDS on young people. The day also highlights the HIV prevention, treatment, and care campaigns of young people in the U.S. Check out our social media toolkit to participate.

Social: @NYHAAD, @advocatetweets, @advocatesforyouth | #NYHAAD

For more information, contact: Armonte Butler | Advocates for Youth | 202-716-6330 | [nyhaad@advocatesforyouth.org](mailto:nyhaad@advocatesforyouth.org)

For more information, visit: [nyhaad.org](http://nyhaad.org)

Black Mamas Matter Alliance

## Black Maternal Health Week

4/11/2025 - 4/17/2025

The campaign and activities for Black Maternal Health Week serve to amplify the voices of Black mamas and center the values and traditions of the reproductive and birth justice movements. Activities during BMHW are rooted in human rights, reproductive justice, and birth justice frameworks.

Social: @blackmamasmatter, @blkmamasmatter | #BMHW, #BlackMaternalHealthWeek

For more information, contact: Black Mamas Matter Alliance | [blackmamasmatter@blackmamasmatter.org](mailto:blackmamasmatter@blackmamasmatter.org); [info@blackmamasmatter.org](mailto:info@blackmamasmatter.org)

For more information, visit: [blackmamasmatter.org](http://blackmamasmatter.org)

International Transplant Nurses Society

## Transplant Nurses Day

4/16/2025 - 4/16/2025

In April 2006, the International Transplant Nurses Society (ITNS) created Transplant Nurses Day to raise awareness of the unique contributions transplant nurses make in the lives of the people with whom they work, especially their patients. The celebration takes place on the third Wednesday in April, and recognizes the skill and commitment of transplant nurses around the world.

Social: @ITNSnurses

For more information, contact: Allison Begezda | ITNS | 847-375-6340 | [abegazda@itns.org](mailto:abegazda@itns.org)

For more information, visit: [itns.org/About/About/aboutitns.html](http://itns.org/About/About/aboutitns.html)

Institute for Healthcare Improvement

## National Healthcare Decisions Day

4/16/2025 - 4/16/2025

National Healthcare Decisions Day exists to inspire, educate, and empower the public and providers about the importance of advance care planning.

Social: @NHDD | #NHDD

For more information, visit: [nhdd.org](http://nhdd.org)

World Federation of Hemophilia

## World Hemophilia Day

4/17/2025 - 4/17/2025

World Hemophilia Day is an annual observance first celebrated in 1989. It is an international awareness day for hemophilia and other bleeding disorders.

Social: @wfhemophilia

For more information, visit: [wfh.org](http://wfh.org)



Sepsis Alliance

## **Pediatric Sepsis Week**

4/20/2025 - 4/26/2025

Do you know the signs and symptoms of sepsis? You could save a child. Join Sepsis Alliance for Pediatric Sepsis Week, April 20th - 26th, to raise awareness of the signs and symptoms of sepsis in children, recognize the 75,000 children who develop sepsis each year in the U.S., and honor those who have passed.

Social: @SepsisAlliance | #SepsisAwareness, #PediatricSepsisWeek2025, #SepsisSurvivor

For more information, contact: Alexandria Sadorf Colvin | Sepsis Alliance | 619-233-0300 | [acolvin@sepsis.org](mailto:acolvin@sepsis.org)

For more information, visit: [sepsis.org](https://sepsis.org)

RESOLVE - The National Infertility Association

## **National Infertility Awareness Week**

4/20/2025 - 4/26/2025

National Infertility Awareness Week® (NIAW) is a movement, founded in 1989 by RESOLVE. All too often myths and misinformation appear in media stories or influence lawmakers and companies to enforce policies that create barriers for people who need help building their family. And still, people feel isolated when they struggle to build a family, so we want to empower them to share their story and find a community that cares.

Social: @resolveorg | #NIAW, #IFAwareness, #NationalInfertilityAwarenessWeek

For more information, contact: Magda Halim | RESOLVE - The National Infertility Association | 703-651-8203 | [magda.halim@resolve.org](mailto:magda.halim@resolve.org)

For more information, visit: [resolve.org](https://resolve.org)

ASET - The Neurodiagnostic Society

## **Neurodiagnostic Week**

4/20/2025 - 4/26/2025

Neurodiagnostic Week highlights the many ways in which neurodiagnostic professionals work to ensure the health of their patients—not only in their day-to-day practice, but through

advocacy, education, and research. During this week, hospitals, schools, and other institutions acknowledge the year-round efforts of neurodiagnostic technologists. In addition, many neurodiagnostic departments hold open houses, sponsor special activities for the public and hospital staff, and organize community events.

Social: @ASETLIVE | #NDWeek, #NeurodiagnosticWeek

For more information, contact: ASET - The Neurodiagnostic Society | 816-931-1120 | [info@aset.org](mailto:info@aset.org)

For more information, visit: <https://www.aset.org/ndweek/>

American Society for Clinical Pathology

## **Medical Laboratory Professionals Week**

4/21/2025 - 4/25/2025

Medical Laboratory Professionals Week (Lab Week) generates new awareness and excitement about the laboratory medicine profession. Get the word out to help everyone understand and appreciate the importance of laboratory professionals' role in patient care!

Social: @ascp\_chicago | #labweek

For more information, contact: Natalie Sherry | American Society for Clinical Pathology (ASCP) | 312-541-4947 | [natalie.sherry@ascp.org](mailto:natalie.sherry@ascp.org)

For more information, visit: [ascp.org/labweek](https://ascp.org/labweek)

American Health Information Management Association (AHIMA)

## **Health Information Professionals Week**

4/21/2025 - 4/25/2025

Health Information Professionals (HIP) Week is an opportunity to recognize professionals who work with health data. Through their work in clinical documentation, data analytics, medical coding, privacy and security, and data management, professionals provide data interpretation, protection, and accessibility, empowering healthcare organizations to provide high-quality, lifesaving care.

For more information, contact: Jackie Bonyko | American Health Information Management Association (AHIMA) | 312-233-1541 | [jackie.bonyko@ahima.org](mailto:jackie.bonyko@ahima.org)

For more information, visit: [hipweek.org](http://hipweek.org)

Center for Disease Control and Prevention  
**National Infant Immunization Week**

4/21/2025 - 4/28/2025

National Infant Immunization Week is an annual observance to highlight the importance of protecting infants from vaccine-preventable diseases and celebrate the achievements of immunization programs in promoting healthy communities. Since 1994, hundreds of communities across the United States have joined together to celebrate the critical role vaccination plays in protecting children, communities, and public health.

For more information, visit: [cdc.gov/vaccines/events/niiw](https://www.cdc.gov/vaccines/events/niiw)

Drug Enforcement Administration  
**DEA National Drug Take Back Day**

4/26/2025 - 4/26/2025

This day provides an opportunity to get unused and unwanted medications out of your household.

Social: #DEATakeBack

For more information, visit: [dea.gov/takebackday](https://dea.gov/takebackday)

The Beryl Institute

**Patient Experience Week**

4/28/2025 - 5/2/2025

Patient Experience Week is an annual event to celebrate accomplishments, re-energize efforts, and honor the people who impact patient experience every day—from nurses and physicians, to support staff and executive professionals, to patients, families, and communities.

Social: @BerylInstitute | #PXWeek

For more information, contact: The Beryl Institute | 866-488-2379 | [info@theberylinstitute.org](mailto:info@theberylinstitute.org) | [natalie.mckay@theberylinstitute.org](mailto:natalie.mckay@theberylinstitute.org)

For more information, visit: [theberylinstitute.org/px-week](https://theberylinstitute.org/px-week)



Month is devoted to shining the spotlight on the most common cancer in the United States — skin cancer. It's estimated that every day about 9,500 people in the United States are diagnosed with this cancer. During Skin Cancer Awareness Month, the American Academy of Dermatology (AAD) brings you insights that can help you protect your skin. The AAD also shares information that can help you find skin cancer. When found early, skin cancer is highly treatable.

Social: @AADSkin

For more information, contact: American Academy of Dermatology | [mediarelations@aad.org](mailto:mediarelations@aad.org)

For more information, visit: <https://www.aad.org/public/public-health/awareness-campaigns/skin-cancer-awareness-month>

National Association for Health and Fitness

## Global Employee Health and Fitness Month

5/1/2025 - 5/31/2025

Together let's make employee health a reality! GEHFM's award-winning initiative is ready to go. It has never been easier or more important to keep moving, set goals, and create sustainable change in your health and well-being. Employee health is a powerful strategic component of an organization and an investment in employee health is essential to managing health costs, improving organizational productivity, retention of employees, reducing stress, and improving mental health.

Social: @NAHFOfficial | #GEHFM

For more information, contact: Global Employee Health and Fitness | 518-456-1058 | [aerobic2@aol.com](mailto:aerobic2@aol.com)

For more information, visit: [healthandfitnessmonth.org](http://healthandfitnessmonth.org)

American Academy of Dermatology

## Skin Cancer Awareness Month

5/1/2025 - 5/31/2025

Occurring every May, Skin Cancer Awareness

Bone Health & Osteoporosis Foundation (BHOFF)

## Osteoporosis Awareness & Prevention Month

5/1/2025 - 5/31/2025

Each May, the Bone Health & Osteoporosis Foundation (BHOFF) works to raise awareness and inspire behavioral change regarding the critical importance of good bone health and osteoporosis prevention. An estimated 10 million Americans have osteoporosis and another 44 million are at risk with low bone mass. BHOFF encourages the public to "Break Free from Osteoporosis," and offers free resources to help people get to know their risk factors for osteoporosis and make the lifestyle changes needed to protect against broken bones. During May and all year long, we want everyone to make a commitment to be bone strong!

Social: @bonehealthandosteoporosis, @bonehealthandosteoporosisfoundation, @bonehealthBHOFF | #OsteoporosisAwareness, #BeBoneStrong

For more information, contact: BHOFF Information | Bone Health & Osteoporosis Foundation (BHOFF) | 800-231-4222 | [info@bonehealthandosteoporosis.org](mailto:info@bonehealthandosteoporosis.org)

For more information, visit: [bonehealthandosteoporosis.org](http://bonehealthandosteoporosis.org)

League of American Bicyclists

## National Bike Month

5/1/2025 - 5/31/2025

National Bike Month is a celebration of all the benefits of biking. From improving mental and physical health to contributing to a greener environment, every time you get on a bike, you're making life better for everyone.

Social: @bikeleague | #BikeMonth

For more information, contact:

Communications | League of American Bicyclists | 202-822-1333 | [info@bikeleague.org](mailto:info@bikeleague.org), [communications@bikeleague.org](mailto:communications@bikeleague.org)

For more information, visit: [bikeleague.org](http://bikeleague.org)

The Run A Mile Project

## Run A Mile Days

5/1/2025 - 5/31/2025

A National campaign to increase the physical fitness of K through 8th grade boys & girls by running the mile. Events are focused on elementary and middle schools and community organizations in towns and cities nationwide.

Social: @Be\_a\_miler | #runamile

For more information, contact: Dave Watt | The Run A Mile Project | 703-731-3429 | [dave@therunamileproject.org](mailto:dave@therunamileproject.org)

For more information, visit: [therunamileproject.org](http://therunamileproject.org)

Society of Critical Care Medicine

## National Critical Care Awareness and Recognition Month

5/1/2025 - 5/31/2025

May is National Critical Care Awareness and Recognition Month (NCCARM). Celebrate the unwavering and inspiring commitment of critical care clinicians worldwide! Wear blue on Friday, May 16, 2025! ICU teams worldwide hold educational symposia, staff recognition ceremonies, or other special events with a blue theme. Bring blue snacks or balloons!

Wear your favorite blue scrubs! No matter how you mark the occasion, be sure to share your celebrations using the hashtag #CritCareMonth.

Social: @SCCM | #CritCareMonth

For more information, contact: SCCM Customer Service | Society of Critical Care Medicine | 847-827-6888 | [support@sccm.org](mailto:support@sccm.org)

For more information, visit: [sccm.org/critcaremonth](http://sccm.org/critcaremonth)

US DOT/NHTSA

## Motorcycle Safety Awareness Month

5/1/2025 - 5/31/2025

Motorcyclists have the same rights and privileges as any other motor vehicle driver on the roadway. During Motorcycle Safety Awareness Month - in fact, during the entire year - drivers are reminded to safely "share the road" with motorcyclists and to be extra alert to help keep motorcyclists safe.

Social: #LookTwiceForMotorcyclists

For more information, contact: NHTSA Media | USDOT/NHTSA | 202-366-9550 | [NHTSamedia@dot.gov](mailto:NHTSamedia@dot.gov)

For more information, visit: [nhtsa.gov](http://nhtsa.gov)

Better Sleep Council

## Better Sleep Month

5/1/2025 - 5/31/2025

Better Sleep Month happens in May and it's all about spreading the word on how to get better sleep. You'll see tips, events, and info to help folks improve their sleep habits. It's a chance to focus on getting those Z's for better health and well-being.

Social: @bettersleeporg | #bettersleepmonth

For more information, contact: Mary Helen Rogers | Better Sleep Council | 571-482-5436 | [mhrogers@sleepproducts.org](mailto:mhrogers@sleepproducts.org)

For more information, visit: [bettersleep.org](http://bettersleep.org)

American Trauma Society

## National Trauma Awareness Month

5/1/2025 - 5/31/2025

National Trauma Awareness Month launched in 1988 when the ATS and Congress established May as National Trauma Awareness Month (NTAM). We are proud to be offering our 36th year of NTAM and our efforts continue to provide themed prevention programs and education for all ages. Through this campaign, the ATS was the first organization to advocate for the prevention of "Red Light Running". Subsequent years have highlighted the risks of falls, distracted driving, violence prevention, firearm violence prevention, sports injuries, and many other important injury prevention topics.

For more information, contact: McKenzie Riley | American Trauma Society | 703-538-3557, 703-538-3544 | [info@amtrauma.org](mailto:info@amtrauma.org)

For more information, visit: [amtrauma.org](http://amtrauma.org)

National Heart, Lung, and Blood Institute

## National High Blood Pressure Education Month

5/1/2025 - 5/31/2025

High blood pressure is a serious condition that can lead to coronary heart disease, heart failure, stroke, kidney failure, and other health problems. The focus of this observance is to increase awareness about the prevention and treatment of this life-threatening condition.

Social: @nih\_nhlbi, @thehearttruth, @hearttruth, @thehearttruth\_nhlbi | #OurHearts, #HighBloodPressureMonth

For more information, contact: NHLBI Center for Health Information | National Heart, Lung, and Blood Institute | 877-645-2448 | [nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

For more information, visit: [nhlbi.nih.gov/hypertension](http://nhlbi.nih.gov/hypertension)

American Nurses Association

## National Nurses Month

5/1/2025 - 5/31/2025

As the largest group of health care professionals in the United States, nurses' impact on health and health care is unparalleled. Nurses Month provides opportunities to promote understanding and awareness of our profession, encourage young people to consider nursing as a career and recognize the vast contributions of nurses. The theme for Nurses Month: You Make a Difference. We will focus on a different topic each week of the month. Week 1: Self-care; Week 2: Recognition; Week 3: Professional Development; Week 4: Community Engagement.

Social: @AmericanNursesAssociation, @ANANursingWorld | #ANANursesMonth, #MyYearMyStory, #NursesMonth

For more information, contact: Joan Hurwitz | American Nurses Association | 301-628-5020 | [joan.hurwitz@ana.org](mailto:joan.hurwitz@ana.org), [customerservice@ana.org](mailto:customerservice@ana.org)

For more information, visit: [anayearofthenurse.org/about-nurses-month/](http://anayearofthenurse.org/about-nurses-month/) | [nursingworld.org](http://nursingworld.org)

Mental Health America

## National Mental Health Month

5/1/2025 - 5/31/2025

Mental Health Month was started in 1949 by Mental Health America (then known as the National Association for Mental Health). It is observed each May to raise awareness and educate the public about mental health conditions, the realities of living with these conditions, and strategies for attaining mental health and wellness. Each year in mid-March, Mental Health America releases a toolkit of materials to guide preparation for outreach activities during Mental Health Month.

Social: @mentalhealthamerica, @MentalHealthAm | #MentalHealthMonth, #b4stage4

For more information, contact: Emily Skehill, Danielle Fritze | Mental Health America | 508-

566-4942, 703-797-2591 | [eskehill@mhanational.org](mailto:eskehill@mhanational.org), [dfritze@mentalhealthamerica.net](mailto:dfritze@mentalhealthamerica.net)

For more information, visit: [mhanational.org](http://mhanational.org) | [mentalhealthamerica.net/may](http://mentalhealthamerica.net/may)

Children's Tumor Foundation

## Neurofibromatosis Awareness Month

5/1/2025 - 5/31/2025

The Children's Tumor Foundation (CTF) recognizes May as Neurofibromatosis (NF) Awareness Month to raise awareness and educate the public about the disorder. NF causes tumors to grow on nerves throughout the body and is more common than cystic fibrosis, Duchenne muscular dystrophy, and Huntington's disease combined, yet is under-recognized by the public and under-diagnosed by the medical community. NF can lead to deafness, blindness, bone abnormalities, and certain forms of cancer.

Social: [@childrenstumor](https://twitter.com/childrenstumor) | [#endnf](https://twitter.com/#endnf)

For more information, contact: CTF | 212-344-6633 | [media@ctf.org](mailto:media@ctf.org); [info@ctf.org](mailto:info@ctf.org)

For more information, visit: [ctf.org](http://ctf.org)

The President's Council on Sports, Fitness & Nutrition (PCSFN)

## National Physical Fitness and Sports Month

5/1/2025 - 5/31/2025

May is National Physical Fitness and Sports Month, designated in 1983 by the President's Council on Sports, Fitness & Nutrition to promote healthy lifestyles among all Americans and improve our quality of life.

Social: [#MoveInMay](https://twitter.com/#MoveInMay)

For more information, contact: The President's Council on Sports, Fitness & Nutrition (PCSFN) | [fitness@hhs.gov](mailto:fitness@hhs.gov)

For more information, visit: [hhs.gov/fitness/be-active/npfsm](http://hhs.gov/fitness/be-active/npfsm)

Hepatitis Foundation International

## Hepatitis Awareness Month

5/1/2025 - 5/31/2025

During Hepatitis Awareness Month, the Hepatitis Foundation International (HFI) provides information and educational resources to the community and health care providers; organizes community outreach nationwide; and connects patients, individuals, families, and communities to opportunities for care.

For more information, visit: [hepatitisfoundation.org](http://hepatitisfoundation.org)

Huntington's Disease Society of America

## Huntington's Disease Awareness Month

5/1/2025 - 5/31/2025

May is National Huntington's Disease Awareness Month, and the Huntington's Disease Society of America (HDSA) is dedicated to spreading the word about this disease and improving the lives of everyone affected by it.

For more information, contact: Huntington's Disease Society of America | [HDSAinfo@HDSA.org](mailto:HDSAinfo@HDSA.org)

For more information, visit: [hdsa.org](http://hdsa.org)

U.S. Department of Health and Human Services, Office of Adolescent Health

## National Teen Pregnancy Prevention Month

5/1/2025 - 5/31/2025

Observed each May across the country, National Teen Pregnancy Prevention Month seeks to involve communities in promoting and supporting effective teen pregnancy prevention initiatives.

For more information, contact: U.S. Department of Health and Human Services, Office of Adolescent Health | [youthgov@air.org](mailto:youthgov@air.org)

For more information, visit: [opa.hhs.gov/NAHM](http://opa.hhs.gov/NAHM)

American Academy of Ophthalmology

## Healthy Vision Month

5/1/2025 - 5/31/2025

Approximately 37 million adults in America have age-related macular degeneration, cataracts, diabetic retinopathy, or glaucoma—all of which can cause visual impairment or blindness. Recent studies show that making healthy choices and getting regular eye exams can help reduce the risk of vision loss. In support of Healthy Vision Month, the American Academy of Ophthalmology (AAO) encourages everyone to take charge of their eye health and preserve their sight.

For more information, visit: [aao.org](http://aao.org)

Arthritis Foundation

## National Arthritis Awareness Month

5/1/2025 - 5/31/2025

National Arthritis Awareness Month was initiated by the Arthritis Foundation through a Presidential Proclamation in 1972. It aims to raise awareness and reduce the impact of arthritis—the nation's leading cause of disability—which strikes one in every five adults and 300,000 children. To conquer this disease, the Arthritis Foundation provides support tools, scientific discovery, advocacy, and other vital programs and services.

For more information, visit: [arthritis.org](http://arthritis.org)

American Academy of Otolaryngology  
- Head and Neck Surgery

## Better Hearing and Speech Month

5/1/2025 - 5/31/2025

May is Better Hearing and Speech Month, an entire month dedicated to two essential communication tools that can be affected by medical conditions.

For more information, visit: <https://www.entnet.org/about-us/campaigns/spotlight-on-hearing-health/>

Oncology Nursing Society

## Oncology Nursing Month

5/1/2025 - 5/31/2025

Oncology nurses are caregivers with clinical knowledge and technical expertise, but they're also much more. They're teachers, listeners, and someone to lean on. They help people through some of the most trying times of their lives.

For more information, contact: Customer Relations | Oncology Nursing Society | 412-859-6100 | [help@ons.org](mailto:help@ons.org)

For more information, visit: [ons.org/make-difference/celebrate-oncology-nursing/oncology-nursing-month](https://ons.org/make-difference/celebrate-oncology-nursing/oncology-nursing-month)

National Psoriasis Foundation

## Psoriatic Arthritis Action Month

5/1/2025 - 5/31/2025

The National Psoriasis Foundation (NPF) sponsors Psoriatic Arthritis Action Month, which raises awareness about psoriatic arthritis and helps people understand the best way to manage their psoriatic arthritis. Affecting as many as 2.4 million Americans, Psoriatic arthritis (PsA) is a chronic, inflammatory form of arthritis that can cause swelling, stiffness, and pain in and around the joints. Roughly, one in three people with psoriasis may develop PsA, and studies show that delaying the treatment of PsA for as little as six months could result in irreversible and permanent joint damage.

For more information, contact: National Psoriasis Foundation | [media@psoriasis.org](mailto:media@psoriasis.org)

For more information, visit: [psoriasis.org/psa-action-month](https://psoriasis.org/psa-action-month)

National Stroke Association

## National Stroke Awareness Month

5/1/2025 - 5/31/2025

A stroke can happen to anyone, at any time, and at any age. Every 40 seconds someone has a stroke in the US. The National Stroke Association (NSA), founded in 1984, supports stroke rehabilitation and prevention efforts, and offers largely free education, resources, services, and legislative advocacy focused on the needs of stroke survivors, caregivers, and healthcare professionals. Help raise awareness about the importance of managing stroke risk factors and understanding stroke symptoms.

Social: @NationalStrokeAssociation  
| #StrokeAwarenessMonth

For more information, visit: [stroke.org](https://stroke.org)

Lupus Foundation of America

## Lupus Awareness Month

5/1/2025 - 5/31/2025

Lupus is one of the cruelest, most mysterious diseases on earth. It strikes without warning, has unpredictable and sometimes fatal effects, lasts a lifetime, and has no known cause or cure.

Social: @lupusorg

For more information, visit: <https://www.lupus.org/lupus-awareness-month>

SHAPE America

## National Physical Education and Sport Week

5/1/2025 - 5/7/2025

National Physical Education and Sport Week is a celebration of school physical education and sport programs across the country. It is hosted by SHAPE America-Society of Health and Physical Educators.

Social: @SHAPE\_America | #BigFeats

For more information, visit: [shapeamerica.org](https://shapeamerica.org)

Medical Fitness Association

## Medical Fitness Week

5/4/2025 - 5/11/2025

During Medical Fitness Week, the Medical Fitness Association offers two unique programs designed to help medical fitness centers increase physical activity levels in all ages within their communities. The MOVE150 program focuses on getting participants moving, regardless of their abilities. The WALK10K program is a walking challenge that has experienced tremendous success. Complimentary marketing materials are available as well as a guide with tips and best practices.

Social: #MedicalFitnessWeek

For more information, contact: Mariann Murphy  
| Medical Fitness Association | 844-312-3541  
| [mariann.murphy@medicalfitness.org](mailto:mariann.murphy@medicalfitness.org)

For more information, visit: [medicalfitness.org](https://medicalfitness.org)

American Academy of Dermatology

## Melanoma Monday

5/5/2025 - 5/5/2025

Melanoma Monday® is a day dedicated to raising awareness for the deadliest form of skin cancer.

For more information, contact: Nicole DiVito  
| American Academy of Dermatology | 247-240-1746 | [mediarelations@aad.org](mailto:mediarelations@aad.org)

For more information, visit: [SpotSkinCancer.org](https://SpotSkinCancer.org)

American Lung Association

## World Asthma Day

5/6/2025 - 5/6/2025

World Asthma Day honors those who have asthma by raising awareness and knowledge of asthma. Take the American Lung Association's free online learning course, Asthma Basics.

Social: @LungAssociation, @lungassociation,  
@americanlungassociation | #asthma,  
#WorldAsthmaDay

For more information, contact: American Lung Association | 1.800-586-4872

For more information, visit: [lung.org](https://lung.org)



American Nurses Association

## National Nurses Week

5/6/2025 - 5/12/2025

Held annually since 1954, National Nurses Week was founded by the American Nurses Association (ANA) to celebrate the role nurses play in delivering high-quality care to patients around the world. ANA offers a free downloadable resource toolkit, gifts, and giveaways, plus a continuing education webinar hospitals can use to recognize and celebrate their nursing teams.

For more information, visit: [nursingworld.org/nationalnursesweek](https://nursingworld.org/nationalnursesweek)

World Maternal Mental Health Day

## World Maternal Mental Health Day

5/7/2025 - 5/7/2025

A global awareness day to recognize Maternal Mental Health Care.

Social: @worldmmhday | #maternalMHmatters, #worldMMHday, #strongertogether

For more information, contact: Aysha Naziri | World Maternal Mental Health Day | [maternalmhday@gmail.com](mailto:maternalmhday@gmail.com)

For more information, visit: [wmmhday.postpartum.net](https://wmmhday.postpartum.net)

American Trauma Society

## Trauma Registry Professionals Day

5/7/2025 - 5/7/2025

We recognize that Trauma Registry Professionals are vital to providing care to the injured as part of the trauma team and the advancement of trauma registry. As the leader in trauma registry, the ATS understands the value of the work our professionals perform day in and day out. We ask you to join us in a show of appreciation and support for your Trauma Registry Professionals and the members of our team throughout the nation.

Social: @ATSTrauma | #TraumaRegistryProfessionalsDay

For more information, contact: McKenzie

Riley | American Trauma Society | 703-538-3557 | [mriley@amtrauma.org](mailto:mriley@amtrauma.org)

For more information, visit: [amtrauma.org](https://amtrauma.org)

National Association of School Nurses

## National School Nurse Day

5/7/2025 - 5/7/2025

National School Nurse Day is a time to celebrate the specialty practice of school nursing. The National Association of School Nurses (NASN) applauds the contributions school nurses make every day to improve the safety, health, and academic success of all students.

Social: @schoolnurses

For more information, contact: Carol Walsh | National Association of School Nurses | 240-247-1615 | [cwalsh@nasn.org](mailto:cwalsh@nasn.org)

For more information, visit: [nasn.org](https://nasn.org)

Lupus Foundation of America

## World Lupus Day

5/10/2025 - 5/10/2025

World Lupus Day is an international collaborative observance sponsored by more than 200 lupus organizations around the world. More than 5 million people are living with lupus, a chronic and life-threatening autoimmune disease.

Central to the observance is the issuance by governments at all levels of World Lupus Day proclamations and a petition to international health agencies to heighten awareness of lupus.

Social: @lupusorg

For more information, visit: [worldlupusday.org](https://worldlupusday.org)

Sepsis Alliance

## Maternal Sepsis Week

5/11/2025 - 5/17/2025

Maternal sepsis is a life-threatening medical emergency defined as organ dysfunction resulting from infection during pregnancy, childbirth, post-abortion, miscarriage, or the postpartum period. Maternal Sepsis Week is

an annual observance to raise awareness of the unique signs and symptoms of maternal sepsis. We also dedicate this week to sharing survivors' personal experiences and remembering the loved ones lost to maternal sepsis.

Social: @SepsisAlliance | #SepsisAwareness, #MaternalSepsisWeek2025, #SepsisSurvivor

For more information, contact: Alexandria Sadorf Colvin | Sepsis Alliance | 619-233-0300 | [acolvin@sepsis.org](mailto:acolvin@sepsis.org)

For more information, visit: [sepsis.org](https://sepsis.org)

U.S. Department of Health and Human Services, Office on Women's Health (OWH)

## National Women's Health Week

5/11/2025 - 5/17/2025

This observance aims to highlight women's health issues and priorities and encourage women of all ages to prioritize their physical, mental, and emotional well-being. Throughout the week, OWH will provide health information, resources, and a ready-to-use toolkit so that women can support their unique needs at every stage of life.

Social: @womenshealth, @WomensHealthgov, @HHSOWH | #NWHW

For more information, contact: HHS Office on Women Health | 1-800-994-9662 | [Womenshealth@hhs.gov](mailto:Womenshealth@hhs.gov)

For more information, visit: [womenshealth.gov](https://womenshealth.gov)

American Hospital Association (AHA)

## National Hospital Week

5/11/2025 - 5/17/2025

National Hospital Week is an opportunity to highlight our hospitals, health systems and health care workers and the innovative ways they are supporting the needs of their community members. This important week gives us all the opportunity to highlight our hospitals, health systems and health care workers and the innovative ways they are supporting the needs of their community.

Social: @ahahospitals |

#wearehealthcare, #hospitalweek

For more information, contact: Emily Gustafson | American Hospital Association | [egustafson@aha.org](mailto:egustafson@aha.org)

For more information, visit: [aha.org/ahia/get-involved/national-hospital-week](https://aha.org/ahia/get-involved/national-hospital-week)

American Association of Neuroscience Nurses (AANN)

## Neuroscience Nurses Week

5/11/2025 - 5/17/2025

Neuroscience Nurses Week is celebrated during the third week of May each year. During this special week, employers, patients, and others can pay tribute to neuroscience nurses.

Social: @neuronursesann | #NNW

For more information, contact: Allison Begezda | American Association of Neuroscience Nurses (AANN) | 847-375-4733 | [info@aann.org](mailto:info@aann.org); [abegezda@aann.org](mailto:abegezda@aann.org)

For more information, visit: [AANN.org/NNW](https://AANN.org/NNW)

Food Allergy Research & Education (FARE)

## Food Allergy Awareness Week

5/11/2025 - 5/17/2025

In 1998, the Food Allergy & Anaphylaxis Network, now known as FARE (Food Allergy Research & Education), created Food Allergy Awareness Week to educate the public about food allergies, a potentially life-threatening medical condition. This is a special opportunity to shine a spotlight on food allergies and anaphylaxis.

Social: @FoodAllergy

For more information, contact: Food Allergy Research & Education (FARE) | 800-929-4040 | [contactfare@foodallergy.org](mailto:contactfare@foodallergy.org); [imonteiro@foodallergy.org](mailto:imonteiro@foodallergy.org)

For more information, visit: <https://www.foodallergy.org/our-initiatives/awareness-campaigns/food-allergy-awareness-week>

American Health Care Association

## National Skilled Nursing Care Week

5/11/2025 - 5/17/2025

Established by the American Health Care Association (AHCA) in 1967, National Nursing Home Week provides an opportunity for residents and their loved ones, staff, volunteers, and surrounding communities to celebrate the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities.

Social: #NNHW

For more information, visit: <https://www.ahcancal.org/Education-Events/Pages/NSNCW.aspx>

National Fibromyalgia & Chronic Pain Association

## Fibromyalgia Awareness Day

5/12/2025 - 5/12/2025

National Fibromyalgia Awareness Day seeks to help patients and organizations educate the general public, healthcare professionals, government officials, and legislative bodies. The National Fibromyalgia & Chronic Pain Association's (NFCPA) annual Together Walks is the rally cry for fibromyalgia patients and supporters to make their collective voice heard.

For more information, visit: <https://www.fmaware.org/fibromyalgia-awareness-day-history/>

Association For Healthcare Documentation Integrity (AHD)

## Healthcare Documentation Integrity Week

5/18/2025 - 5/24/2025

Healthcare Documentation Integrity Week is a week-long event to recognize the contributions health care documentation specialists make in helping to ensure complete and accurate patient health records.

Social: @AHD

For more information, contact: Member Services | Association For Healthcare Documentation Integrity | 800-982-2182 | [ahdi@ahdionline.org](mailto:ahdi@ahdionline.org)

For more information, visit: [ahdionline.org](http://ahdionline.org)

Hepatitis Foundation International

## National Hepatitis Testing Day

5/19/2025 - 5/19/2025

National Hepatitis Testing Day is a chance to remind healthcare professionals and the public about who should be tested for viral hepatitis. Millions of Americans have chronic viral hepatitis, but most of them do not know they are infected.

Social: @HFIconnect | #NationalHepatitisTestingDay

For more information, contact: Hepatitis Foundation International | 800-891-0707 | [info@hepatitisfoundation.org](mailto:info@hepatitisfoundation.org); [jrich@hepatitisfoundation.org](mailto:jrich@hepatitisfoundation.org)

For more information, visit: [hepatitisfoundation.org](http://hepatitisfoundation.org)

International Foundation for Autoimmune & Autoinflammatory Arthritis (AiArthritis)

## World Autoimmune & Autoinflammatory Arthritis Day

5/20/2025 - 5/20/2025

Established to raise awareness about the AUTOimmune and AUTOinflammatory diseases that include inflammatory-driven arthritis (AiArthritis) as a major clinical component.

Social: @aiarthritisd, @WAutoimmuneAD | #aiarthritisd

For more information, contact: Leila Valet | AiArthritis | 877-609-4226 | [leila@aiarthritisd.org](mailto:leila@aiarthritisd.org); [info@aiarthritisd.org](mailto:info@aiarthritisd.org)

For more information, visit: [aiarthritisd.org/aiarthritisd](http://aiarthritisd.org/aiarthritisd)

Arthritis Foundation

## **National Gout Awareness Day**

5/22/2025 - 5/22/2025

Gout is the most common inflammatory arthritis among men and affects about 8.3 million individuals. The Arthritis Foundation offers educational materials and tools to help patients with gout and their physicians work together to successfully manage the disease.

Social: @ArthritisFdn, @ArthritisFoundation

For more information, contact: Claire Villines | Arthritis Foundation | 404-872-7100 | [cvillines@arthritis.org](mailto:cvillines@arthritis.org)

For more information, visit: [arthritis.org](http://arthritis.org)

Mature Market Resource Center

## **National Senior Health & Fitness Day**

5/28/2025 - 5/28/2025

National Senior Health & Fitness Day is the nation's largest older adult health and wellness event, always held the last Wednesday in May. The 32nd annual event will be held Wednesday, May 28, 2025. On this day, more than 1,000 local groups will host health and wellness activities for 100,000+ seniors across the U.S. The National Senior Health & Fitness Day name and logo are federal trademarks and may only be used by organizations that are registered for the event.

Social: @fitnessday

For more information, contact: Patricia Ford | Mature Market Resource Center | 800-828-8225 | [info@fitnessday.com](mailto:info@fitnessday.com)

For more information, visit: [fitnessday.com](http://fitnessday.com)



experience migraine & headache disease. According to the WHO: *“headache is ranked third in overall neurological disease burden...and has been underestimated, under-recognized and under-treated.”* #MHAM provides awareness and education in order to decrease stigma, and to elevate understanding of the profoundly disabling impact the constellation of symptoms may have on daily living. Advocacy organizations dedicated to migraine & headache disease will deliver daily inspiration and learnings throughout June.

Social: @NHF, @NationalHeadacheFoundation | #MHAM

For more information, contact: Digital Media & Communications | National Headache Foundation | 312-274-2650 | [media@headaches.org](mailto:media@headaches.org)

For more information, visit: <https://headaches.org/mham-and-beyond>

Echosens

## Liver Health Matters Month

6/1/2025 - 6/30/2025

Most people are unaware of the importance of liver health, the looming epidemic of nonalcoholic fatty liver disease (NAFLD) and nonalcoholic steatohepatitis (NASH), the critical need for identifying, assessing, and monitoring liver fat and stiffness, and preventing disease progression. The relationship between obesity and liver health is also significant. Liver Health Matters, a month-long initiative, will heighten recognition of the need to monitor their risk for fatty liver disease through annual screening programs and point-of-care noninvasive testing.

Social: @Echosens | #liverhealthmatters

For more information, contact: Brittany Tedesco | CPR on behalf of Echosens | 201-641-1911 x 14 | [btedesco@cpronline.com](mailto:btedesco@cpronline.com)

For more information, visit: <https://www.echosens.com/>

National Headache Foundation

## National Migraine & Headache Awareness Month

6/1/2025 - 6/30/2025

Over 50 million Americans (1 in 4 households)

Scleroderma Foundation

## Scleroderma Awareness Month

6/1/2025 - 6/30/2025

Scleroderma Awareness Month is a time for us to speak up and raise awareness for the scleroderma community. Scleroderma affects hundreds of thousands across the United States, and there is evidence that it affects the African American community more severely. We'll continue to be a voice for scleroderma, but we'll also be a voice for social change, justice, and equality for all. We're here supporting you, and we'll keep listening, learning and standing alongside you.

For more information, visit: [scleroderma.org](https://scleroderma.org)

Alzheimer's Association

## Alzheimer's & Brain Awareness Month

6/1/2025 - 6/30/2025

Alzheimer's and Brain Awareness Month is an opportunity to join the global conversation about the brain, Alzheimer's disease, and other dementias. Everyone is at risk to develop Alzheimer's, a fatal disease that cannot be prevented, cured, or even slowed. During the month of June, the Alzheimer's Association asks people around the world to

“go purple” and fight Alzheimer’s disease.

Social: @alzassociation | #ENDALZ

For more information, visit: [alz.org/abam/overview.asp](https://www.alz.org/abam/overview.asp)

Prevent Blindness

## Cataract Awareness Month

6/1/2025 - 6/30/2025

Cataract is the leading cause of blindness in the world. There are close to 22.3 million Americans age 40 and older with cataracts. More than half of all Americans will have cataracts by age 80. Prevent Blindness will offer tips about prevention and information about surgery.

Social: @PBA\_SavingSight

For more information, contact: Prevent Blindness | 800-331-2020 | [info@preventblindness.org](mailto:info@preventblindness.org)

For more information, visit: [PreventBlindness.org](https://www.preventblindness.org)

US Department of Veterans Affairs

## PTSD Awareness Month

6/1/2025 - 6/30/2025

Even though PTSD treatments work, most people who have PTSD don’t get the help they need. June is PTSD Awareness Month. Help us spread the word that effective PTSD treatments are available. Everyone with PTSD — whether they are Veterans or civilian survivors of sexual assault, serious accidents, natural disasters, or other traumatic events — needs to know that treatments really do work and can lead to a better quality of life.

Social: @VAPTSD | #PTSDawareness

For more information, contact: National Center for PTSD | US Department of Veterans Affairs | 802-296-5132 | [ncptsd@va.gov](mailto:ncptsd@va.gov)

For more information, visit: [ptsd.va.gov](https://www.ptsd.va.gov)

National Aphasia Association

## National Aphasia Awareness Month

6/1/2025 - 6/30/2025

Aphasia is an acquired communication disorder

that impairs a person’s ability to process language but does not affect intelligence. Aphasia impairs the ability to speak and understand others, and most people with aphasia experience difficulty reading and writing. National Aphasia Awareness Month seeks to raise awareness of this common but little-known disorder.

Social: @NatAphasiaAssoc | #aphasiachallenge

For more information, contact: [naa@aphasia.org](mailto:naa@aphasia.org)

For more information, visit: <https://aphasia.org/stories/june-aphasia-awareness-month/>

WorldHealth.Net

## Hernia Awareness Month

6/1/2025 - 6/30/2025

Each year, approximately 750,000 Americans seek treatment for a hernia, yet experts believe hundreds of thousands suffer in silence, primarily because they fear surgery. National Hernia Awareness Month is observed each June in order to raise public awareness about hernias and the latest available treatments.

For more information, visit: <https://worldhealth.net/news/recognizing-hernia-awareness-month-june/>

National Cancer Survivors Day Foundation

## National Cancer Survivors Day

6/1/2025 - 6/1/2025

National Cancer Survivors Day (NCSA) is an annual celebration of life that is held in hundreds of communities. Participants unite in a symbolic event to show the world that life after a cancer diagnosis can be meaningful and productive. In most areas, NCSA is traditionally observed on the first Sunday in June, although this is not always possible because of scheduling conflicts and time differences. In 2025, NCSA is celebrating its 38th year.

Social: @SurvivorsDay, @CancerSurvivorsDay | #NCSA2025, #NationalCancerSurvivorsDay, #CancerSurvivorsDay

For more information, contact: Paula Chadwell | National Cancer Survivors Day Foundation | 615-794-3006 | [info@ncsd.org](mailto:info@ncsd.org)

For more information, visit: [ncsd.org](http://ncsd.org)

Men's Health Network

## Men's Health Week

6/2/2025 - 6/8/2025

Led by Men's Health Network, representatives from six leading men's health organizations around the world met at the 2nd World Congress on Men's Health in Vienna, Austria in 2002 and resolved to work together to launch International Men's Health Week (IMHW). The goal is to increase awareness of male health issues on a global level and to encourage inter- and intra-national institutions to develop health policies and services that meet the specific needs of men, boys, and their families.

Social: @MensHlthNetwork, @MensHealthWeek | #MHWeek, #menshealthweek, #WearBlue, #MHW

For more information, contact: Jennifer Thompson | Men's Health Network | 202-543-6461 x109 | [communications@menshealthnetwork.org](mailto:communications@menshealthnetwork.org)

For more information, visit: [menshealthweek.org](http://menshealthweek.org)

WorldEatingDisordersDay.org

## World Eating Disorders Action Day

6/2/2025 - 6/2/2025

World Eating Disorders Action Day was founded in 2015 by a handful of advocates who wanted to bring together global citizens in the fight against eating disorders. This groundbreaking global movement works to unite activists around the world, dispel eating disorder myths, and inspire change. The mission is to advance understanding of eating disorders as serious, treatable illnesses.

Social: #RealHope&Recovery, #WeDoActNow2025, #Science4Ed, #WorldEatingDisordersDay2025

For more information, contact: [WorldEatingDisordersDay.org](http://WorldEatingDisordersDay.org) | 304-433-7999 | [worldeatingdisorderday@gmail.com](mailto:worldeatingdisorderday@gmail.com)

For more information, visit: [worldeatingdisordersday.org](http://worldeatingdisordersday.org)

National Association for Health Care Recruitment (NAHCR)

## National Health Care Recruiter Recognition Day

6/3/2025 - 6/3/2025

National Health Care Recruiter Recognition Day, which always falls on the first Tuesday in June, is a great way to promote the contribution health care recruiters make to their organizations every day.

For more information, contact: NAHCR Headquarters | [info@nahcr.com](mailto:info@nahcr.com)

For more information, visit: [nahcr.com](http://nahcr.com)

AHA Community Health Improvement (ACHI)

## Community Health Improvement (CHI) Week

6/9/2025 - 6/13/2025

AHA and AHA Community Health Improvement (ACHI) invite you to join them for Community Health Improvement Week 2025, a time to celebrate and honor those working in partnership to improve the health and well-being of individuals and communities. For more than a decade, #CHIWeek has highlighted and elevated the commitment and work of community and population health leaders and their local partners across the country.

Social: @communityhlth | #CHIWeek

For more information, contact: Samantha Borow | American Hospital Association | 312-422-2620 | [sborow@aha.org](mailto:sborow@aha.org)

For more information, visit: [aha.org/chiweek](http://aha.org/chiweek)

The National Association of Health Care Assistants

## National Nursing Assistants Week

6/12/2025 - 6/18/2025

National Nursing Assistants' Week (NAWeek) recognizes the unique contributions of nursing assistants and other care

workers who provide daily care in nursing homes and other LTC settings.

Social: #NursingAssistantsWeek

For more information, contact: Genevieve A Gipson | Career Nurse Assistants Programs, Inc / National Network of Career Nurse Assistants | 330-825-9342 | [cnajeni@aol.com](mailto:cnajeni@aol.com)

For more information, visit: <https://blog.nahcacna.org/cna-week/>

Men's Health Network

## **Wear Blue Friday**

6/13/2025 - 6/13/2025

Wear BLUE Day is a part of the year-round Wear BLUE® awareness campaign that was created by Men's Health Network to raise awareness about the importance of male health and encourage men to live longer and healthier lives and give women an opportunity to encourage them to do so.

Social: @MensHlthNetwork | #ShowUsYourBlue, #WearBlue

For more information, contact: Jennifer Thompson | Men's Health Network (MHN) | 202-543-6461 x109 | [communications@menshealthnetwork.org](mailto:communications@menshealthnetwork.org)

For more information, visit: [menshealthnetwork.org/wearblue](https://menshealthnetwork.org/wearblue)

World Health Organization

## **World Blood Donor Day**

6/14/2025 - 6/14/2025

World Blood Donor Day is celebrated annually on June 14 with the aim of thanking blood donors and encouraging individuals to pledge to donate blood regularly. Additionally, World Blood Donor Day raises awareness of the need for blood and to improve the safety and adequacy of the blood supply globally.

Social: @americasblood | #WBDD, #WorldBloodDonorDay

For more information, contact: [pr@americasblood.org](mailto:pr@americasblood.org) | America's Blood Centers | 202-974-3000 | [mbenton@americasblood.org](mailto:mbenton@americasblood.org)

For more information, visit: [who.int/campaigns/world-blood-donor-day](https://who.int/campaigns/world-blood-donor-day)

National Recreation and Park Association

## **American Family Health & Fitness Day**

6/14/2025 - 6/14/2025

Celebrated the second Saturday of June each year, Family Health & Fitness Day promotes the importance of parks and recreation in keeping communities healthy.

Social: @NRPA\_News | #NRPAFamilyFitDay

For more information, contact: Heather Williams | National Recreation and Park Association | 703-858-4743 | [hwilliams@nrpa.org](mailto:hwilliams@nrpa.org)

For more information, visit: [nrpa.org/familyfitness](https://nrpa.org/familyfitness)

American Society for Health Care Risk Management (ASHRM)

## **Health Care Risk Management Week**

6/16/2025 - 6/20/2025

This annual event, held in the third full week of June, is the time to show your appreciation for health care risk management professionals in your organization and your community.

Social: @ASHRMAHA | #HRMWeek

For more information, contact: American Society for Healthcare Risk Management (ASHRM) | American Hospital Association | 312-422-3980 | [ashrm@aha.org](mailto:ashrm@aha.org)

For more information, visit: [ashrm.org/resources/hrm-week](https://ashrm.org/resources/hrm-week)



National Center for PTSD, US  
Department of Veterans Affairs

## **National PTSD Awareness Day**

6/27/2025 - 6/27/2025

PTSD is a condition that many veterans and non-veterans alike suffer. PTSD can occur when someone experiences or witnesses a traumatic event. In 2010, Senator Kent Conrad pushed to get official recognition of PTSD via a “*day of awareness*” in tribute to Staff Sergeant Joe Biel, a North Dakota National Guard member who took his life after suffering PTSD from two tours in Iraq. PTSD Awareness Day is observed every year on June 27th, SSgt. Biel’s birthday.

Social: @VA\_PTSD\_Info

For more information, contact: National Center for PTSD, US Department of Veterans Affairs | 802-296-6300 | [ncptsd@va.gov](mailto:ncptsd@va.gov)

For more information, visit: [veteran.com/ptsd-awareness-day](https://www.veteran.com/ptsd-awareness-day)

National Scleroderma Foundation

## **World Scleroderma Day**

6/29/2025 - 6/29/2025

For 25 years, the National Scleroderma Foundation has recognized June as Scleroderma Awareness Month, marking it with awareness and fundraising events, as well as obtaining presidential, state, and local recognition. The Foundation joins the Federation of European Scleroderma Associations and other international scleroderma organizations in observing June 29 as World Scleroderma Day.

Social: @scleroderma, @sclerodermaus | #KnowScleroderma, #SclerodermaAwareness

For more information, contact: Mission Delivery Department | National Scleroderma Foundation | 800-722-4673 | [sfinfo@scleroderma.org](mailto:sfinfo@scleroderma.org)

For more information, visit: [scleroderma.org](https://www.scleroderma.org)

Parent's Guide to Cord Blood Foundation

## **Cord Blood Awareness Month**

7/1/2025 - 7/31/2025

Cord Blood Awareness month educates about the medical value of the stem cells in a baby's umbilical cord blood, umbilical cord tissue, and placenta. Parents can bank these stem cells privately for use by their own family, or donate them to public banks for use by patients in need of a stem cell transplant.

Social: @Parents.Guide.Cord.Blood

For more information, contact: Frances Verter | Parent's Guide to Cord Blood Foundation | 240-408-4915 | [info@parentsguidecordblood.org](mailto:info@parentsguidecordblood.org)

For more information, visit: [parentsguidecordblood.org](http://parentsguidecordblood.org)

U.S. Department of Health and Human Services, Office of Minority Health (OMH)

## **National Minority Mental Health Awareness Month**

7/1/2025 - 7/31/2025

National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. The COVID-19 pandemic has made it harder for racial and ethnic minority groups to get access to mental health and substance-use treatment services. Throughout the month, the HHS Office of Minority Health (OMH) will focus on promoting tools and resources addressing the stigma about mental health among racial and ethnic minority populations, particularly during the COVID-19 pandemic.

Social: @MinorityHealth, @OMH\_Espanol | #MinorityMentalHealth

For more information, visit: [minorityhealth.hhs.gov/minority-mental-health](http://minorityhealth.hhs.gov/minority-mental-health)

American Academy of Ophthalmology

## **UV Safety Month**

7/1/2025 - 7/31/2025

Studies show that long-term exposure to bright sunlight may increase the risk of cataracts and growths on the eye, including cancer. UV rays reflected off sand and water can cause eyes to sunburn, potentially resulting in temporary blindness in just a few hours. The American Academy of Ophthalmology (AAO) reminds the public of the importance of shielding eyes from the sun's harmful rays with 100% UV-blocking sunglasses and broad-brimmed hats.

For more information, visit: [aao.org](http://aao.org)

Arthritis Foundation

## **Juvenile Arthritis Awareness Month**

7/1/2025 - 7/31/2025

Juvenile arthritis affects nearly 300,000 children in the United States. Juvenile Arthritis Awareness Month spotlights juvenile arthritis to educate the public about the seriousness of arthritis in kids, and its impact on the lives of children, teens, and families.

For more information, visit: [arthritis.org/home](http://arthritis.org/home)

Hepatitis Foundation International

## **World Hepatitis Day**

7/28/2025 - 7/28/2025

World Hepatitis Day aims to raise global awareness of hepatitis—a group of infectious diseases known as Hepatitis A, B, C, D, and E—and encourage prevention, diagnosis, and treatment for everyone.

Social: @HFIconnect

For more information, visit: <https://hepatitisfoundation.org/#>

# AUGUST

RETURN TO START

National Multicultural Organ, Eye and Tissue Donation Action Group

## National Minority Donor Awareness Month

8/1/2025 - 8/31/2025

National Minority Donor Awareness Month is a collaborative initiative of the National Organ, Eye and Tissue Donation Multicultural Action Group (NMAG) – American Association of Tissue Banks (AATB), Association for Multicultural Affairs in Transplantation (AMAT), Association of Organ Procurement Organizations (AOPO), Donate Life America (DLA), Eye Bank Association of America (EBAA), Health Resources & Services Administration (HRSA), National Minority Organ Tissue Transplant Education Program (MOTTEP), and National Kidney Foundation (NKF) to save and improve the quality of life of diverse communities by creating a positive culture for organ, eye, and tissue donation. Outreach activities during this month include events to provide donation education, encourage donor registration, and promote healthy living and disease prevention to decrease the need for transplantation.

For more information, contact: Hilary Kleine Czarda | Donate Life America | 804-377-3580

For more information, visit: [DonateLife.net](https://www.donatelife.net)

American Lung Association

## National Immunization Awareness Month

8/1/2025 - 8/31/2025

Vaccines aren't just for kids. Approximately 40,000 to 50,000 adults in the US die from vaccine-preventable infectious diseases or their complications each year. During National Immunization Awareness Month, make sure you're up to date on your vaccinations.

Social: @LungAssociation

For more information, visit: [lung.org/flu](https://lung.org/flu) | [lung.org/lung-health-diseases/wellness/vaccines](https://lung.org/lung-health-diseases/wellness/vaccines)

National Psoriasis Foundation

## Psoriasis Action Month

8/1/2025 - 8/31/2025

Psoriasis is a debilitating disease that impacts more than 8 million individuals in the U.S. and 125 million people worldwide. Psoriasis Action Month was created to generate awareness of the disease and to provide resources and information for people living with psoriasis.

Social: @National.Psoriasis.Foundation, @NPF | #ThisIsPsoriasis, #PsOActionMonth, #PsoriasisActionMonth, #NPF

For more information, contact: National Psoriasis Foundation | 800-723-9166 | [info@psoriasis.org](mailto:info@psoriasis.org); [mmills@psoriasis.org](mailto:mmills@psoriasis.org)

For more information, visit: [psoriasis.org](https://www.psoriasis.org)

American Association of Neurological Surgeons

## Neurosurgery Awareness Month

8/1/2025 - 8/31/2025

The goal of #NeurosurgeryAwarenessMonth is to bring neurological conditions to the forefront and share knowledge that will enlighten the public to what it means to live with and be treated for these conditions.

Social: @AANSNeuro | #NeurosurgeryAwarenessMonth

For more information, contact: Alice Kelsey, Communications Department | American Association of Neurological Surgeons | 847-378-0500 | [info@aans.org](mailto:info@aans.org); [aik@aans.org](mailto:aik@aans.org)

For more information, visit: [aans.org/en/Media/Neurosurgery-Awareness-Month](https://aans.org/en/Media/Neurosurgery-Awareness-Month)

American Academy of Ophthalmology

## Children's Eye Health and Safety Month

8/1/2025 - 8/31/2025

Children are susceptible to a host of vision and eye problems, such as injury, infection, and increased nearsightedness. In support of Children's Eye Health and Safety Month in August, the American Academy of Ophthalmology (AAO) provides information to the public that can help protect and preserve a child's eye health for life.

For more information, visit: [aao.org](https://www.aao.org)

Cure SMA

## Spinal Muscular Atrophy (SMA) Awareness Month

8/1/2025 - 8/31/2025

Spinal muscular atrophy (SMA) is a progressive neurodegenerative disease that affects the motor nerve cells in the spinal cord and impacts the muscles used for activities such as breathing, eating, crawling, and walking. SMA Awareness Month is meant to increase awareness of the rare disease known as SMA.

Social: @curesmaorg, @cureSMA | #SMAawarenessmonth

For more information, visit: [curesma.org](https://curesma.org)

National Association of Community Health Centers

## National Health Center Week

8/10/2025 - 8/16/2025

Every year, the National Association of Community Health Centers (NACHC) joins together with state primary care associations to showcase the work health centers do and deliver a strong message nationwide for health centers and their patients. During this week, we celebrate the long record of success and delivery of high-quality, cost-effective and accessible care across the nation.

Social: @HCAAdvocacy

For more information, visit: [healthcenterweek.org](https://healthcenterweek.org)

National Association of Health Unit Coordinators, Inc. (NAHUC)

## Health Unit Coordinator Recognition Week

8/23/2025 - 8/29/2025

This week is dedicated to recognizing the contributions of health unit coordinators to the healthcare team. The National Association of Health Unit Coordinators (NAHUC) is dedicated to promoting health unit coordinating as a profession through education, certification, and compliance with the NAHUC standards of practice,

standards of education, and code of ethics.

Social: @nahucoffice, @nahuc | #CHUC, #huconf

For more information, contact: Patricia Rice | National Association of Health Unit Coordinators, Inc. (NAHUC) | 815-633-4351 | [OFFICE@NAHUC.ORG](mailto:OFFICE@NAHUC.ORG)

For more information, visit: [nahuc.org](https://nahuc.org)

AMA Alliance and AMA

## Physician Family Day

8/30/2025 - 8/30/2025

A joint proclamation by the AMA and AMA Alliance to designate the last Saturday in August as a national day of celebration and recognition of our dedicated physicians and the continuous quality health care they provide, without regard for their own personal needs; to promote re-engagement and connection with colleagues, friends, and families, in the understanding that self-care is a necessary part of caring for patients.

Social: #physicianfamilyday, #physicianfamilystrong

For more information, contact: AMA Alliance, Inc | AMA Alliance and AMA | 800-549-4619 | [admin@amaalliance.org](mailto:admin@amaalliance.org); [suanngreco@sbcglobal.net](mailto:suanngreco@sbcglobal.net)

For more information, visit: [amaalliance.org](https://amaalliance.org)

Penington Institute

## International Overdose Awareness Day

8/31/2025 - 8/31/2025

The world's annual campaign to end overdose, remember without stigma those who have died, and acknowledge the grief of the family and friends left behind.

Social: @InternationalOverdoseAwarenessDay, @OverdoseDay, @OverdoseAwarenessDay, @OverdoseTribute | #EndOverdose

For more information, contact: Communications Department | Penington Institute | [info@overdoseawarenessday.com](mailto:info@overdoseawarenessday.com)

For more information, visit: [overdoseday.com/](https://overdoseday.com/)

# SEPTEMBER

RETURN TO START



Juvenile Products Manufacturers Association (JPMA)

## Baby Safety Month

9/1/2025 - 9/30/2025

JPMA initiated Baby Safety Month to educate parents and caregivers on the importance of the safe use and selection of juvenile products. The campaign started in 1983 when JPMA initiated "Expectant Mother's Day." In 1986, it was extended to a week-long celebration, until 1991, when JPMA sponsored the first "Baby Safety Awareness Month." Since then, every September has been designated as Baby Safety Month.

Social: @BSMJPMA, @JPMAParents

For more information, contact: Amy Chezem | Juvenile Products Manufacturers Association (JPMA) | 609-410-6590 | [achezem@jpma.org](mailto:achezem@jpma.org)

For more information, visit: [babysafetymonth.org](http://babysafetymonth.org)

Sepsis Alliance

## Sepsis Awareness Month

9/1/2025 - 9/30/2025

In 2011, Sepsis Alliance designated September as Sepsis Awareness Month. Every September since, we've invited individuals, healthcare professionals in every area of medicine, and organizations big and small to help save lives by raising awareness of the leading

cause of death in U.S. hospitals – SEPSIS.

Social: @SepsisAlliance | #SepsisAwareness, #SAM2025, #SepsisAwarenessMonth, #SepsisSurvivor

For more information, contact: Alexandria Sadorf Colvin | Sepsis Alliance | 619-233-0300 | [acolvin@sepsis.org](mailto:acolvin@sepsis.org)

For more information, visit: [sepsis.org](http://sepsis.org)

Healthy Aging®

## September is Healthy Aging® Month

9/1/2025 - 9/30/2025

Healthy Aging® Month is an annual observance focusing national attention on the positive aspects of growing older. The main objective of Healthy Aging® Month is to encourage local Healthy Aging® events that promote taking personal responsibility for one's health—physically, socially, mentally, and financially.

Social: #healthyaging, #healthyagingmonth

For more information, contact: Information Specialist | Healthy Aging® | 610-793-0979 | [info@healthyaging.net](mailto:info@healthyaging.net)

For more information, visit: [healthyaging.net](http://healthyaging.net)

American Academy of Implant Dentistry

## Dental Implant Month

9/1/2025 - 9/30/2025

Dental Implant Month educates the public about dental implants—the standard of care for replacing missing teeth. Many options exist for tooth replacement, but only one—dental implants—provides the feel, function, and appearance of natural teeth. To find a credentialed implant dentist, visit [aaid-implant.org](http://aaid-implant.org).

Social: @aaid\_dentists | #DentalImplantMonth

For more information, contact: Max Moses | American Academy of Implant Dentistry | 312-335-1550 | [max@aaid.com](mailto:max@aaid.com)

For more information, visit: <https://connect.aaid-implant.org/blog/september-is-dental-implant-awareness-month>

CureSearch for Children's Cancer

## Childhood Cancer Awareness Month

9/1/2025 - 9/30/2025

Cancer is the #1 cause of disease death in children in the US. Childhood Cancer Awareness Month honors and remembers every child who has faced a devastating battle with cancer. More than 15,000 children are diagnosed every year in the US alone, yet most standard childhood cancer treatments were approved before 1990 and remain highly toxic. Your support of pediatric cancer research, like CureSearch's funded projects, is critical in ensuring every child has access to safe and effective cancer therapies.

Social: @curesearch | #childhoodcancerawarenessmonth, #childrenscancer, #childhoodcancer, #pediatriccancer, #pediatriccancerresearch, #pediatricaml, #pediatricglioma, #pediatricneuroblastoma, #ewingsarcoma, #glioma, #neuroblastoma, #aml, #kidsgetcancertoo, #curesearch

For more information, contact: Communications | CureSearch for Children's Cancer | 800-458-6223 | [info@curesearch.org](mailto:info@curesearch.org)

For more information, visit: [curesearch.org](http://curesearch.org)

American Chronic Pain Association (ACPA)

## Pain Awareness Month

9/1/2025 - 9/30/2025

The first Pain Awareness Month was in 2001, when the ACPA led a coalition of groups to establish September as Pain Awareness Month. ACPA established Partners for Understanding Pain and 80 organizations, both health care professionals and consumer groups, including the NAACP supported the effort. The key to raising awareness is to get involved. There are many things that you can do to help promote Pain Awareness Month:

1. Talk with Friends & Family: Let them know that September is Pain Awareness Month. Like the ACPA on Facebook. Encourage your friends to do the same.
2. Talk with your Healthcare Provider: Let them know that September

is Pain Awareness Month.

3. Call your local media and ask them if they are doing a story on Pain Awareness Month.
4. Call your local government and community leaders to let them know about Pain Awareness Month and issues of pain and pain management.
5. Take care of yourself! Take time out for yourself!

Social: @TheAmericanChronicPainAssociation, @ACPAnow

For more information, contact: Scott Farmer, MD | American Chronic Pain Association (ACPA) | 417-839-9681 | [sfarmer@theacpa.org](mailto:sfarmer@theacpa.org)

For more information, visit: [acpanow.com](http://acpanow.com)

AscellaHealth

## Chronic Care Management and Specialty Pharmacy Awareness Month

9/1/2025 - 9/30/2025

300 million people worldwide live with a rare disease or complex chronic condition, facing significant delays in diagnosis and access to treatment resulting in poorer health outcomes. AscellaHealth is a global partner that delivers proven end-to-end solutions to both life sciences and healthcare companies to enhance quality of life for these patients. Every day our team gets critical healthcare products from manufacturers to patients while ensuring an efficient flow of funds between payers and pharma.

Social: @AscellaHealth | #ChronicCareManagementAwarenessMonth

For more information, contact: Nicole Dufour | CPR on behalf of AscellaHealth | 201-641-1911 x 54 | [ndufour@cpronline.com](mailto:ndufour@cpronline.com)

For more information, visit: [ascellahealth.com](http://ascellahealth.com)

American Lung Association

## Pulmonary Fibrosis Awareness Month

9/1/2025 - 9/30/2025

Pulmonary fibrosis is a serious, chronic lung disease affecting more than 140,000 Americans. This September, during

Pulmonary Fibrosis Awareness Month, help bring awareness to this life-threatening disease that makes it difficult to breathe.

Social: @LungAssociation | #PulmonaryFibrosis, #PFAwareness

For more information, visit: [lung.org/pulmonary-fibrosis](https://lung.org/pulmonary-fibrosis)

Prostate Conditions Education

## Prostate Cancer Awareness Month

9/1/2025 - 9/30/2025

Together with our Screening Site Partners and countless volunteers who participate in prostate cancer screening events during Prostate Cancer Awareness Month, the entire month of September and year round events, has helped to screen over 5 million men since 1989! We hold FREE Screening, Patient Education and Awareness Events.

Social: #Menshealth, #psa testing, #PCAM, #BEBLUE, #PCEC, [#prostateconditions.org](https://prostateconditions.org)

For more information, contact: Renee Savickas | Prostate Conditions Education | 303-316-4685 | [Renee.Savickas@prostateconditions.org](mailto:Renee.Savickas@prostateconditions.org)

For more information, visit: [prostatecondtions.org](https://prostatecondtions.org)

Partnership for Food Safety Education

## National Food Safety Education Month

9/1/2025 - 9/30/2025

A month for people to learn about actions they can take at home to reduce the risk of food poisoning, such as hand washing, surface cleaning, surface sanitizing, cooking to a safe temperature, chilling foods within 2 hours of a meal and avoiding cross contamination. Food poisoning affects 1 in 4 individuals in the United States each year.

Social: @FightBAC | #foodsafetymonth, #foodsafety

For more information, contact: Katie Weston | Partnership for Food Safety Education | 202-688-3260 | [info@fightbac.org](mailto:info@fightbac.org)

For more information, visit: [fightbac.org](https://fightbac.org)

Urology Care Foundation

## Prostate Health Awareness Month

9/1/2025 - 9/30/2025

Prostate Health Awareness Month seeks to increase public awareness of the importance of prostate health and to encourage communities to provide easily accessible prostate health screenings. The celebration promotes education about risk factors and symptoms of prostate-related diseases, such as enlarged prostate, cancer, and prostatitis; and advocates for further research on prostate health issues.

Social: @urologycarefdn

For more information, contact: Urology Care Foundation | 800-828-7866 | [ccallanan@auanet.org](mailto:ccallanan@auanet.org)

For more information, visit: [urologyhealth.org](https://urologyhealth.org)

Foundation for Chiropractic Progress

## Drug-Free Pain Management Awareness Month

9/1/2025 - 9/30/2025

The annual designation is an opportunity to raise awareness about the dangers of prescription and over-the-counter (OTC) pain medications, along with the benefits of drug-free solutions, such as chiropractic care, to safely and effectively relieve acute, subacute, and as appropriate, chronic pain.

Social: @foundationforchiropracticprogress, @f4cp, @foundation4chiroprogress | #ThinkChiropractic

For more information, contact: Alexis Lignos | Foundation for Chiropractic Progress | 866-901-3427 | [alexis@f4cp.com](mailto:alexis@f4cp.com)

For more information, visit: [drugfreepaincare.org](https://drugfreepaincare.org)

Save Babies Through Screening Foundation

## Newborn Screening Awareness Month

9/1/2025 - 9/30/2025

The mission of the Save Babies Through Screening Foundation is to improve the lives of children and their families, by working to prevent disabilities and death resulting from disorders detectable through newborn screening tests.

The goal is to ensure that every baby is screened successfully, effectively, and comprehensively.

For more information, visit: [savebabies.org](https://savebabies.org)

American Foundation for Suicide Prevention  
**National Suicide Prevention Month**

9/1/2025 - 9/30/2025

September is National Suicide Prevention Month. All month, mental health advocates,

prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.

For more information, contact: American Foundation for Suicide Prevention | [info@afsp.org](mailto:info@afsp.org)

For more information, visit: [afsp.org](https://afsp.org)

The Leukemia & Lymphoma Society (LLS)  
**Blood Cancer Awareness Month**

9/1/2025 - 9/30/2025

Blood Cancer Awareness Month in September provides an opportunity to remind the public about the urgent need to support research to fight this deadly disease — a disease that is diagnosed every 180 seconds in the U.S. and has no current means of prevention. The month encourages involvement in The Leukemia & Lymphoma Society's (LLS) fundraising programs, including participation in campaigns that fund lifesaving research to advance breakthrough therapies for blood cancer patients.

Social: [#CancelBloodCancer](https://twitter.com/CancelBloodCancer)

For more information, visit: [lls.org](https://lls.org)

National Association for Alcoholism and Drug Abuse Counselors (NAADAC)

**National Recovery Month**

9/1/2025 - 9/30/2025

National Recovery Month (Recovery Month), observed each September, but celebrated throughout the year, increases awareness and

understanding of substance use disorders and co-occurring disorders (presence of mental and substance use disorders), celebrates individuals who have reclaimed their lives in long-term recovery and honors the treatment and recovery service providers who make recovery possible.

For more information, contact: National Association for Alcoholism and Drug Abuse Counselors (NAADAC) | 703-741-7686 | [naadac@naadac.org](mailto:naadac@naadac.org)

For more information, visit: [naadac.org/national-recovery-month](https://naadac.org/national-recovery-month)

National Reye's Syndrome Foundation  
**Reye's Syndrome Awareness Month**

9/1/2025 - 9/30/2025

Reye's syndrome is a deadly disease that strikes swiftly and can attack any child, teen, or adult without warning. While the cause and cure remain unknown, research has established a link between Reye's syndrome and the use of aspirin and other acetylsalicylate containing medications and over-the-counter products. Remember: Kids and aspirin don't mix! Reye's syndrome awareness and education packets are available for free from [reyesyndrome.org/schools.html](https://reyesyndrome.org/schools.html).

For more information, visit: [reyesyndrome.org](https://reyesyndrome.org)

National Center for Chronic Disease Prevention and Health Promotion

**National Cholesterol Education Month**

9/1/2025 - 9/30/2025

September is National Cholesterol Education Month, a good time to get your blood cholesterol checked and take steps to lower it if it is high. It is also an opportunity to learn about lipid profiles, and about food and lifestyle choices that help you reduce blood cholesterol levels.

For more information, contact: National Center for Chronic Disease Prevention and Health Promotion | [mmv2@cdc.gov](mailto:mmv2@cdc.gov)



ThyCa: Thyroid Cancer Survivors' Association, Inc.

## Thyroid Cancer Awareness Month

9/1/2025 - 9/30/2025

Thyroid Cancer Awareness Month is an opportunity to educate the public about thyroid cancer and the importance of early detection, treatment, and lifelong monitoring. ThyCa: Thyroid Cancer Survivors' Association offers free support, materials, and educational events for people with all types of thyroid cancer and their families.

Social: @ThyCaInc | #ThyCaAware, #ThyCaTalk

For more information, contact: Publications Department | ThyCa: Thyroid Cancer Survivors' Association, Inc. | 877-588-7904 | [thyca@thyca.org](mailto:thyca@thyca.org)

For more information, visit: [thyca.org](https://thyca.org)

Foundation for Women's Cancer

## Gynecologic Cancer Awareness Month (GCAM)

9/1/2025 - 9/30/2025

September is Gynecologic Cancer Awareness Month (GCAM). The Foundation for Women's Cancer (FWC) knows the importance of bringing awareness to all gynecologic cancers—cervical, ovarian, uterine/endometrial, vaginal, and vulvar. After creating this awareness month, each year the FWC strives to bring attention to these cancers.

Social: @foundationforwomenscancer, @GYNCancer | #GCAM, #EndWomensCancer, #GynecologicCancerAwarenessMonth

For more information, visit: [foundationforwomenscancer.org](https://foundationforwomenscancer.org), [sgo.org](https://sgo.org)

Children's Craniofacial Association

## Craniofacial Acceptance Month

9/1/2025 - 9/30/2025

Each year, the Children's Craniofacial Association (CCA) encourages families, friends, volunteers, and related support groups to widen the circle of acceptance for individuals with facial differences. The goal is to encourage people to see that

*"beyond the face is a heart."* As part of the 14th Annual Craniofacial Acceptance Month, CCA families across the nation will hold picnics, giving them a chance to gather with other families, while creating awareness in their communities.

Social: @CCAKidsTweet | #CCAKIDS

For more information, contact: Annie Reeves | Children's Craniofacial Association | 214-570-9099 | [areeves@ccakids.com](mailto:areeves@ccakids.com)

For more information, visit: <https://ccakids.org/acceptance-month.html>

National Center for Assisted Living

## National Assisted Living Week

9/7/2025 - 9/13/2025

National Assisted Living Week<sup>®</sup> provides a unique opportunity for residents, loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long-term care.

Social: @nationalassistedlivingweek | #NALW

For more information, visit: [nalw.org](https://nalw.org)

American Association of Suicidology

## National Suicide Prevention Week

9/7/2025 - 9/13/2025

The American Association of Suicidology believes we need focus on suicide prevention every day of every year. And we can do this by continuously spreading awareness, advocating for research funding, developing innovative and effective treatment tools, being kind and helping to educate others on things like resources and warning signs. It's time to get involved, but not just this week and not just the month. It's time to make #AAS365 a priority. And it's time to make our efforts count. National Suicide Prevention Lifeline: 800-273-8255 Crisis Text Line: Text HOME to 741 741.

Social: @AASuicidology

For more information, contact: Chris Maxwell | American Association of Suicidology | 202-237-2280 | [info@suicidology.org](mailto:info@suicidology.org); [ngreenough@suicidology.org](mailto:ngreenough@suicidology.org)

For more information, visit: [aas365.org](http://aas365.org)

Association of Pediatric Hematology/Oncology Nurses (APHON)

## **Pediatric Hematology / Oncology Nurses' Day**

9/8/2025 - 9/8/2025

Established in 2010 by the Association of Pediatric Hematology/Oncology Nurses (APHON), Pediatric Hematology/Oncology Nurses' Day is celebrated each year on September 8. We salute all pediatric hematology/oncology nurses on this day for their life-long commitment to children, adolescents, and young adults with cancer or blood disorders and their families.

Social: #pedhemoncursesday

For more information, contact: Member Services | APHON | 847-375-4724 | [info@aphon.org](mailto:info@aphon.org)

For more information, visit: [aphon.org](http://aphon.org)

National Institute on Alcohol Abuse and Alcoholism

## **World Fetal Alcohol Syndrome Awareness Day**

9/9/2025 - 9/9/2025

Every year on September 9th, International FASD Awareness Day is observed. Bells are rung at 9:09 a.m. in every time zone from New Zealand to Alaska. People all around the world gather for events to raise awareness about the dangers of drinking during pregnancy and the plight of individuals and families who struggle with Fetal Alcohol Spectrum Disorders (FASD). The first FASDay was celebrated on 9/9/99. This day was chosen so that on the ninth day of the ninth month of the year, the world will remember that during the nine months of pregnancy a woman should abstain from alcohol.

For more information, visit: [niaaa.nih.gov/](http://niaaa.nih.gov/)

[news-events/announcement/international-fasd-awareness-day-september-9th](#)

## Society For Vascular Nursing **Vascular Nurses Week**

9/14/2025 - 9/20/2025

The SVN is proud to honor vascular nurses throughout the year, but especially during Vascular Nurses Week. This week celebrates the commitment and dedication that vascular nurses display every day on behalf of their patients! We invite you to join the global celebration and share your photos during Vascular Nurses Week on social media.

Social: @for\_svn, @SocietyforVascularNursing | #IAMSVN, #SVN, #vascularnursing, #nursing

For more information, contact: Joanna Bronson | Society for Vascular Nursing | 312-334-2321 | [jbronson@vascularsociety.org](mailto:jbronson@vascularsociety.org)

For more information, visit: [svnnet.org](http://svnnet.org)

Associate for the Health Care Environment

## **Environmental Services Week**

9/14/2025 - 9/20/2025

Second full week of September. Environmental Services Week is a time to show appreciation for the dedicated EVS personnel that ensure health care facilities across the country are clean, safe places for patients, their families, and other staff members. With all the challenges and changes the last few years have brought, these staff members have remained resilient in their efforts to protect others from dangerous pathogens.

Social: #EVSWWeek

For more information, contact: Larisa Sutton | Associate for the Health Care Environment | 312-422-3860 | [lsutton@aha.org](mailto:lsutton@aha.org)

For more information, visit: [aha.org/EVSWWeek](http://aha.org/EVSWWeek)

## National Education Center for Agriculture Safety **National Farm Safety and Health Week**

9/14/2025 - 9/20/2025

NECAS has been dedicated to preventing illnesses, injuries, and deaths in agriculture. We work to serve the needs of agricultural producers, families, and workers, as well as agribusinesses and emergency service providers in rural communities. Each year since 1944, the third week of September has been recognized as National Farm Safety and Health Week. Each year a new theme is chosen for the NFSHW. Along with the theme for the week, different topics of focus are covered daily which we hope will serve as a reminder that it is in everyone's best interest to prioritize the health and safety of those who work so hard to provide our abundant supply of food, fiber, and fuel.

Social: #NECASAG, #USAgCenters, #NFSHW25

For more information, contact: Mr. Dan Neenan | National Education Center for Agricultural Safety (NECAS) | 888-844-6322 | [neenand@nicc.edu](mailto:neenand@nicc.edu)

For more information, visit: [necasag.org](http://necasag.org)

National Association of Neonatal Nurses

## Neonatal Nurses Week

9/14/2025 - 9/20/2025

Established in 2000 by the National Association of Neonatal Nurses (NANN), members of the neonatal community use this time to honor nurse colleagues and show pride in being a neonatal nurse. Neonatal Nurses Week provides an opportunity to celebrate the hard work and dedication of neonatal nurses and APRNs as well as the NANN community. The contributions of neonatal nurses to the most fragile patients make a difference that lasts a lifetime for neonates and their families.

Social: @neonatalnurses | #NeonatalNursesWeek

For more information, contact: Molly Anderson | National Association of Neonatal Nurses | 847-375-4897 | [mlanderson@nann.org](mailto:mlanderson@nann.org)

For more information, visit: [nann.org](http://nann.org)

Council of Residency Directors in Emergency Medicine (CORD)

## National Physician Suicide Awareness Day

9/17/2025 - 9/17/2025

Physician suicide is a tremendous issue in healthcare today. While estimates of the actual number of physician suicides vary, literature has shown that the relative risk for suicide is 2.27 times greater among women and 1.41 times higher among men versus the general population. Each physician suicide is a devastating loss affecting everyone - family, friends, colleagues, and up to 1 million patients per year.

Social: @cord\_em Twitter, @cordmeded Instagram | #NPSADay

For more information, contact: Tina Odisho Greenwood | Council of Residency Directors in Emergency Medicine (CORD) | 469-499-0158 | [tgreenwood@cordem.org](mailto:tgreenwood@cordem.org)

For more information, visit: [cordem.org/npsa](http://cordem.org/npsa)

Brain Injury Association of America

## National Concussion Awareness Day

9/19/2025 - 9/19/2025

National Concussion Awareness Day® was founded in 2016 to start a conversation to increase concussion awareness nationally, raise funds for brain injury charitable organizations, and show support for those suffering. By raising awareness of the importance of recognizing a concussion, treating it appropriately, and supporting the injured, we can positively impact lives across the country. It is recognized yearly on the third Friday of September.

Social: #NationalConcussionAwarenessDay, #melonpledge

For more information, contact: Brain Injury Association of America | 800-444-6443 | [brooke@lessentheimpact.org](mailto:brooke@lessentheimpact.org)

For more information, visit: [nationalconcussionawarenessday.com](http://nationalconcussionawarenessday.com)

Association for Nursing Professional Development

## **Nursing Professional Development Week**

9/21/2025 - 9/27/2025

NPD Week recognizes the work done by nursing professional development practitioners. During this week, take the time to celebrate your achievements, thank your staff, host educational activities, and teach others about nursing professional development. Especially in critical times, the work NPD practitioners do is essential in supporting frontline healthcare workers.

Social: @ANPDaspire

For more information, contact:

ANPD | [info@anpd.org](mailto:info@anpd.org)

For more information, visit: [anpd.org/NPDWEEK](https://anpd.org/NPDWEEK)

American Telemedicine Association (ATA)

## **Telehealth Awareness Week™**

9/21/2025 - 9/27/2025

Telehealth Awareness Week™ is a landmark event that will highlight and reinforce the central role that telehealth now plays in the delivery of health care services. Telehealth Awareness Week will include a schedule of events highlighting the growing acceptance and value of virtual care in U.S. health care, as well as information, educational materials, and resources to support broader access and adoption of telehealth for patients, caregivers, and health care providers.

Social: #TelehealthAwareness

For more information, contact: Paul Samargedlis

| American Telemedicine Association (ATA) | [psamargedlis@americantelemed.org](mailto:psamargedlis@americantelemed.org); [gcella@cellapr.com](mailto:gcella@cellapr.com)

For more information, visit:

[telehealthawareness.americantelemed.org](https://telehealthawareness.americantelemed.org)

Association of Surgical Technologists

## **Surgical Technologist Week**

9/22/2025 - 9/27/2025

The Association of Surgical Technologists (AST) offers national recognition through National Surgical Technologist Week, a week that has been designated to celebrate and honor the profession. It began by a resolution adopted by the AST Board of Directors in 1984.

For more information, contact: Membership Services Department | Association of Surgical Technologists | 800-637-7433 | [memserv@ast.org](mailto:memserv@ast.org)

For more information, visit: [ast.org](https://ast.org)

Health Information Resource Center

## **National Women's Health & Fitness Day®**

9/24/2025 - 9/24/2025

National Women's Health & Fitness Day is the nation's largest women's health and wellness event. More than 800 local groups and 80,000+ women of all ages participate in events on the last Wednesday in September. Organizations interested in participating must register in order to use the trademarked event name and logo.

For more information, contact: Gary Ford | Health Information Resource Center | 800-828-8225 | [info@fitnessday.com](mailto:info@fitnessday.com); [gford@fitnessday.com](mailto:gford@fitnessday.com)

For more information, visit:

[fitnessday.com/women](https://fitnessday.com/women)



American Chiropractic Association

## National Chiropractic Health Month

10/1/2025 - 10/31/2025

National Chiropractic Health Month (NCHM) helps to raise public awareness of the importance of musculoskeletal health and the benefits of chiropractic care and its natural, patient-centered and drug-free approach to health and wellness.

Social: @acatoday | #NCHM

For more information, contact: Communications Department | American Chiropractic Association | 703-812-0226 | [communications@acatoday.org](mailto:communications@acatoday.org)

For more information, visit: [acatoday.org/NCHM](http://acatoday.org/NCHM)

American Dental Hygienists' Association

## National Dental Hygiene Month

10/1/2025 - 10/31/2025

National Dental Hygiene Month is a time to increase public awareness about the importance of maintaining good oral hygiene practices and to celebrate dental hygienists as prevention specialists and oral health educators for the public.

Social: @youradha | #dhproud

For more information, contact: Communications Department | American

Dental Hygienists Association | 312-440-8900 | [communications@adha.net](mailto:communications@adha.net)

For more information, visit: [adha.org](http://adha.org)

Institute for Healthcare Advancement

## Health Literacy Month

10/1/2025 - 10/31/2025

Join us for this international observance when hospitals, health centers, literacy programs, libraries, social service agencies, businesses, professional associations, government agencies, consumer alliances, and many other groups work together to integrate and expand the mission of health literacy.

Social: #healthliteracymonth

For more information, contact: Beth Scott | Institute for Healthcare Advancement | 714-742-1478 | [bscott@iha4health.org](mailto:bscott@iha4health.org)

For more information, visit: [healthliteracymonth.org](http://healthliteracymonth.org)

Society of Diagnostic Medical Sonography

## Medical Ultrasound Awareness Month

10/1/2025 - 10/31/2025

Medical Ultrasound Awareness Month is held annually in October to create awareness and to educate the public about medical ultrasound and its many uses in healthcare. The month-long celebration is a joint effort of the American Institute of Ultrasound in Medicine, American Registry for Diagnostic Medical Sonography, American Society of Echocardiography, Cardiovascular Credentialing International, Society for Vascular Ultrasound, and the Society of Diagnostic Medical Sonography (SDMS).

Social: @TheSDMS | #MUAM2025

For more information, contact: Kelly Stafford | Society of Diagnostic Medical Sonography | 214-473-8057 | [social@sdms.org](mailto:social@sdms.org)

For more information, visit: [sdms.org](http://sdms.org)

NeedyMeds' BeMedWise Program

## Talk About Your Medicines Month

10/1/2025 - 10/31/2025

The NeedyMeds BeMedWise program's annual Talk About Your Medicines Month is an opportunity to spotlight healthcare issues impacting communities far and wide. The goal of Talk About Your Medicines Month is simply better health outcomes through education and improved communication.

Social: @TAYMM | #talkaboutyourmedicines

For more information, contact: Carla Dellaporta | NeedyMeds' BeMedWise Program | 978-281-6666 | [carla@needymeds.org](mailto:carla@needymeds.org)

For more information, visit: [bemedwise.org](http://bemedwise.org)

Prevent Blindness

## Contact Lens Safety Month

10/1/2025 - 10/31/2025

Approximately 41 million US residents wear contact lenses. Prevent Blindness provides tips and information on how to obtain, use, and care for contact lenses safely.

Social: @PBA\_SavingSight

For more information, contact: Prevent Blindness | 800-331-2020 | [info@preventblindness.org](mailto:info@preventblindness.org); [shecker@preventblindness.org](mailto:shecker@preventblindness.org)

For more information, visit: [preventblindness.org](http://preventblindness.org)

American Physical Therapy Association

## National Physical Therapy Month

10/1/2025 - 10/31/2025

October is National Physical Therapy Month — a time to celebrate the profession and all the ways physical therapists, physical therapist assistants, and PT and PTA students help improve lives across the country and an opportunity to raise awareness about the benefits of physical therapy.

Social: @Choose\_PT, @MoveForwardPT | #NPTM, #ChoosePT

For more information, contact: Public Relations Department | American Physical Therapy

Association | 703-706-3216, 800-999-2782 | [public-relations@apta.org](mailto:public-relations@apta.org); [colleenfogarty@apta.org](mailto:colleenfogarty@apta.org)

For more information, visit: [apta.org](http://apta.org), [moveforwardpt.com](http://moveforwardpt.com)

National Resource Center on Domestic Violence

## Domestic Violence Awareness Month

10/1/2025 - 10/31/2025

October is National Domestic Violence Awareness Month. Domestic violence affects millions, both women and men, of every race, religion, culture, and status. We can all do #1Thing to prevent domestic violence.

Social: @NRCDV | #DVAM, #1Thing

For more information, contact: National Resource Center on Domestic Violence | [nrcdv@nrcdv.org](mailto:nrcdv@nrcdv.org)

For more information, visit: [dvawareness.org](http://dvawareness.org)

Planetree International

## Patient-Centered Care Awareness Month

10/1/2025 - 10/31/2025

Patient-Centered Care Awareness Month is an awareness-building campaign commemorated globally every October to engage all health care stakeholders in adopting and advancing person-centered approaches to care. This year, campaign activities will equip patients, family members, healthcare professionals, and communities with skills and tools that will deepen and strengthen their partnerships.

For more information, visit: [planetree.org](http://planetree.org)

American Liver Foundation

## Liver Awareness Month

10/1/2025 - 10/31/2025

Liver Awareness Month focuses attention on the need to maintain a healthy liver through a healthy lifestyle; the types and seriousness of liver disease; and the importance of being tested for liver disease for those with risk factors.

For more information, contact: Communications

Department | American Liver Foundation |  
212-668-1000 | [info@liverfoundation.org](mailto:info@liverfoundation.org)

For more information, visit: [liverfoundation.org/liver-awareness-month-cirrhosis](http://liverfoundation.org/liver-awareness-month-cirrhosis)

Attention Deficit Disorder Association

## **ADHD Awareness Month**

10/1/2025 - 10/31/2025

ADHD Awareness Month's goal is to provide reliable information and resources to help people thrive with ADHD. We encourage the ADHD community to increase awareness and understanding by sharing ADHD information and supports with all who could benefit. After all, learning and sharing information about ADHD is beneficial all year long!

Social: @adhdawarenessmonth | #ADHD #adhd2025 #adhdconference

For more information, contact: Attention Deficit Disorder Association | 800-939-1019 | [info@adhdawarenessmonth.org](mailto:info@adhdawarenessmonth.org)

For more information, visit: [adhdawarenessmonth.org](http://adhdawarenessmonth.org)

Center for Disease Control and Prevention

## **SIDS Awareness Month**

10/1/2025 - 10/31/2025

Each year, there are about 3,400 sudden unexpected infant deaths (SUID) in the United States. These deaths occur among infants less than 1 year old and have no immediately obvious cause. In 2020, there were about 1,389 deaths due to SIDS, about 1,062 deaths due to unknown causes, and about 905 deaths due to accidental suffocation and strangulation in bed.

For more information, visit: [cdc.gov/sids/data.htm](http://cdc.gov/sids/data.htm)

Medical Librarians Association (MLA)

## **National Medical Librarians Month**

10/1/2025 - 10/31/2025

The Medical Library Association (MLA) created National Medical Librarians Month to bring awareness to the vital role of the

health sciences information professional. With the massive amount of health information available online, patients, clinical staff, and medical students need the specialized services of medical librarians now more than ever.

For more information, contact: Tomi Gunn | Medical Librarians Association (MLA) | 312-419-9094 Ext. 11 | [gunn@mail.mlahq.org](mailto:gunn@mail.mlahq.org)

For more information, visit: [mlanet.org/page/national-medical-librarians-month](http://mlanet.org/page/national-medical-librarians-month)

American Pharmacists Association

## **American Pharmacists Month**

10/1/2025 - 10/31/2025

American Pharmacists Month (APhM) is a time to recognize pharmacists' contributions to healthcare and all they can do for their communities.

For more information, visit: [pharmacistsmonth.com](http://pharmacistsmonth.com)

Office of National Drug Control Policy

## **National Substance Abuse Prevention Month**

10/1/2025 - 10/31/2025

National Substance Abuse Prevention Month highlights the vital role of substance abuse prevention in both individual and community health and to remember those who have lost their lives to substance abuse. Through community-based efforts involving youth, parents, educators, and government officers, we can strengthen the support systems that deter our Nation's young people from drug consumption and improve both academic performance and workforce readiness.

For more information, visit: [youth.gov/feature-article/national-substance-abuse-prevention-month](http://youth.gov/feature-article/national-substance-abuse-prevention-month)

National Breast Cancer Foundation, Inc.

## **Breast Cancer Awareness Month**

10/1/2025 - 10/31/2025

During October, it is important to take action, whether that's for ourselves, for a loved one facing the disease, or to honor a loved one who

has passed. We can make a positive impact and take action by simply educating ourselves, and then others, about breast cancer and how to be proactive with our breast health.

Social: @NBCF, @nationalbreastcancer

For more information, visit:  
[nationalbreastcancer.org](http://nationalbreastcancer.org)

CJ First Candle

## **SIDS, Pregnancy and Infant Loss Awareness Month**

10/1/2025 - 10/31/2025

During this month, take time to acknowledge the families that have been affected by stillbirth, sudden infant death syndrome (SIDS), and sudden unexpected infant death (SUID). CJ First Candle provides education, research, advocacy, and training to ensure every baby survives and thrives to his or her first birthday and beyond.

Social: @CJFirstCandle |  
#SIDSawareness #EndStillbirths

For more information, contact: CJ First Candle  
| 203-966-1300 | [info@cjfirstcandle.org](mailto:info@cjfirstcandle.org)

For more information, visit: <https://firstcandle.org/get-involved-october-pregnancy-infant-loss-awareness-month/>

American Cancer Society

## **National Breast Cancer Awareness Month**

10/1/2025 - 10/31/2025

Breast cancer is the second leading cancer among women in the United States, but millions of women are surviving the disease—thanks in part to regular screening, early detection, and improvements in treatment. During Breast Cancer Awareness Month, women are encouraged to maintain a healthy weight, be physically active, and limit how much alcohol they drink to help reduce the risk of breast cancer.

Social: @AmericanCancer,  
@AmericanCancerSociety

For more information, contact: American Cancer Society | 800-227-2345

For more information, visit: <https://www.breastcancer.org/about-breast-cancer/breast-cancer-awareness-month>

U.S. Department of Labor's Office of Disability Employment Policy

## **National Disability Employment Awareness Month**

10/1/2025 - 10/31/2025

National Disability Employment Awareness Month is commemorated annually in October. Public Law 176, enacted by Congress in 1945, designated the first week in October each year as "*National Employ the Physically Handicapped Week*." President Harry S. Truman designated the President's Committee on Employment of People with Disabilities to carry out the Act. In 1962, the word "*physically*" was removed from the week's name to acknowledge the employment needs of all Americans with disabilities. Congress expanded the week to a month in 1988 and changed its name to "*National Disability Employment Awareness Month*." The U.S. Department of Labor's Office of Disability Employment Policy (ODEP) assumed responsibility for NDEAM in 2001. October has evolved as the kick-off month for year-round programs nationwide that highlight the value that people with disabilities bring to the workplace.

For more information, visit: [dol.gov/odep](http://dol.gov/odep)

Association for Healthcare Foodservice

## **Healthcare Foodservice Workers Week**

10/5/2025 - 10/11/2025

During this weeklong celebration, The Association for Healthcare Foodservice and healthcare industry take the time to celebrate the dedicated professionals who are the key ingredients in delivering nutrition excellence to patients and residents! Healthcare foodservice workers are integral to the seamless operation of healthcare facilities on a daily basis.

Social: #HCFWW

For more information, contact: Christin Swingle | Association for Healthcare Foodservice | 800-



899-1109 | [cswingle@healthcarefoodservice.org](mailto:cswingle@healthcarefoodservice.org)

For more information, visit:  
[healthcarefoodservice.org](http://healthcarefoodservice.org)

Association for Healthcare Foodservice

## Healthcare Quality Week

10/5/2025 - 10/11/2025

In 1985, the U.S. Congress declared the first week in October to be a time to recognize the role of foodservice staff in helping patients and health care employees stay well-nourished and healthy. The importance of excellent nutrition has been established and well-documented, but it is even more critical to individuals in health care facilities. This week is an excellent opportunity to recognize and thank the dedicated individuals who provide food and nutrition services in the health care and senior living industries.

Social: @AHFnetwork

For more information, contact: Leah Reily | Association for Healthcare Foodservice | 800-899-1109 | [info@healthcarefoodservice.org](mailto:info@healthcarefoodservice.org)

For more information, visit:  
[healthcarefoodservice.org](http://healthcarefoodservice.org)

Association for Healthcare Resource & Materials Management (AHRMM)

## National Health Care Supply Chain Week

10/5/2025 - 10/11/2025

National Health Care Supply Chain Week (SC Week) recognizes the importance of the healthcare supply chain professionals and honors them for their exceptional contributions to patient care and the innovative ways in which they support their healthcare organizations and communities.

Social: #ahrmmtweets

For more information, contact: AHRMM Staff | Association for Healthcare Resource & Materials Management (AHRMM) | 312-422-3840 | [ahrmm@aha.org](mailto:ahrmm@aha.org)

For more information, visit: [ahrmm.org](http://ahrmm.org)

National Alliance on Mental Illness

## Mental Illness Awareness Week

10/5/2025 - 10/11/2025

Held each year during the first full week of October, Mental Illness Awareness Week is a grassroots effort of the National Alliance on Mental Illness (NAMI) to broaden public awareness and understanding of mental illness, eliminate stigma and offer support for treatment and recovery. Local events include organized walks, candlelight vigils, presentations, and films.

For more information, contact: Maria Jose Carrasco | National Alliance on Mental Illness | 703-524-7600 | [mcarrasco@nami.org](mailto:mcarrasco@nami.org)

For more information, visit: [nami.org/miaw](http://nami.org/miaw)

Society of Nuclear Medicine & Molecular Imaging

## Nuclear Medicine & Molecular Imaging Week

10/5/2025 - 10/11/2025

Celebrated during the first full week of October, Nuclear Medicine and Molecular Imaging Week encourages community members to take pride in their profession, recognize their colleagues for their hard work and promote nuclear medicine to the medical community and public.

For more information, contact: Paul Hamel | Society of Nuclear Medicine & Molecular Imaging | 703-652-6786 | [phamel@snmmi.org](mailto:phamel@snmmi.org); [jspahr@snmmi.org](mailto:jspahr@snmmi.org)

For more information, visit: [snmmi.org/nmw](http://snmmi.org/nmw)

American College of Nurse-Midwives

## National Midwifery Week

10/5/2025 - 10/11/2025

National Midwifery Week is a time for midwives and the women they serve to celebrate midwives' contributions to women's healthcare, including pregnancy, childbirth, and gynecologic and reproductive health.

Social: @ACNMMidwives | #MidwivesMakeADifference

For more information, contact: American College of Nurse-Midwives

of Nurse-Midwives | 240-485-1800 | [info@acnm.org](mailto:info@acnm.org)

For more information, visit: <https://www.midwife.org/national-midwifery-week>

National Association of Nephrology Technicians/Technologists

## National Dialysis Technician Recognition Week

10/6/2025 - 10/11/2025

National Dialysis Technician National Recognition Week is when we take time to recognize the Nephrology Clinical Technicians (NCTs) and Nephrology Biomedical technologists (NBTs) and express our appreciation for all they do to promote the highest quality.

Social: @NANTdialysis | #NANT

For more information, contact: NANT | [NANT@meinet.com](mailto:NANT@meinet.com)

For more information, visit: [dialysistech.net](http://dialysistech.net)

American Academy of PAs

## National PA Week

10/6/2025 - 10/12/2025

National PA Week celebrates the physician assistant profession and its contributions to the nation's health. Before it was a week-long event, National PA Day was first celebrated on October 6, 1987, in honor of the 20th anniversary of the first graduating class of physician assistants from the Duke University PA program. This year marks the 53rd anniversary of the PA profession.

Social: @AAPAorg | #PAWeek #YourPACan

For more information, visit: [aapa.org](http://aapa.org)

Futures Without Violence

## Health Cares About Domestic Violence

10/8/2025 - 10/8/2025

Health Cares About Domestic Violence Day is a nationally recognized day that takes place annually on the second Wednesday of October. The awareness-raising day aims to reach members of the healthcare and advocacy

communities to offer guidance on the critical importance of a universal education approach to promote healthy relationships, address the health impact of abuse, provide safety planning and resources, and offer warm referrals to domestic violence advocates.

Social: #HCADV #DVAM

For more information, contact: Melody Pagan or Kate Vander Tuig | Futures Without Violence | 415-678-5500 | [mpagan@futureswithoutviolence.org](mailto:mpagan@futureswithoutviolence.org) or [kvandertuig@futureswithoutviolence.org](mailto:kvandertuig@futureswithoutviolence.org)

For more information, visit: <https://www.futureswithoutviolence.org/?s=health+cares+about+domestic+violence>

World Federation of Mental Health (WFMH)

## World Mental Health Day

10/10/2025 - 10/10/2025

World Federation of Mental Health (WFMH) established World Mental Health Day in 1992 to expand education about mental health, and it continues this work as an annual project. Mental health and substance use disorders affect 13% of the world's population and are a leading cause of disability worldwide. Recent years have witnessed increased focus on reducing stigma due to psychiatric illnesses, improving access to mental health services, implementation of wider mental health policies, and inclusion of mental health in the sustainable development goals in most developed countries. The WHO Special Initiative for Mental Health 2019-2023, aims at universal health coverage for mental health to ensure access to quality and affordable care for mental health conditions.

Social: @mentalhealthamerica, @MentalHealthAm | #MentalHealthDay

For more information, contact: World Federation of Mental Health (WFMH) | [info@wfmh.global](mailto:info@wfmh.global)

For more information, visit: [mhanational.org](http://mhanational.org)

Screening for Mental Health

## National Depression Screening Day

10/10/2025 - 10/10/2025

Held annually during Mental Illness Awareness Week in October, National Depression Screening Day (NDS) is comprised of awareness events that include an optional screening component. NDS reaches individuals across the nation with important mental health education and connects them with support services. Thousands of colleges and community-based organizations provide the program to the public each year. Take an anonymous screening at [helpyourselfhelpothers.org](https://helpyourselfhelpothers.org).

Social: @HYSHO | #NDS

For more information, visit: [helpyourselfhelpothers.org](https://helpyourselfhelpothers.org)

American Case Management Association

## National Case Management Week

10/12/2025 - 10/18/2025

National Case Management Week, held annually during the second full week of October, is an opportunity to recognize the contributions and value of case management within the healthcare delivery field. Each year, the American Case Management Association (ACMA) makes available for purchase special themed gifts and recognition items.

Social: @theACMA

For more information, contact: Communications | American Case Management Association | 501-907-2262 | [theacma@acmaweb.org](mailto:theacma@acmaweb.org)

For more information, visit: <https://www.acmaweb.org/>

Association for Professionals in Infection Control and Epidemiology (APIC)

## International Infection Prevention Week (IIPW)

10/12/2025 - 10/18/2025

International Infection Prevention Week (IIPW), established in 1986, aims to shine a light on

infection prevention each and every year.

Social: @apic, @apic\_infection\_prevention | #IIPW, #IIPW25

For more information, contact: Kelly-Lynne Russell Guy | APIC | 410-302-5637 | [krussell@apic.org](mailto:krussell@apic.org)

For more information, visit: [infectionpreventionandyou.org/iipw](https://infectionpreventionandyou.org/iipw)

International Association for Healthcare Security and Safety

## Healthcare Security and Safety Week

10/12/2025 - 10/18/2025

During Healthcare Security and Safety Week (HSSW) and throughout the year, the International Association for Healthcare Security and Safety (IAHSS) celebrates the role of healthcare security, safety, and emergency management professionals.

Social: @IAHSS | #HSSW2025

For more information, contact: Virginia Petrancosta | International Association for Healthcare Security and Safety | 630-529-3913 | [virginia@iahss.org](mailto:virginia@iahss.org)

For more information, visit: [iahss.org/HSSW](https://iahss.org/HSSW)

Arthritis Foundation

## World Arthritis Day

10/12/2025 - 10/12/2025

World Arthritis Day, established in 1996, is observed each year on October 12. Coordinated in the United States by the Arthritis Foundation, the event joins together people with rheumatic and musculoskeletal diseases from around the world to raise awareness and reduce the impact of arthritis.

Social: @ArthritisFdn, @ArthritisFoundation

For more information, contact: Claire Villines | Arthritis Foundation | 404-872-7100 | [cvillines@arthritis.org](mailto:cvillines@arthritis.org)

For more information, visit: [arthritis.org](https://arthritis.org)

Healthcare Sterile Processing Association (HSPA)

## **Sterile Processing Week**

10/12/2025 - 10/18/2025

Sterile Processing Week (formerly International Central Service Week) recognizes the committed specialists who fill Sterile Processing departments and make a positive difference in patient care. Held annually, this week of celebration starts on the second Sunday in October. It is our hope that Sterile Processing Week brings the appreciation and respect that is so greatly deserved. HSPA applauds your achievements and recognizes your role in patient safety and quality service—not just this week, but all year long!

For more information, visit: [myhspa.org/resources/sterile-processing-week](https://myhspa.org/resources/sterile-processing-week)

American Society of Consultant Pharmacists

## **Senior Care Pharmacist Week**

10/13/2025 - 10/17/2025

Senior Care Pharmacist Week is celebrated every October, the week after Columbus Day. This special week celebrates being a senior care pharmacist, a professional who specializes in medication management for older adults and can help you manage your medications, improve outcomes, and enhance the quality of your life. Visit [HelpWithMyMeds.org](https://HelpWithMyMeds.org) to find a senior care pharmacist in your area.

Social: @ASCPPharm | #SenioRx

For more information, contact: ASCP | [info@ascp.com](mailto:info@ascp.com)

For more information, visit: <https://www.ascp.com/>

International Association for Healthcare Security and Safety

## **Healthcare Security and Safety Officer Appreciation Day**

10/15/2025 - 10/15/2025

The International Association for Healthcare Security and Safety (IAHSS) honors healthcare security and safety officers for their service in protecting healthcare facilities, personnel, patients, and visitors.

Social: @IAHSS | #HSSW2025

For more information, contact: Virginia Petrancosta | International Association for Healthcare Security and Safety | 630-529-3913 | [virginia@iahss.org](mailto:virginia@iahss.org)

For more information, visit: [iahss.org/HSSW](https://iahss.org/HSSW)

COMISS Network: The Network on Ministry in Specialized Settings

## **Spiritual Care Week**

10/19/2025 - 10/25/2025

To celebrate the practice of spiritual care through professional chaplaincy and pastoral counseling, and to honor and celebrate all practitioners of professional spiritual care.

For more information, contact: Rev. Tim Staker, MDiv BCC | COMISS Network | [timster132@aol.com](mailto:timster132@aol.com)

For more information, visit: [spiritualcareweek.org](https://spiritualcareweek.org)

American Association for Respiratory Care

## **Respiratory Care Week**

10/19/2025 - 10/25/2025

During National Respiratory Care Week, respiratory therapists celebrate their fast-growing profession while raising awareness of lung health. Local events include lung health education programs aimed at encouraging early detection of lung disease, particularly asthma and chronic obstructive pulmonary disease (COPD).

Social: @aarc\_tweets | #RCWeek

For more information, contact: Heather Willden | American Association for Respiratory Care | 972-243-2272 | [info@aarc.org](mailto:info@aarc.org); [heather.willden@aarc.org](mailto:heather.willden@aarc.org)

For more information, visit: [aarc.org](https://aarc.org)

American Medical Technologists

## Medical Assistants Recognition Week

10/20/2025 - 10/24/2025

Registered medical assistants and the American Medical Technologists (AMT) will be celebrating Medical Assistants Recognition Week in October. Please join AMT in promoting this important event that recognizes medical assisting's vital role, contributions, and efforts in healthcare, and help us begin raising awareness of the profession today.

Social: @AMTMARWeek

For more information, contact: Cathie Casey | American Medical Technologists | 847-823-5169 | [recognitionweeks@americanmedtech.org](mailto:recognitionweeks@americanmedtech.org)

For more information, visit: [americanmedtech.org](http://americanmedtech.org)

Stuttering Foundation of America

## International Stuttering Awareness Day

10/22/2025 - 10/22/2025

A day to celebrate awareness of stuttering and let people of all ages know that help is available at [stutteringhelp.org](http://stutteringhelp.org).

Social: @stutteringfdn | #stutteringfoundation

For more information, contact: Jane Fraser | Stuttering Foundation | 800-992-9392 | [info@stutteringhelp.org](mailto:info@stutteringhelp.org)

For more information, visit: [stutteringhelp.org](http://stutteringhelp.org)

National Family Partnership

## Lock Your Meds Day

10/23/2025 - 10/23/2025

Lock Your Meds Day is a day for parents to pledge to talk to their kids about the dangers of taking medications without a prescription. It is an opportunity to create awareness around prescription drug abuse and to invite individuals to secure their medicines.

Social: @lockyourmeds | #lockyourmeds

For more information, visit: [lockyourmeds.org](http://lockyourmeds.org)

National Family Partnership

## Red Ribbon Week

10/23/2025 - 10/31/2025

National Red Ribbon Week is the oldest and largest drug prevention program in the nation. Sponsored by the National Family Partnership (NFP), Red Ribbon Week began in 1985 when people began wearing red ribbons symbolizing a drug-free lifestyle after the brutal death of Kiki Camarena, an agent with the U.S. Drug Enforcement Agency. Red Ribbon Week is celebrated every year in communities across the country.

Social: @redribbonweek | #yourfutureiskeysostaydrugfree, #redribbonweek

For more information, visit: [redribbon.org](http://redribbon.org)

American Society for Health Care Engineering (ASHE)

## National Health Care Facilities and Engineering Week

10/26/2025 - 11/1/2025

Every year, in the last week of October, we celebrate the important role that facility team members have in ensuring a safe and efficient environment for all patients, residents, visitors, and staff within hospitals.

Social: #HealthEngWeek

For more information, visit: [ashe.org/engineeringweek](http://ashe.org/engineeringweek)

American College of Physicians (ACP)

## National Internal Medicine Day

10/28/2025 - 10/28/2025

Help ACP celebrate National Internal Medicine Day! Oct. 28 is National Internal Medicine Day. This special day recognizes and celebrates internists and the essential work they do every day.

Social: @ACPinternists | #NationalInternalMedicineDay, #NIMday, #IMProud, #IMEssential

For more information, visit: [acponline.org](http://acponline.org)

National Psoriasis Foundation

## **World Psoriasis Day**

10/29/2025 - 10/29/2025

Conceived by patients for patients, World Psoriasis Day is a global event that sets out to give an international voice to the 125 million people with psoriasis and psoriatic arthritis. On October 29, the International Federation of Psoriasis Associations, its member associations and support groups perform activities all over the world to raise awareness about psoriasis and to give people with psoriasis the attention and consideration they deserve.

Social: @PsoriasisIFPA

For more information, contact: National Psoriasis Foundation | 800-723-9166 | [info@ifpa-pso.com](mailto:info@ifpa-pso.com)

For more information, visit: [ifpa-pso.com](http://ifpa-pso.com)

National Association of Orthopaedic Nurses

## **International Orthopaedic Nurses Day**

10/30/2025 - 10/30/2025

Each year on October 30, orthopaedic nurses around the world celebrate International Orthopaedic Nurses Day. This special day recognizes the hard work and commitment that orthopaedic nurses dedicate to their specialty.

Social: @NAONurses | #NAONurses

For more information, visit: <https://www.orthonurse.org/Events/Orthopaedic-Nurses-Week>

# NOVEMBER

RETURN TO START



No Stomach For Cancer

## Stomach Cancer Awareness Month®

11/1/2025 - 11/30/2025

November is a month known for the pleasure of eating and is the ideal month to raise awareness about gastric cancer. There is a great deal of focus on food, nourishment, and family during the holidays. It can be challenging for people dealing with stomach cancer, especially for those living without a stomach.

Social: @NoStomachForCancer,  
@NoStomach4Cancer |  
#stomachcancerawarenessmonth,  
#nostomachforcancer

For more information, contact: Jon Florin  
| No Stomach For Cancer | 608-692-5141  
| [support@nostomachforcancer.org](mailto:support@nostomachforcancer.org)

For more information, visit:  
[nostomachforcancer.org](http://nostomachforcancer.org)

## American Academy of Dermatology National Healthy Skin Month

11/1/2025 - 12/31/2025

Your skin is your body's largest organ, so it's important to take good care of it. November is National Healthy Skin Month and this year we are helping you achieve #YourHealthiestSkin from head to toe.

Social: @AADSkin | #YourHealthiestSkin

For more information, contact: Nicole Dobkin | American Academy of Dermatology | 847-240-1746, 888-462-3376 | [mrc@aad.org](mailto:mrc@aad.org), [mediarelations@aad.org](mailto:mediarelations@aad.org)

For more information, visit: [aad.org/public](http://aad.org/public)

National Hospice and Palliative Care Organization

## National Hospice and Palliative Care Month

11/1/2025 - 11/30/2025

November is National Hospice and Palliative Care Month, a time to raise awareness about care for people coping with life-limiting illness. Every year, more than 1.6 million patients receive care from hospices in the United States. Hospice and palliative care programs provide pain management, symptom control, psychosocial support and spiritual care to patients and their families who are facing a serious or life-limiting illness.

Social: @NHPCO | #HAPCM, #HAPC,  
#HospiceWorks, #HospiceMonth,  
#HospiceAwareness

For more information, contact: NHPCO Communications | National Hospice and Palliative Care Organization | 703-837-1500 | [communications@nhpco.org](mailto:communications@nhpco.org)

For more information, visit: [nhpco.org/resources/national-hospice-and-palliative-care-month](http://nhpco.org/resources/national-hospice-and-palliative-care-month)

American Diabetes Association

## American Diabetes Month

11/1/2025 - 11/30/2025

November is American Diabetes Month — a time to take action together, as a community. More than 37 million Americans are living with diabetes. Together, we can conquer this disease.

Social: @AmDiabetesAssn

For more information, contact: Press Team | American Diabetes Association | 703-253-4807 | [press@diabetes.org](mailto:press@diabetes.org)

For more information, visit: [diabetes.org/adm](http://diabetes.org/adm)

American Lung Association

## National Family Caregivers Month

11/1/2025 - 11/30/2025

Strong support teams come in all shapes and sizes. National Family Caregivers Month spotlights the millions of Americans directly and indirectly affected by chronic disease.

Social: @LungAssociation | #NFCMonth

For more information, visit: [lung.org/help-support/patient-caregiver-network](https://lung.org/help-support/patient-caregiver-network)

American Lung Association

## COPD Awareness Month

11/1/2025 - 11/30/2025

More than 11 million Americans live with chronic obstructive pulmonary disease (COPD), a lung disease that makes it difficult to breathe. From chronic cough and shortness of breath to fatigue and wheezing, life is difficult with COPD. But with a good treatment plan and support network, COPD can be managed so that individuals affected can live full and active lives.

Social: @LungAssociation | #COPDAwarenessMonth, #COPD

For more information, visit: [lung.org/copd](https://lung.org/copd) or [lung.org/lung-health-diseases/lung-disease-lookup/copd/learn-about-copd/copd-basics](https://lung.org/lung-health-diseases/lung-disease-lookup/copd/learn-about-copd/copd-basics)

American Lung Association

## Lung Cancer Awareness Month

11/1/2025 - 11/30/2025

Lung cancer causes the most cancer deaths worldwide, accounting for 1.8 million new cases and 1.6 million deaths annually. In 1987, it surpassed breast cancer to become the leading cause of cancer deaths in women. Early detection and awareness can help save lives. During Lung Cancer Awareness Month, learn more about this deadly disease.

Social: @LungAssociation | #LungCancer

For more information, visit: [lung.org/lung-cancer](https://lung.org/lung-cancer)

March of Dimes

## Prematurity Awareness Month

11/1/2025 - 11/30/2025

March of Dimes leads the fight for the health of all moms and babies. Prematurity Awareness Month (PAM) raises public awareness of this very serious and costly problem, the greatest contributor to infant death in the United States. PAM provides opportunities for people who care about moms and babies to tell their stories, volunteer, advocate, donate and build communities for healthy moms and strong babies.

Social: @marchofdimes, @modhealthtalk, @nacersano | #prematurityawarenessmonth

For more information, contact: Sarah Smith | March of Dimes | 202-774-0554 | [SSmith@marchofdimes.org](mailto:SSmith@marchofdimes.org)

For more information, visit: [marchforbabies.org](https://marchforbabies.org) or [nacersano.org](https://nacersano.org)

Arthritis Foundation

## Jingle Bell Run for Arthritis

11/1/2025 - 12/31/2025

Each holiday season (November through December), thousands of runners and walkers of all ages come together at hundreds of sites nationwide to share their support for the Arthritis Foundation's mission to prevent, control and cure arthritis and related diseases. Participants wear holiday-themed costumes and tie jingle bells to their shoes to fight arthritis, the nation's most common cause of disability.

Social: @ArthritisFdn, @ArthritisFoundation

For more information, contact: Claire Villines | Arthritis Foundation | 404-872-7100 | [cvillines@arthritis.org](mailto:cvillines@arthritis.org)

For more information, visit: [arthritis.org](https://arthritis.org)

American Academy of Ophthalmology

## Diabetic Eye Disease Awareness Month

11/1/2025 - 11/30/2025

People with diabetes are more likely to develop blinding eye diseases, such as diabetic



retinopathy, glaucoma, and cataracts. Yet recent studies have revealed low awareness of the issue among ethnicities at higher risk for diabetes. With the findings signaling that many Americans may not be defending themselves against diabetes-related vision loss, the American Academy of Ophthalmology (AAO) encourages those with diabetes to take proactive steps to protect their vision.

Social: @AcademyEyeSmart

For more information, contact: Public Relations | American Academy of Ophthalmology | 415-561-8534 | [ataghavi@aao.org](mailto:ataghavi@aao.org)

For more information, visit: [aao.org/eye-health](http://aao.org/eye-health)

Pancreatic Cancer Action Network

## **National Pancreatic Cancer Awareness Month**

11/1/2025 - 11/30/2025

The Pancreatic Cancer Action Network urges the public to join its efforts to wage hope in the fight against pancreatic cancer. November is National Pancreatic Cancer Awareness Month, and with the help of a growing base of supporters, greater awareness, and rapid deployment of its comprehensive approach to fighting pancreatic cancer, the organization is focused on its goal to double pancreatic cancer survival.

For more information, contact: Pancreatic Cancer Action Network | [events@pancan.org](mailto:events@pancan.org)

For more information, visit: [pancreatic.org/november](http://pancreatic.org/november)

Alzheimer's Association

## **National Alzheimer's Disease Awareness Month**

11/1/2025 - 11/30/2025

In 1983, nearly 20 years before he died of Alzheimer's disease, President Ronald Reagan helped to create greater awareness of the disease, declaring November as National Alzheimer's Disease Awareness Month. The Alzheimer's Association is the leading voluntary health organization in

Alzheimer's care, support and research.

For more information, visit: [alz.org/abam/overview.asp](http://alz.org/abam/overview.asp)

Academy of Medical-Surgical Nurses

## **Medical-Surgical Nurses Week**

11/1/2025 - 11/7/2025

This week honors the medical-surgical nurses who make a difference in the lives of patients every day. They care for adult patients who are acutely ill with a wide variety of medical issues or are recovering from surgery. Medical-surgical nurses provide care 24/7 and have more face time with patients than any other professional in the hospital. They are trusted by patients and valued by colleagues as highly skilled and compassionate caregivers.

Social: @medsurgnurses

For more information, visit: [amsn.org](http://amsn.org)

Urology Care Foundation

## **National Sexual Health Month**

11/1/2025 - 11/30/2025

National Sexual Health Month aims to raise awareness of sexual dysfunction among both men and women, increase public knowledge of diseases that affect sexual health, and encourage those experiencing such problems to seek treatment.

For more information, visit: [urologyhealth.org](http://urologyhealth.org)

Urology Care Foundation

## **Bladder Health Awareness Month**

11/1/2025 - 11/30/2025

The Urology Care Foundation (UCF) supports National Bladder Health Awareness Month to increase public awareness of the importance of bladder health, educate the public about common bladder conditions and diseases, and advocate for further research on bladder diseases.

For more information, visit: [urologyhealth.org](http://urologyhealth.org)

National Association for Home Care & Hospice

## Home Care & Hospice Month

11/1/2025 - 11/30/2025

November is National Home Care and Hospice Month. It is a time to honor the nurses, therapists, social workers, and administrators who make an important difference in their patients' lives.

Social: @OfficialNAHC

For more information, visit: <https://nahc.org/home-care-hospice-month/>

American Society of Radiologic Technologists

## National Radiologic Technology Week®

11/2/2025 - 11/8/2025

National Radiologic Technology Week® (NRTW) is an annual celebration to recognize the vital work of medical imaging and radiation therapy professionals in patient care and health care safety. The week-long celebration takes place during the week of Nov. 8 to commemorate the discovery of the x-ray by Wilhelm Conrad Roentgen on Nov. 8, 1895.

Social: @asrt | #NRTW25

For more information, contact: Julio Dominguez | American Society of Radiologic Technologists | 800-444-2778 | [JDominguezSoto@ASRT.ORG](mailto:JDominguezSoto@ASRT.ORG)

For more information, visit: [asrt.org/nrtw](http://asrt.org/nrtw)

Association of Schools Advancing Health Professions

## Allied Health Professions Week

11/2/2025 - 11/8/2025

Allied Health Professions Week honors the millions of health care providers working in more than 80 allied health professions. Allied health practitioners greatly influence health care delivery by supporting, facilitating and complementing the roles of physicians and other health care specialists. This collaboration, which emphasizes the strengths of all health professions, enhances the quality of health care. The focus of Allied Health Professions Week is to promote the celebration of allied health careers.

For more information, contact: Kristen Truong | Association of Schools Advancing Health Professions | 202-237-6481 | [kristen@asahp.org](mailto:kristen@asahp.org)

For more information, visit: [asahp.org](http://asahp.org)

Association of Diabetes Care & Education Specialists

## National Diabetes Care & Education Week

11/3/2025 - 11/9/2025

Each November we shine a spotlight on diabetes and prediabetes, to raise awareness and illustrate the impact of these conditions on more than 1 in 3 Americans. As part of this focus, ADCES celebrates the first full week of November as National Diabetes Education Week, recognizing the work and contributions of diabetes care and education specialists.

Social: @ADCESdiabetes | #NDEW, #NDEW25

For more information, contact: Communications | Association of Diabetes Care & Education Specialists | 1-800-338-3633 | [communications@adces.org](mailto:communications@adces.org)

For more information, visit: [adces.org](http://adces.org) or [diabeteseducator.org/NDEW](http://diabeteseducator.org/NDEW)

National Association of Healthcare Transport Management

## National Patient Transport Week

11/3/2025 - 11/9/2025

Celebrate the hard work and dedication of patient transport staff.

For more information, contact: Michele Jackson | National Association of Healthcare Transport Management | 585-747-4353 | [nahtmconference@gmail.com](mailto:nahtmconference@gmail.com)

For more information, visit: [nahtm.org](http://nahtm.org)

International Stress Management Association

## International Stress Awareness Week

11/3/2025 - 11/7/2025

International Stress Awareness Week was created

to raise awareness of stress around the world and improve the ways in which stress is managed in the workplace and in our personal lives, as we have been doing for 50 years. We focus on stress management and campaigning against the stigma associated with stress and mental health issues.

Social: @isma\_uk | #StressAwarenessWeek

For more information, contact: Carole Spiers | International Stress Management Association | +44 (0) 7823 745056 | [admin@isma.org.uk](mailto:admin@isma.org.uk)

For more information, visit: [isma.org.uk/isma-international-stress-awareness-week](http://isma.org.uk/isma-international-stress-awareness-week)

American Association of Nurse Practitioners®

## National Nurse Practitioner Week

11/9/2025 - 11/15/2025

To bring visibility to the role of the nurse practitioner (NP) as a primary, acute and specialty health care provider. Initiatives and activities are planned in each community to spotlight the NP and to build awareness that people have choices when selecting their health care provider. Most states receive a proclamation from their governor recognizing NPs and the many services they provide.

Social: @AANP\_News | #NPWeek

For more information, contact: Nancy McMurrey | American Association of Nurse Practitioners® | 512-276-5906 | [nmcmurrey@aanp.org](mailto:nmcmurrey@aanp.org)

For more information, visit: [AANP.org](http://AANP.org)

American Lung Association

## World Pneumonia Day

11/12/2025 - 11/12/2025

World Pneumonia Day serves as a reminder that pneumonia can strike at any age, anywhere, and anytime. It's commonly a complication of a respiratory infection — especially the flu — but there are more than 30 different causes of the illness. Older adults, children, and people with chronic disease, including chronic obstructive pulmonary disease and asthma, are at high risk for pneumonia.

Social: @LungAssociation | #WorldPneumoniaDay

For more information, contact: American Lung Association | 1-800-586-4872

For more information, visit: [lung.org/pneumonia](http://lung.org/pneumonia)

American Medical Association Alliance

## National Donor Sabbath

11/14/2025 - 11/16/2025

National Donor Sabbath is a three-day observance (Friday through Sunday) that seeks to engage all major religions in the United States. It is a time for congregations to learn more about the critical shortage of donated organs, celebrate life and pray for those affected by donation and transplantation.

Social: @amaalliance | #AMAAlliance

For more information, contact: Jocelyn Reed | AMA Alliance | 804-377-3580 | [admin@amaalliance.org](mailto:admin@amaalliance.org)

For more information, visit: [DonateLife.net](http://DonateLife.net), [amaalliance.org](http://amaalliance.org)

Society for Health Care Strategy and Market Development (SHSMD)

## Health Care Strategy & Market Development Week

11/17/2025 - 11/23/2025

Health Care Strategy & Market Development Week recognizes the roles in which health care marketing, digital engagement, communications, strategic planning, and business development professionals contribute to their organization's impact in their communities.

Social: @SHSMD | #SHSMD, #SHSMDWeek

For more information, contact: Shavonne Hopes | Society for Health Care Strategy & Market Development (SHSMD) | 312-422-3738 | [shopses@aha.org](mailto:shopses@aha.org)

For more information, visit: [shsm.org](http://shsm.org)

March of Dimes

## World Prematurity Day

11/17/2025 - 11/17/2025

World Prematurity Day (WPD) raises awareness of and calls for action on the global crisis of premature birth, which affects 15 million babies each year and is the leading cause of death for children worldwide under age 5. March of Dimes leads a coalition of organizations that seek to prevent premature birth and advocate for better care for affected babies and families.

Social: @marchofdimes, @nacersano | #worldprematurityday

For more information, contact: Michele Kling | March of Dimes | 914-997-4613 | [press@marchofdimes.org](mailto:press@marchofdimes.org)

For more information, visit: [marchforbabies.org](http://marchforbabies.org) or [nacersano.org](http://nacersano.org)

National Organization of State  
Offices of Rural Health

## National Rural Health Day

11/20/2025 - 11/20/2025

Since 2011, the National Organization of State Offices of Rural Health (NOSORH) has set aside the third Thursday of November to celebrate the “Power of Rural” on National Rural Health Day. National Rural Health Day is an opportunity to bring attention to and honor the incredible efforts of rural healthcare providers, communities, organizations, State Offices of Rural Health (SORH), and other stakeholders dedicated to addressing the unique healthcare needs of rural America.

Social: @nosorh | #PowerOfRural, #NationalRuralHealthDay

For more information, contact: Ashley Muninger | NOSORH | 888-391-7258, Ext 104 | [info@powerofrural.org](mailto:info@powerofrural.org)

For more information, visit: [powerofrural.org](http://powerofrural.org)

American Cancer Society

## Great American Smokeout

11/20/2025 - 11/20/2025

The American Cancer Society Great American Smokeout event is a chance to triumph over addiction. Every November, the third Thursday is set aside to encourage smokers to go the distance, and to finally give up smoking.

Social: @AmericanCancer, @AmericanCancerSociety | #GASO

For more information, contact: American Cancer Society | 800-227-2345 | [tracie.bertaut@cancer.org](mailto:tracie.bertaut@cancer.org)

For more information, visit: [cancer.org](http://cancer.org)

# DECEMBER

RETURN TO START

US Department of Health and Human Services

## World AIDS Day

12/1/2025 - 12/1/2025

In 1988, the World Health Organization established World AIDS Day. This observance focuses global attention on the continuing impact of HIV and encourages each of us to take action to expand our collective response to HIV.

Social: @HIVGov

For more information, contact: Miguel Gomez | US Department of Health and Human Services | 202-795-7697 | [Miguel.Gomez@hhs.gov](mailto:Miguel.Gomez@hhs.gov) | [debbie\\_lebel@jsi.com](mailto:debbie_lebel@jsi.com)

For more information, visit: [hiv.gov](http://hiv.gov)

Prevent Blindness

## Give the Gift of Sight Month

12/1/2025 - 12/31/2025

The Holiday season brings together families, friends, and festivities. During the month of December, Prevent Blindness encourages everyone to reflect on the joys of healthy vision and support sight-saving services.

Social: @PBA\_SavingSight

For more information, contact: Prevent Blindness | 800-331-2020 | [info@preventblindness.org](mailto:info@preventblindness.org)

For more information, visit: [PreventBlindness.org](http://PreventBlindness.org)

Henry the Hand Foundation

## National Handwashing Awareness Week

12/7/2025 - 12/13/2025

National Handwashing Awareness Week is a week-long event that emphasizes the significant role that hands play in the spread of infectious disease. The aim is to teach the importance of handwashing, hand hygiene, and mindfulness to protect the health of individuals and communities. Through participating in this event, we can reduce the spread of infectious disease to improve our health and prevent a seasonal epidemic in our communities.

Social: @HenrytheHand | #infectionprevention, #handhygiene, #handwashing, #handawareness, #nationalhandwashingawarenessweek

For more information, contact: William Sawyer, MD | Henry the Hand Foundation | 513-769-4951 | [dr.will@henrythehand.org](mailto:dr.will@henrythehand.org)

For more information, visit: [henrythehand.org](http://henrythehand.org)

Team Fox "SHAKE AND FREEZE®"

## SHAKE AND FREEZE DAY® (Shorts Day) - Parkinson's Disease Awareness Day

12/21/2025 - 12/21/2025

Brrr! SHAKE AND FREEZE® Day (Shorts Day) is a Parkinson's Disease awareness day held annually on the winter solstice. This day consists of wearing eye-catching shorts and festive attire on the first day of winter, the "short"est day of the year. We are going to "Shake and Freeze" (symptoms of PD) so that someday people with PD won't have to! December 21st is also Dr. James Parkinson's death anniversary.

Social: @Shake and Freeze | #ShakeandFreeze

For more information, contact: Jeanne Quinn | b. able inc. | 215-343-9008 | [PDShakeandFreeze@gmail.com](mailto:PDShakeandFreeze@gmail.com)

For more information, visit: [ShakeandFreeze.com](http://ShakeandFreeze.com)

American Lung Association

## New Year's Eve – Quit Smoking Resolutions

12/31/2025 - 12/31/2025

This year, make a New Year's Resolution to quit smoking! Quitting isn't easy, but 50 million ex-smokers in the United States are proof that it's possible. Quitting smoking is the best thing you can do to dramatically improve your health. Get support from the American Lung Association's proven quit smoking program, Freedom From Smoking, at [lung.org/stop-smoking](http://lung.org/stop-smoking).

Social: @LungAssociation | #NYE #quitsmoking #FFS

For more information, visit: [lung.org/stop-smoking](http://lung.org/stop-smoking)

The logo for SHSMD, consisting of the letters 'SHSMD' in a bold, blue, sans-serif font, centered within a white rounded square.

Society for Health Care  
Strategy & Market  
Development<sup>SM</sup>

Access the Calendar Online at:

**[SHSMD.org/2025-health-observances-calendar](https://SHSMD.org/2025-health-observances-calendar)**

Sponsored by

The logo for Baldwin Publishing, featuring a large, stylized letter 'B' in orange and red, followed by the text 'BALDWIN PUBLISHING' in red and 'GOOD HEALTH CONTENT' in black below it.

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